



ParityManager™ Report

Maryland Department of Health

Medicaid - Merged Optum FFS Aetna Better Health 09132020

October 29, 2020

2

Parity Flags

Executive Summary

The table below displays a count of parity flags for each Standard.

	Parity Flag
Standard 4	0
Standard 5	0
Standard 6	0
Standard 7	0
Standard 8	2
Standard 9	0
Standard 10	0

The table below displays a count of Standards missing information and need additional input.

	Missing Information
Standard 4	Yes
Standard 5	-
Standard 6	Yes
Standard 7	Yes
Standard 8	-
Standard 9	-
Standard 10	Yes

The URAC ParityManager™ facilitates the processes that a modern parity compliance program needs to have but, as a document management and communications software solution, ParityManager™ does not in and of itself automatically result in parity compliant operations.

Standard 4

Any parity flags are reported in the table below.

	Parity Flag
Lifetime Dollar Limits	0
Annual Dollar Limits	0

If either section is considered incomplete, it is reported in the table below.

	Missing Information
Lifetime Dollar Limits	Y
Annual Dollar Limits	Y

Standard 5

Any parity flags are reported in the table below.

Parity Flag			
	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Any classification/category combination considered incomplete is reported in the table below.

Missing Information			
	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

:

Standard 5

Which of the following benefits does this plan cover?

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	Acute Care Services	Inpatient Detoxification--hospital	Does not apply
	Ancillary Services	Inpatient Detoxification-IMD (Licensed Intermediate Care Facilities for Addictions in Maryland)	Nursing Facility: Nursing services
	Anesthesia--Inpatient	Residential SUD Treatment--ASAM 3.1	Nursing Facility: Dietary services
	Electroconvulsive therapy (ECT)--inpatient	Residential SUD Treatment--ASAM 3.3	Nursing Facility: Physician services
	Patient Consultation	Residential SUD Treatment--ASAM 3.5	Nursing Facility: Specialized rehabilitation
	Psychological or neuropsychological testing and evaluation--inpatient	Residential SUD Treatment--ASAM 3.7	Nursing Facility: Social work
	Individual therapy--inpatient	Residential SUD Treatment--ASAM 3.7WM (Licensed ASAM 3.7D in Maryland)	Nursing Facility: Activities
	Group therapy--inpatient	Inpatient ASAM 4.0	Nursing Facility: Pharmaceutical services
	Family therapy--inpatient	Does not apply	Nursing Facility: Laboratory, radiology and other diagnostic testing
	Special Psychiatric Hospital	Nursing Facility: SUD services	Nursing Facility: Dental services
	Residential Treatment Centers	Individual therapy—SUD inpatient	Hospice: Short-term inpatient care
	Does not apply	Group therapy—SUD inpatient	Acute Care Services (Births/Deliveries)
	Nursing Facility: MH Services	Family therapy—SUD inpatient	Acute Care Services (Medical/Surgical)
		Discharge Day	Amputations--inpatient
		Ancillary Services-SUD	Ancillary Services
			Anesthesia--Inpatient
			Bariatric Surgery
			Bypass surgery--inpatient
			Cardiac Procedures (non-emergent)--inpatient
			Chemotherapy--inpatient
			Corrective Surgery--inpatient

Mental Health	Substance Use Disorder	Medical/Surgical
		Cosmetic Procedures--Inpatient
		Diagnostic and X-ray services: CT--inpatient
		Diagnostic and X-ray services: MRI--inpatient
		Diagnostic and X-ray services: PET--inpatient
		Diagnostic and X-ray services: Radiography--inpatient
		Dialysis--Inpatient
		Erectile Dysfunction Procedures
		Eye Procedures--Inpatient
		Gender affirmation surgery
		Grafts/Implants
		Occupational Therapy--inpatient
		Physical Therapy--inpatient
		Speech Therapy--inpatient
		Hospice Care--Inpatient
		Hospital Care--inpatient
		Hysterectomy
		Institutional Long Term Care/Skilled Nursing Facility (first 90 days)
		Investigational Surgeries/Clinical Trials--inpatient
		Neurostimulators
		Neurosurgical procedures--inpatient
		NICU/Sick baby/Detained baby
		Oncology Services--inpatient
		Plastic and Restorative Surgery--inpatient
		Post-Stabilization Services--inpatient
		Rehabilitation Services (Acute)
		Room and Board
		Spinal Cord Stimulator
		Surgery (nonurgent)--inpatient
		Surgery (urgent)--inpatient

	Mental Health	Substance Use Disorder	Medical/Surgical
			Transplants
			Transplants Pre and Post Transplant Services
			Transportation between hospitals
			Sterilization services--inpatient
Outpatient - Other	Laboratory Services	Drug Testing	Applied Behavior Analysis (autism services)--primarily in-home
	Mobile treatment-Assertive community treatment (ACT)	Laboratory Services	HIV/AIDS laboratory services
	Mobile treatment-non-ACT	Does not apply	Augmentive communication devices
	Targeted Case Management		Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
	Does not apply		Oxygen
			HH: registered Nurse
			HH: Home Health Aide
			HH: physical therapy
			HH: Occupational therapy
			HH: Speech therapy
			Hospice: nursing services
			Hospice: Medical social services
			Hospice: Medical appliances and supplies
			Hospice: home health and aide services
			PACE: Day health care
			PACE: In-home care
			PACE: Nursing care
			PACE: Personal care
			PACE: Meals
			PACE: Recreation
			PACE: Social work
			PACE: Transportation
			CPAS and CFC: Nurse monitoring
			CPAS and CFC: Personal assistance services

