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Opioids in the Workplace

Strategies to manage the problem of opioids in
the workplace



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Enhancing Services is key to curbing abuse

EAPs, MAT, PDMPs



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Promote awareness of the dangers of opioids

Education for workers, families and managers



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Reduce Stigma

Education

Recovery-oriented policies

Non-disciplinary



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Offer Treatment First Not Discipline First

People will not come forward for help

They will go “underground”

Less likely for a supervisor to refer



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Encourage referrals to EAP

Free, Confidential Counseling

Addiction Expertise

Referral Information



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Types of EAP Referrals

Self-Referrals

Supervisor Referrals



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Treatment Contract

One year

Outpatient Treatment

Urine testing



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Many Health Plans do not cover treatment

- Coverage for Buprenorphine
- Remove pre-auth requirement for MAT
- There is no pre-auth for pain meds



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Review Health Benefits Plans Enhancing Services

Provide coverage for addiction treatment

Remove Barriers

Co-pays and Deductibles



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MAT

Medication-Assisted Treatment

- Buprenorphine
- Methadone
- Naltrexone