

# Maryland State Board of Examiners of Psychologists

## Open Board Meeting Minutes – December 2, 2022

The 706<sup>th</sup> Open Meeting of the Maryland Board of Examiners of Psychologists was called to order at 9:02 a.m. by the Chairperson, Samantha Rukert, Psy.D.

### **Board Members Present:**

Brenda L. Terry-Leonard, Ph.D., Vice-Chairperson  
Stephen Bono, Ph.D.  
Reginald Nettles, Ph.D., CGP  
Raj Razdan, Consumer Member  
Kimberly A. Sanschagrin, J.D., Ph.D.  
Sybil Smith-Gray, Ph.D.  
Zeno St. Cyr, II, Consumer Member

### **Board Members Absent:**

Shelley M. McDermott, Ph.D.

### **Staff Present:**

Lorraine Smith, Executive Director  
Stephanie Coley, Licensing Coordinator  
Patricia Morris English, Board Investigator  
Brett Felter AAG, Board Counsel

### **Public Present:**

Zakiyyah Holmes, MDH  
Lillian Reese, MDH  
Andrea Chisolm, MPA

*Board meeting was held via teleconference.*

### **A. Minutes**

Minutes of the Open Meeting held on November 4, 2022, were reviewed. **A motion was made, seconded, and unanimously carried to accept the minutes as submitted.**

### **B. Announcements**

Executive Director- The list of registrants for the December law exam was reviewed. **A motion was made, seconded, and unanimously carried to approve the list and others who may register later.**

Ms. Smith reported that the 2023 legislative session will begin on January 11, 2023 and will conclude on April 10, 2023. The Board will have two (2) Bills introduced during the session. The State Board of Examiners of Psychologists – Sunset Extension Bill that continues the Board of Examiners of Psychologists in accordance with the Maryland Program Evaluation Act (sunset law) provisions that typically extend the Board's existence for ten (10) years to July 1, 2033. The MDH (the Department) stated that they would sponsor the Board's Sunset Bill instead of the Board getting a sponsor. The Department said they plan to recommend a three (3) year extension instead of the customary ten years. The reason given for the deviation of the ten years was "so the next sunset extensions would be able to be reviewed during the next governor's administration." Other Boards

up for a sunset review include Physical Therapy, Social Work, Optometry, and Residential Child Care.

The second levitative Bill amends Health Occupations Article 18-306 - Issuance of License and Registration to allow the Board to cease printing and mailing paper licenses/registrations and allow those with an active license or registration to print verification of their status from the Board's website. The Bill also amends Article 18-309 – Term and Renewal of Licenses to allow the Board to cease mailing renewal notices (except for special circumstances) and permit the Board to send renewal notices electronically. Delegate Bonnie Cullison of the Health and Government Operations Committee has agreed to sponsor the Bill. Senator Mary Washington of the Education, Health, and Environmental Affairs Committee has not responded to the request. Both legislations will expedite communication, improve accuracy, and are cost-saving measures. The Board's 2023 legislative session committee members are Drs. Rukert, Terry-Leonard, Sanschagrin, and Mr. St. Cyr, II.

Ms. Smith provided some highlights of the Association of State and Provincial Psychology Boards (ASPPB) meeting she attended in October.

- Based on a Survey in 2021 conducted by APA, 67% of psychologists were women, 91% of psychologists were white, the average age was 59, and in 2022 the average age was 51.
- The Agency for Healthcare Research and Quality reported that many of the minority population do not receive mental health services. Providers stated that a reason is not feeling knowledgeable enough to serve these groups.
- For the first time, the Centers for Medicare & Medicaid Services is working on an incentive to get psychologists and social workers to work in primary care settings by establishing billing codes to account for monthly care integration when a clinical psychologist or social worker provides mental health services.
- eHealth is an emerging service delivery type with ethical and regulatory implications. eHealth refers to digital health technologies. It differs from telehealth or in-person therapy but can be integrated with them. Self-tracking/remote sensing is increasingly being incorporated into self and clinical care. Examples of eHealth apps are Calm, SilverCloud, Pear, and Chart Positive Change.
- How COVID, demand for services, the need for more providers, and formal training have affected supervision.

The next ASPPB meeting will be held in April 2023.

#### **C. Public Comments**

There were no public comments.

#### **D. Administrative Session/Adjournment**

A motion was made, seconded, and unanimously carried to enter into closed session to discuss disciplinary matters and to consult with Counsel. The open meeting was closed at 10:01 a.m. unless recused those attending the open session remained for the administrative session.