Mental Health	Substance Use Disorder	Medical/Surgical
		CFC: Personal emergency response system
		CFC: Transition services
		CFC: Consumer training
		CFC: home delivered meals
		CFC: assistive technology
		CFC: Accessibility adaptations
		CFC: environmental assessments
		ICS: case management
		ICS: Medical Day Care
		ICS: Nutritionist/Dietician
		ICS: Family training
		ICS: behavioral consultation
		ICS: Assisted living
		ICS: senior Center Plus
		1915c: case management
		1915c: certified Nursing Assistant/Home Health Aide
		1915c: nursing (private duty) (21+ years of age)
		1915c: medical Day Care
		Autism: Family leave (retainer day)
		Autism: Residential habilitation (regular and intensive)
		Autism: Intensive individual support services
		Autism: Therapeutic integration (regular and intensive)
		Autism: adult life planning
		Autism: Respite care
		Autism: family training
		Autism: Environmental accessibility adaption
		Brain Injury: Residential habilitation
		Brain Injury: Day habilitation
		Brain injury: Supported employment

Mental Health	Substance Use Disorder	Medical/Surgical
		Brain injury: Individual support services
		Brain injury: medical Day Care
		HCBS: case management
		HCBS: Medical Day Care
		HCBS: Nutritionist/Dietician
		HCBS: family training
		HCBS: Behavioral consultation
		HCBS: Assisted living
		HCBS: senior Center Plus
		Medical Day Care Waiver with associated services
		Community Pathways and Community Supports waivers: Assistive technology and services
		Community Pathways and Community Supports waivers: Behavioral support services
		Community Pathways and Community Supports waivers: Career exploration
		Community Pathways and Community Supports waivers: Community development
		Community Pathways and Community Supports waivers: Day habilitation
		Community Pathways and Community Supports waivers: Employment discovery and customization
		Community Pathways and Community Supports waivers: Employment services
		Community Pathways and Community Supports waivers: Environmental assessment
		Community Pathways and Community Supports waivers: Environmental modification
		Community Pathways and Community Supports waivers: Family and peer mentoring supports
		Community Pathways and Community Supports waivers: Family caregiver training and empowerment
		Community Pathways and Community Supports waivers: Housing support services

Mental Health	Substance Use Disorder	Medical/Surgical
		Community Pathways and Community Supports waivers: Individual and family directed goods and services
		Community Pathways and Community Supports waivers: Medical Day Care
		Community Pathways and Community Supports waivers: Nurse case management and delegation
		Community Pathways and Community Supports waivers: Nurse consultation
		Community Pathways and Community Supports waivers: Nurse health case management
		Community Pathways and Community Supports waivers: Participant education, training and advocacy
		Community Pathways and Community Supports waivers: Personal supports
		Community Pathways and Community Supports waivers: Respite care services
		Community Pathways and Community Supports waivers: Support broker services
		Community Pathways and Community Supports waivers: Supported employment
		Community Pathways and Community Supports waivers: Transportation
		Community Pathways and Community Supports waivers: Vehicle modification
		Community Pathways only: community living
		Community Pathways only: live-in caregiver supports
		Community Pathways only: Remote support services
		Community Pathways only: Shared living
		Community Pathways only: Support living
		Community Pathways only: transition services
		Family Supports: Assistive technology and services
		Family Supports: Behavioral support services

Mental Health	Substance Use Disorder	Medical/Surgical
		Family Supports: Environmental assessment
		Family Supports: Environmental modification
		Family Supports: Family and peer mentoring supports
		Family Supports: Family caregiver training and empowerment
		Family Supports: Housing support services
		Family Supports: Individual and family directed goods and services
		Family Supports: Nurse case management and delegation
		Family Supports: Nurse consultation
		Family Supports: Participant education, training and advocacy
		Family Supports: Personal supports
		Family Supports: Respite care services
		Family Supports: Support broker services
		Family Supports: Transportation
		Family Supports: Vehicle modification
		HH: Registered Nurse
		Health-related services and targeted case management services provided to children when the services are specified in the child's Individualized Education Plan or Individualized Family Service Plan
		EPSDT: Nursing services (Registered Nurse, Licensed Practical Nurse, Certified Nursing Assistant-Certified Medication Technician)
		Medical Day Care waiver with associated services(16+ years of age):
		(2) Preventive services (semiannual cleanings, fluoride, etc.) - OP OR/ASC;
		(4) Diagnostic services (oral exams, x-rays, sealants, etc.) - OP OR/ASC;
		(6) Restorative services (filings, crowns, etc) - OP OR/ASC;
		(8) Endodontic services (root canals, etc.) - OP OR/ASC;
		(10) Periodontal services (scaling, full mouth debridement, etc.) - OP OR/ASC;

Mental Health	Substance Use Disorder	Medical/Surgical
		(12)Prosthodontics (dentures, etc.) - OP OR/ASC;
		(14) Oral and Maxillofacial surgery services (extractions, etc.) - OP OR/ASC;
		(17) Anesthesia - OP OR/ASC.
		Care Management
		Targeted Case Management
		Diabetic Education
		National Diabetes Prevention Program
		DME/DMS Alternative Approach--Full category; need to identify any NQTLs that apply to any DME/DMS under the broad category. Description of NQTL factors should be more detailed.
		Genetic Testing
		Hepatitis C Virus Genotyping
		Home Health Services: medical supplies used for home health visit
		Home Health Services: occupational therapy
		Home Health Services: physical therapy
		Home Health Services: skilled nursing services
		Home Health Services: speech pathology services
		Hospice Care--Outpatient
		Laboratory Services
		Molecular Pathology Labs
		Neuro-Psychological Testing/Developmental Delay Programs
		Personal Care Services
		Private Duty Nursing
		Remote Patient Monitoring
		Applied Behavior Analysis (autism services)--primarily in-home
		HH: Registered Nurse (> 1 visit per day; services rendered during a 30-day period in excess of the Medicaid NF rate)
		HH: Registered Nurse (≤ 1 visit per day; services rendered during a 30-day period that do not exceed the Medicaid NF rate)

	Mental Health	Substance Use Disorder	Medical/Surgical
			HH: Home Health Aide (> 1 visit per day; > 4 hours of service per day; visit w/o skilled nursing)
			HH: Home Health Aide (≤ 1 visit per day; ≤ 4 hours of service per day; visit w/ skilled nursing; services rendered during a 30-day period that do not exceed the Medicaid NF rate)
			HH: Physical therapy (> 1 visit per day; ; services rendered during a 30-day period in excess of the Medicaid NF rate)
			HH: Physical therapy (≤ 1 visit per day; services rendered during a 30-day period that do not exceed the Medicaid NF rate)
			HH: Occupational therapy (> 1 visit per day; services rendered during a 30-day period in excess of the Medicaid NF rate))
			HH: Occupational therapy (≤ 1 visit per day; services rendered during a 30-day period that do not exceed the Medicaid NF rate)
			HH: Speech therapy (> 1 visit per day; services rendered during a 30-day period in excess of the Medicaid NF rate)
			HH: Speech therapy (≤ 1 visit per day; services rendered during a 30-day period that do not exceed the Medicaid NF rate)
			Disposable Medical Supplies (> \$500.00)
			Disposable Medical Supplies (≤ \$500.00)
			Durable Medical Equipment (> \$1,000.00)
			Durable Medical Equipment (≤ \$1,000.00)
			Durable Medical Equipment rental (≤ 3 months)
			Durable Medical Equipment rental (> 3 months)
			Disposable Medical Equipment (w/o HCPCS)
			Durable Medical Equipment (w/o HCPCS)
			Oxygen (w/o HCPCS)
Outpatient - Office Based	Biofeedback	Alcohol and/or drug assessment	Does not apply
	Educational Therapy	Ambulatory detoxification	HH: Physical therapy
	Electroconvulsive therapy (ECT)--outpatient	Group therapy--outpatient	HH: Occupational therapy

Mental Health	Substance Use Disorder	Medical/Surgical
Family Psycho-Educational Therapy	Individual therapy--outpatient	HH: Speech therapy
Family Therapy--outpatient	Intensive Outpatient (IOP)-ASAM 2.1	Hospice: Physician services
Group therapy--outpatient	MAT Initial Induction: Alcohol/Drug Services; Medical/Somatic (Medical Intervention in Ambulatory Setting)	Hospice: Counseling services (including dietary, spiritual and bereavement)
Health Behavior Assessment	MAT Initial Intake (Evaluation and Management, Including Rx)	Hospice: Physical therapy
Health Behavior Reassessment	MAT Ongoing (Evaluation and Management, including Rx)	Hospice: Occupational therapy
Individual Psycho-Educational Therapy	Partial Hospitalization (PHP)--ASAM 2.5	Hospice: Speech therapy
Individual therapy--outpatient	Opioid Treatment Program (OTP) services - including med management	PACE: Medical specialty services (podiatry, psychiatry, dentistry, optometry and audiology)
Intensive outpatient (IOP)	Buprenorphine guest dosing	PACE: Rehabilitation
Mental health assessment	Methadone guest dosing	ICS: Nutritionist/Dietician
Mental health reassessment	Methadone Maintenance	ICS: Behavioral consultation
Multiple family group therapy	Ongoing services (Buprenorphine/Naloxone): Alcohol/Other Drug Abuse Services, Not Otherwise Specified	1915c: Physician participation in plan of care meeting
Partial hospitalization (PHP)	Does not apply	Home and Community Based Options waiver:
Psychiatric Rehabilitation Services	SBIRT	HCBS: nutritionist/Dietician
Psychological or neuropsychological testing and evaluation	primary SUD Services (assessment, clinical evaluation, referral to ASO)	HCBS: behavioral consultation
Therapeutic Behavioral Services	health home services for SUD (opioid addiction) - opioid treatment program	HH: physical therapy
Transcranial Magnetic Stimulation (TMS)		1915c: physician participation in plan of care meeting
Traumatic Brain Injury (TBI) Day Habilitation		(1) Preventive services (semiannual cleanings, fluoride, etc.) - Clinic;
Evaluation and Management-Outpatient		(3) Diagnostic services (oral exams, x-rays, sealants, etc.) - Clinic;
Anesthesia - Outpatient		(5) Restorative services (fillings, crowns, etc) - Clinic;

Mental Health	Substance Use Disorder	Medical/Surgical
Does not apply		(7) Endodontic services (root canals, etc.) - Clinic;
health home services for MH reasons (serious and persistent mental illness (SPMI) - services by mobile treatment services (MTS) or psychological rehabilitation programs		(9) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
primary mental health services (assessment, clinical evaluation, referral to ASO)		(11) Prosthodontics (dentures, etc.) - Clinic;
		(13) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic;
		(15) Orthodontic services - Clinic;
		(16) Anesthesia - Clinic; and
		(1) Preventive services (cleanings, fluoride, etc.) - Clinic;
		(2) Diagnostic services (oral exams, x-rays, etc.) - Clinic;
		(3) Restorative services (filings, crowns, etc) - Clinic;
		(4) Endodontic services (root canals, etc.) - Clinic;
		(5) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
		(6) Prosthodontics (adjustment of dentures, etc.) - Clinic;
		(7) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic; and
		(8) Anesthesia - Clinic.
		Acne Services
		Acupuncture
		Amputations--outpatient
		Audiology Services (hearing loss assessment and treatment)
		Blood/Blood Products
		Bypass surgery--outpatient
		Capsule Endoscopy
		Cardiac Procedures (non-emergent)--outpatient
		Cardiac Rehabilitation
		Chemotherapy--outpatient

Mental Health	Substance Use Disorder	Medical/Surgical
		Chiropractic Services
		Circumcision
		Clinic Services--FQHC
		Clinic Services--Coumadin Clinic
		Clinic Services--SBHC
		Clinic Services--Other
		Clinic Services--Heart Failure Clinic
		Clinic Services--Wound Clinic
		Corrective Surgery--outpatient
		Cosmetic Procedures/Surgeries--outpatient
		Dermatology Procedures
		Diagnostic and X-ray services: CT--outpatient
		Diagnostic and X-ray services: MRI--outpatient
		Diagnostic and X-ray services: PET--outpatient
		Diagnostic and X-ray services: Radiography--outpatient
		Dialysis--outpatient
		Foster Care Evaluation/Check-up for children entering State custody
		Genetic Counseling
		Grafts/Implants--outpatient
		Hyperbaric Oxygen Therapy
		Infusion/Maintenance Drug Infusion
		Investigational Surgeries/Clinical Trials--outpatient
		National Diabetes Prevention Program Services
		Nerve Stimulator--outpatient
		Neuro-Psychological Testing/Developmental Delay Programs
		Neurosurgical procedures--outpatient
		Newborn Office Services
		Nutritional Counseling

Mental Health	Substance Use Disorder	Medical/Surgical
		OB Ultrasound
		Occupational Therapy
		Oncology Treatment
		Oral Surgery Adult
		Oral Surgery Child
		Outpatient hospital care (emergent)
		Outpatient hospital care (non-emergent)
		Outpatient Rehabilitative services
		Outpatient Surgery (Ambulatory Surgery Center)
		Pain Management Procedures
		Pain Management Visits
		Physical Therapy
		Plastic and Restorative Surgery--outpatient
		Podiatry Services
		Post-Stabilization Services
		Pregnancy-related Services (OB Care)
		Primary Care
		Proton Therapy Treatment
		Pulmonary Rehab
		Sleep Studies /Sleep Apnea Studies
		Somatic services related to gender dysphoria
		Specialty Care
		Speech Therapy--outpatient
		Sterlization Services--outpatient
		Transplants Pre and Post Transplant Services--outpatient
		Urgent Care
		Vision Services
		Wound Vacuum-assisted closure (VAC)
		Post-Stabilization Services-outpatient

	Mental Health	Substance Use Disorder	Medical/Surgical
Emergency Benefits	Emergency Room- All inclusive ancillary services	Emergency Room- All inclusive ancillary services	Emergency Services billed with CDT codes
	Emergency Room- Medications	Emergency Room- Medications	Emergency Transportation (Ambulance)
	Emergency Room--Beyond EMTALA Screening	Emergency Room--Beyond EMTALA Screening	Observation Stay up to 24 h
	Emergency Room--EMTALA Screening	Emergency Room--EMTALA Screening	Air Ambulance
	Emergency Room--Post Stabilization Services	Emergency Room--Post Stabilization Services	Emergency Transport--Basic Life Support
	Emergency Room--Stabilization Services	Emergency Room--Stabilization Services	Emergency Transport--Advanced Life Support (ALS)
	Emergency Room-Clinical Laboratory	Emergency Room-Clinical Laboratory	Emergency Room--EMTALA Screening
	Emergency Room-General Services	Emergency Room-General Services	Emergency Room--Beyond EMTALA Screening
	Observation Stay--24 h	Observation Stay--24 h	Emergency Room- All inclusive ancillary services
	Does not apply	Does not apply	Emergency Room-General Services
	emergency transportation ambulance	emergency transportation (ambulance)	Emergency Room-Clinical Laboratory
			Emergency Room- Medications
			Emergency Room-Radiology
			Emergency Room- Dental Services
			Emergency Room-Post-Stabilization Services
			Emergency Room--Stabilization Services
Prescription Drugs	FFS MH Drug	FFS SUD Drug	MCO administered prescription drug
			FFS M/S Drug

Standard 6

Any parity flags found in Standard 6 are reported below. The number of flags per classification and limit type combination is shown.

Parity Flag				
	Deductible	Copay	Coinsurance	Out-of-pocket maximum
Inpatient	-	-	-	-
Outpatient - Other	-	-	-	-
Outpatient - Office Based	-	-	-	-
Emergency Benefits	-	-	-	-
Prescription Drugs	-	-	-	-

Any classification/limit type combination considered incomplete is reported in the table below.

Missing Information				
	Deductible	Copay	Coinsurance	Out-of-pocket maximum
Inpatient	Y	Y	Y	Y
Outpatient - Other	Y	Y	Y	Y
Outpatient - Office Based	Y	Y	Y	Y
Emergency Benefits	Y	Y	Y	Y
Prescription Drugs	Y	Y	Y	Y

Standard 7

Any parity flags found in Standard 7 are reported below. The number of flags per classification and limit type combination is shown.

Parity Flag			
	Day limits	Hour limits	Visit limits
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Any classification/limit type combination considered incomplete is reported in the table below.

Missing Information			
	Day limits	Hour limits	Visit limits
Inpatient	Y	Y	Y
Outpatient - Other	Y	Y	Y
Outpatient - Office Based	Y	Y	Y
Emergency Benefits	Y	Y	Y
Prescription Drugs	Y	Y	Y

Standard 8

Any parity flags found in Standard 8 are reported below. The number of flags per classification and limit type combination is shown.

Parity Flag			
	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	-	-	-
Outpatient - Other	1	1	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Any classification/category/NQTL combination considered incomplete is reported in the table below.

Missing Information			
	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Standard 8

Which of the following NQTL types are currently in use?

Red NQTLs should be considered a parity flag.

	Mental Health	Substance Use Disorder	Medical/Surgical
Emergency Benefits	data collection	Outlier Management	Outlier Management
	medical necessity	data collection	Service Limitations
		medical necessity	data collection
			medical necessity
			prior authorization/pre authorization
Inpatient	Outlier Management	Outlier Management	Outlier Management
	concurrent review	concurrent review	concurrent review
	data collection	data collection	data collection
	fail first requirements/step therapy	fail first requirements/step therapy	fail first requirements/step therapy
	medical necessity	medical necessity	medical necessity
	prior authorization/pre authorization	prior authorization/pre authorization	prior authorization/pre authorization
Outpatient - Other	Outlier Management	Outlier Management	Outlier Management
	Service Limitations	Service Limitations	Service Limitations
	concurrent review	concurrent review	concurrent review
	data collection	data collection	fail first requirements/step therapy
	fail first requirements/step therapy	fail first requirements/step therapy	medical necessity
	medical necessity	medical necessity	prior authorization/pre authorization
	prior authorization/pre authorization	prior authorization/pre authorization	
Outpatient - Office Based	Outlier Management	Outlier Management	Outlier Management
	Service Limitations	Service Limitations	Service Limitations
	concurrent review	concurrent review	concurrent review
	data collection	data collection	data collection
	fail first requirements/step therapy	fail first requirements/step therapy	fail first requirements/step therapy
	medical necessity	medical necessity	medical necessity
	prior authorization/pre authorization	prior authorization/pre authorization	prior authorization/pre authorization
Prescription Drugs	fail first requirements/step therapy	fail first requirements/step therapy	fail first requirements/step therapy
	medical necessity	medical necessity	medical necessity
	prior authorization/pre authorization	prior authorization/pre authorization	prior authorization/pre authorization
	tiered drug formulary	tiered drug formulary	tiered drug formulary

Standard 8

Classification: Emergency Benefits

Category: Medical/Surgical

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

Service Limitations

- Service Limitations .pdf

medical necessity

- Maryland
Medicaid_Parity Analysis
Definitions_9.10.20.pdf

prior authorization/pre authorization

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

data collection

- Aetna Better Health UM Data.pdf

Standard 8

Classification: Emergency Benefits

Category: Mental Health

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

medical necessity

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

data collection

- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

Standard 8

Classification: Emergency Benefits

Category: Substance Use Disorder

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

medical necessity

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

data collection

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Standard 8

Classification: Inpatient

Category: Medical/Surgical

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland
Medicaid_Parity Analysis
Definitions_9.10.20.pdf

concurrent review

- 1.Maryland
Medicaid_Parity Analysis
Definitions_9.10.20.pdf

**fail first
requirements/step therapy**

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

medical necessity

- Maryland
Medicaid_Parity Analysis
Definitions_9.10.20.pdf

prior authorization/pre authorization

- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

data collection

- 1.Aetna Better Health UM Data.pdf

Standard 8

Classification: Inpatient

Category: Mental Health

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

concurrent review

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

**fail first
requirements/step therapy**

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

medical necessity

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

prior authorization/pre authorization

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

data collection

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Standard 8

Classification: Inpatient

Category: Substance Use Disorder

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland
Medicaid_Parity Analysis
Definitions_9.10.20.pdf
- 1.Maryland
Medicaid_Parity Analysis
Definitions_9.10.20.pdf

concurrent review

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

fail first requirements/step therapy

- Maryland
Medicaid_Parity Analysis
Definitions_9.10.20.pdf

medical necessity

- Maryland
Medicaid_Parity Analysis
Definitions_9.10.20.pdf

prior authorization/pre authorization

- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

data collection

- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

Standard 8

Classification: Outpatient - Other

Category: Medical/Surgical

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

Service Limitations

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

concurrent review

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

**fail first
requirements/step therapy**

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

medical necessity

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

prior authorization/pre authorization

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Standard 8

Classification: Outpatient - Other

Category: Mental Health

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

Service Limitations

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

concurrent review

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

**fail first
requirements/step therapy**

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

medical necessity

- Maryland Medicaid_Parity Analysis
Definitions_9.10.20.pdf

prior authorization/pre authorization

- Maryland Medicaid_Parity Analysis
Definitions_7.16.20.pdf

data collection

- Maryland Medicaid_Parity Analysis
Definitions_7.16.20.pdf

Standard 8

Classification: Outpatient - Other
Category: Substance Use Disorder

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

Service Limitations

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

concurrent review

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

**fail first
requirements/step therapy**

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

medical necessity

- Maryland Medicaid_Parity Analysis
Definitions_7.16.20.pdf

prior authorization/pre authorization

- Maryland Medicaid_Parity Analysis
Definitions_7.16.20.pdf

data collection

- Maryland Medicaid_Parity Analysis
Definitions_7.16.20.pdf

Standard 8

Classification: Outpatient - Office Based

Category: Medical/Surgical

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland
Medicaid_Parity Analysis
Definitions_9.10.20.pdf

Service Limitations

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

concurrent review

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

**fail first
requirements/step therapy**

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

medical necessity

- Maryland Medicaid_Parity Analysis
Definitions_7.16.20.pdf

prior authorization/pre authorization

- Maryland Medicaid_Parity Analysis
Definitions_7.16.20.pdf

data collection

- Aetna Better Health UM Data.pdf

Standard 8

Classification: Outpatient - Office Based

Category: Mental Health

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

Service Limitations

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

concurrent review

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

fail first requirements/step therapy

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

medical necessity

- Maryland Medicaid_Parity Analysis
Definitions_7.16.20.pdf

prior authorization/pre authorization

- Maryland Medicaid_Parity Analysis
Definitions_7.16.20.pdf

data collection

- Maryland Medicaid_Parity Analysis
Definitions_7.16.20.pdf

Standard 8

Classification: Outpatient - Office Based

Category: Substance Use Disorder

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

Service Limitations

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

concurrent review

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

fail first requirements/step therapy

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

medical necessity

- Maryland Medicaid_Parity Analysis
Definitions_7.16.20.pdf

prior authorization/pre authorization

- Maryland Medicaid_Parity Analysis
Definitions_7.16.20.pdf

data collection

- Maryland Medicaid_Parity Analysis
Definitions_9.10.20.pdf

Standard 8

Classification: Prescription Drugs

Category: Medical/Surgical

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

fail first requirements/step therapy

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

medical necessity

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

prior authorization/pre authorization

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

tiered drug formulary

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

Standard 8

Classification: Prescription Drugs

Category: Mental Health

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

fail first requirements/step therapy

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

medical necessity

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

prior authorization/pre authorization

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

tiered drug formulary

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

Standard 8

Classification: Prescription Drugs
Category: Substance Use Disorder

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

fail first requirements/step therapy

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

medical necessity

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

prior authorization/pre authorization

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

tiered drug formulary

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

Standard 8

NQTL Type: Outlier Management
Classification: Emergency Benefits

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

Substance Use Disorder

- Does not apply

Medical/Surgical

- Air Ambulance
- Emergency Room- All inclusive ancillary services
- Emergency Room- Dental Services
- Emergency Room- Medications
- Emergency Room--Beyond EMTALA Screening
- Emergency Room--EMTALA Screening
- Emergency Room--Stabilization Services
- Emergency Room-Clinical Laboratory
- Emergency Room-General Services
- Emergency Room-Post-Stabilization Services
- Emergency Room-Radiology
- Emergency Transport--Advanced Life Support (ALS)
- Emergency Transport--Basic Life Support
- Observation Stay up to 24 h

Standard 8

NQTL Type: Outlier Management

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Acute Care Services
- Nursing Facility: MH Services
- Residential Treatment Centers
- Special Psychiatric Hospital

Substance Use Disorder

- Inpatient ASAM 4.0
- Inpatient Detoxification--hospital
- Inpatient Detoxification-IMD (Licensed Intermediate Care Facilities for Addictions in Maryland)
- Nursing Facility: SUD services
- Residential SUD Treatment--ASAM 3.1
- Residential SUD Treatment--ASAM 3.3
- Residential SUD Treatment--ASAM 3.5
- Residential SUD Treatment--ASAM 3.7
- Residential SUD Treatment--ASAM 3.7WM (Licensed ASAM 3.7D in Maryland)

Medical/Surgical

- Acute Care Services (Births/Deliveries)
- Acute Care Services (Medical/Surgical)
- Amputations--inpatient
- Ancillary Services
- Anesthesia--Inpatient
- Bariatric Surgery
- Bypass surgery--inpatient
- Cardiac Procedures (non-emergent)--inpatient
- Chemotherapy--inpatient
- Corrective Surgery--inpatient
- Cosmetic Procedures--Inpatient
- Diagnostic and X-ray services: CT--inpatient
- Diagnostic and X-ray services: MRI--inpatient
- Diagnostic and X-ray services: PET--inpatient
- Diagnostic and X-ray services: Radiography--inpatient
- Dialysis--Inpatient
- Erectile Dysfunction Procedures
- Eye Procedures--Inpatient
- Gender affirmation surgery
- Grafts/Implants
- Hospice Care--Inpatient
- Hospital Care--inpatient
- Hysterectomy
- Institutional Long Term Care/Skilled Nursing Facility (first 90 days)
- Investigational Surgeries/Clinical Trials--inpatient
- NICU/Sick baby/Detained baby
- Neurostimulators
- Neurosurgical procedures--inpatient
- Occupational Therapy--inpatient
- Oncology Services--inpatient
- Physical Therapy--inpatient
- Plastic and Restorative Surgery--inpatient
- Post-Stabilization Services--inpatient
- Rehabilitation Services (Acute)
- Room and Board
- Speech Therapy--inpatient
- Spinal Cord Stimulator
- Sterilization services--inpatient
- Surgery (nonurgent)--inpatient

- Surgery (urgent)--inpatient
- Transplants
- Transplants Pre and Post Transplant Services
- Transportation between hospitals

Standard 8

NQTL Type: Outlier Management

Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Laboratory Services
- Mobile treatment-Assertive community treatment (ACT)
- Mobile treatment-non-ACT
- Targeted Case Management

Substance Use Disorder

- Drug Testing
- Laboratory Services

Medical/Surgical

- Community Pathways and Community Supports waivers: Day habilitation
- Applied Behavior Analysis (autism services)--primarily in-home
- CPAS and CFC: Personal assistance services
- DME/DMS Alternative Approach--Full category; need to identify any NQTLs that apply to any DME/DMS under the broad category. Description of NQTL factors should be more detailed.
- Diabetic Education
- Disposable Medical Equipment (w/o HCPCS)
- Disposable Medical Supplies (> \$500.00)
- Disposable Medical Supplies (≤ \$500.00)
- Durable Medical Equipment (> \$1,000.00)
- Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
- Durable Medical Equipment (w/o HCPCS)
- Durable Medical Equipment (≤ \$1,000.00)
- Durable Medical Equipment rental (> 3 months)
- Durable Medical Equipment rental (≤ 3 months)
- Genetic Testing
- HH: Home Health Aide (> 1 visit per day; > 4 hours of service per day; visit w/o skilled nursing)
- HH: Home Health Aide (≤ 1 visit per day; ≤ 4 hours of service per day; visit w/ skilled nursing; services rendered during a 30-day period that do not exceed the Medicaid NF rate)
- HH: Occupational therapy (> 1 visit per day; services rendered during a 30-day period in excess of the Medicaid NF rate))
- HH: Occupational therapy (≤ 1 visit per day; services rendered during a

- 30-day period that do not exceed the Medicaid NF rate)
- HH: Physical therapy (> 1 visit per day; ; services rendered during a 30-day period in excess of the Medicaid NF rate)
- HH: Physical therapy (\leq 1 visit per day; services rendered during a 30-day period that do not exceed the Medicaid NF rate)
- HH: Registered Nurse (> 1 visit per day; services rendered during a 30-day period in excess of the Medicaid NF rate)
- HH: Registered Nurse (\leq 1 visit per day; services rendered during a 30-day period that do not exceed the Medicaid NF rate)
- HH: Speech therapy (> 1 visit per day; services rendered during a 30-day period in excess of the Medicaid NF rate)
- HH: Speech therapy (\leq 1 visit per day; services rendered during a 30-day period that do not exceed the Medicaid NF rate)
- Hepatitis C Virus Genotyping
- Home Health Services: medical supplies used for home health visit
- Home Health Services: occupational therapy
- Home Health Services: physical therapy
- Home Health Services: skilled nursing services
- Home Health Services: speech pathology services
- Hospice Care--Outpatient
- Laboratory Services
- Molecular Pathology Labs
- National Diabetes Prevention Program
- Neuro-Psychological Testing/Developmental Delay Programs
- Oxygen (w/o HCPCS)
- Personal Care Services
- Private Duty Nursing
- Remote Patient Monitoring
- Targeted Case Management

Standard 8

NQTL Type: Outlier Management
Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Biofeedback
- Electroconvulsive therapy (ECT)--outpatient
- Evaluation and Management-Outpatient
- Family Psycho-Educational Therapy
- Family Therapy--outpatient
- Group therapy--outpatient
- Health Behavior Assessment
- Health Behavior Reassessment
- Individual Psycho-Educational Therapy
- Individual therapy--outpatient
- Intensive outpatient (IOP)
- Mental health assessment
- Mental health reassessment
- Multiple family group therapy
- Partial hospitalization (PHP)
- Psychiatric Rehabilitation Services
- Psychological or neuropsychological testing and evaluation
- Therapeutic Behavioral Services
- Transcranial Magnetic Stimulation (TMS)
- Traumatic Brain Injury (TBI) Day Habilitation

Substance Use Disorder

- Alcohol and/or drug assessment
- Ambulatory detoxification
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive Outpatient (IOP)--ASAM 2.1
- MAT Initial Induction: Alcohol/Drug Services; Medical/Somatic (Medical Intervention in Ambulatory Setting)
- MAT Initial Intake (Evaluation and Management, Including Rx)
- MAT Ongoing (Evaluation and Management, including Rx)
- Opioid Treatment Program (OTP) services - including med management
- Partial Hospitalization (PHP)--ASAM 2.5

Medical/Surgical

- Acne Services
- Acupuncture
- Amputations--outpatient
- Audiology Services (hearing loss assessment and treatment)
- Blood/Blood Products
- Bypass surgery--outpatient
- Capsule Endoscopy
- Cardiac Procedures (non-emergent)--outpatient
- Cardiac Rehabilitation
- Chemotherapy--outpatient
- Chiropractic Services
- Circumcision
- Clinic Services--Coumadin Clinic
- Clinic Services--FQHC
- Clinic Services--Heart Failure Clinic
- Clinic Services--Other
- Clinic Services--SBHC
- Clinic Services--Wound Clinic
- Corrective Surgery--outpatient
- Cosmetic Procedures/Surgeries--outpatient
- Dermatology Procedures
- Diagnostic and X-ray services: CT--outpatient
- Diagnostic and X-ray services: MRI--outpatient
- Diagnostic and X-ray services: PET--outpatient
- Diagnostic and X-ray services: Radiography--outpatient
- Dialysis--outpatient
- Foster Care Evaluation/Check-up for children entering State custody
- Genetic Counseling
- Grafts/Implants--outpatient
- Hyperbaric Oxygen Therapy
- Infusion/Maintenance Drug Infusion
- Investigational Surgeries/Clinical Trials--outpatient
- National Diabetes Prevention Program Services
- Nerve Stimulator--outpatient
- Neuro-Psychological Testing/Developmental Delay Programs
- Neurosurgical procedures--outpatient

- Newborn Office Services
- Nutritional Counseling
- OB Ultrasound
- Occupational Therapy
- Oncology Treatment
- Oral Surgery Adult
- Oral Surgery Child
- Outpatient Rehabilitative services
- Outpatient Surgery (Ambulatory Surgery Center)
- Outpatient hospital care (emergent)
- Outpatient hospital care (non-emergent)
- Pain Management Procedures
- Pain Management Visits
- Physical Therapy
- Plastic and Restorative Surgery--outpatient
- Podiatry Services
- Post-Stabilization Services
- Post-Stabilization Services-outpatient
- Pregnancy-related Services (OB Care)
- Primary Care
- Proton Therapy Treatment
- Pulmonary Rehab
- Sleep Studies /Sleep Apnea Studies
- Somatic services related to gender dysphoria
- Specialty Care
- Speech Therapy--outpatient
- Sterlization Services--outpatient
- Transplants Pre and Post Transplant Services--outpatient
- Urgent Care
- Vision Services
- Wound Vacuum-assisted closure (VAC)

Standard 8

NQTL Type: Service Limitations

Classification: Emergency Benefits

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

Substance Use Disorder

Medical/Surgical

- Air Ambulance
- Emergency Room- All inclusive ancillary services
- Emergency Room- Dental Services
- Emergency Room- Medications
- Emergency Room--Beyond EMTALA Screening
- Emergency Room--EMTALA Screening
- Emergency Room--Stabilization Services
- Emergency Room-Clinical Laboratory
- Emergency Room-General Services
- Emergency Room-Post-Stabilization Services
- Emergency Room-Radiology
- Emergency Transport--Advanced Life Support (ALS)
- Emergency Transport--Basic Life Support
- Observation Stay up to 24 h

Standard 8

NQTL Type: Service Limitations

Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Mobile treatment-Assertive community treatment (ACT)
- Mobile treatment-non-ACT
- Targeted Case Management

Substance Use Disorder

- Does not apply

Medical/Surgical

- Community Pathways and Community Supports waivers: Day habilitation
- Diabetic Education
- Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
- HH: Home Health Aide
- Home Health Services: medical supplies used for home health visit
- Home Health Services: occupational therapy
- Home Health Services: physical therapy
- Home Health Services: skilled nursing services
- Home Health Services: speech pathology services
- Hospice Care--Outpatient
- Personal Care Services
- Private Duty Nursing

Standard 8

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Biofeedback
- Evaluation and Management--Outpatient
- Family Psycho-Educational Therapy
- Family Therapy--outpatient
- Group therapy--outpatient
- Health Behavior Assessment
- Health Behavior Reassessment
- Individual therapy--outpatient
- Intensive outpatient (IOP)
- Mental health assessment
- Mental health reassessment
- Multiple family group therapy
- Partial hospitalization (PHP)
- Psychiatric Rehabilitation Services
- Psychological or neuropsychological testing and evaluation
- Therapeutic Behavioral Services

Substance Use Disorder

- Alcohol and/or drug assessment
- Ambulatory detoxification
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive Outpatient (IOP)--ASAM 2.1
- MAT Initial Induction: Alcohol/Drug Services; Medical/Somatic (Medical Intervention in Ambulatory Setting)
- MAT Initial Intake (Evaluation and Management, Including Rx)
- MAT Ongoing (Evaluation and Management, including Rx)
- Methadone Maintenance
- Ongoing services (Buprenorphine/Naloxone): Alcohol/Other Drug Abuse Services, Not Otherwise Specified
- Opioid Treatment Program (OTP) services - including med management
- Partial Hospitalization (PHP)--ASAM 2.5

Medical/Surgical

- (15) Orthodontic services - Clinic;
- (1) Preventive services (cleanings, fluoride, etc.) - Clinic;
- (1) Preventive services (semiannual cleanings, fluoride, etc.) - Clinic;
- (11) Prosthodontics (dentures, etc.) - Clinic;
- (13) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic;
- (16) Anesthesia - Clinic; and
- (2) Diagnostic services (oral exams, x-rays, etc.) - Clinic;
- (3) Diagnostic services (oral exams, x-rays, sealants, etc.) - Clinic;
- (3) Restorative services (filings, crowns, etc) - Clinic;
- (4) Endodontic services (root canals, etc.) - Clinic;
- (5) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- (5) Restorative services (filings, crowns, etc) - Clinic;
- (6) Prosthodontics (adjustment of dentures, etc.) - Clinic;
- (7) Endodontic services (root canals, etc.) - Clinic;
- (7) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic; and
- (8) Anesthesia - Clinic.
- (9) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- Clinic Services--FQHC
- Diagnostic and X-ray services: CT--outpatient
- Diagnostic and X-ray services: MRI--outpatient
- Diagnostic and X-ray services: PET--outpatient
- Diagnostic and X-ray services: Radiography--outpatient
- Dialysis--outpatient
- National Diabetes Prevention Program Services
- Outpatient hospital care (emergent)
- Outpatient hospital care (non-emergent)
- Primary Care

- Somatic services related to gender dysphoria
- Specialty Care

Standard 8

NQTL Type: data collection

Classification: Emergency Benefits

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Does not apply

Substance Use Disorder

- Does not apply

Medical/Surgical

- Emergency Room- All inclusive ancillary services
- Emergency Room- Dental Services
- Emergency Room- Medications
- Emergency Room--Beyond EMTALA Screening
- Emergency Room--EMTALA Screening
- Emergency Room--Stabilization Services
- Emergency Room-Clinical Laboratory
- Emergency Room-General Services
- Emergency Room-Post-Stabilization Services
- Emergency Room-Radiology
- Emergency Transport--Advanced Life Support (ALS)
- Emergency Transport--Basic Life Support

Standard 8

NQTL Type: data collection

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Does not apply

Substance Use Disorder

- Does not apply

Medical/Surgical

- Acute Care Services (Births/Deliveries)
- Acute Care Services (Medical/Surgical)
- Amputations--inpatient
- Ancillary Services
- Anesthesia--Inpatient
- Bariatric Surgery
- Bypass surgery--inpatient
- Cardiac Procedures (non-emergent)--inpatient
- Chemotherapy--inpatient
- Corrective Surgery--inpatient
- Cosmetic Procedures--Inpatient
- Diagnostic and X-ray services: CT--inpatient
- Diagnostic and X-ray services: MRI--inpatient
- Diagnostic and X-ray services: PET--inpatient
- Diagnostic and X-ray services: Radiography--inpatient
- Dialysis--Inpatient
- Erectile Dysfunction Procedures
- Eye Procedures--Inpatient
- Gender affirmation surgery
- Grafts/Implants
- Hospice Care--Inpatient
- Hospital Care--inpatient
- Hysterectomy
- Institutional Long Term Care/Skilled Nursing Facility (first 90 days)
- Investigational Surgeries/Clinical Trials--inpatient
- NICU/Sick baby/Detained baby
- Neurostimulators
- Neurosurgical procedures--inpatient
- Occupational Therapy--inpatient
- Oncology Services--inpatient
- Physical Therapy--inpatient
- Plastic and Restorative Surgery--inpatient
- Post-Stabilization Services--inpatient
- Rehabilitation Services (Acute)
- Room and Board
- Speech Therapy--inpatient
- Spinal Cord Stimulator
- Sterilization services--inpatient
- Surgery (nonurgent)--inpatient

- Surgery (urgent)--inpatient
- Transplants
- Transplants Pre and Post Transplant Services
- Transportation between hospitals

Standard 8

NQTL Type: data collection

Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Does not apply

Substance Use Disorder

- Does not apply

Medical/Surgical

Standard 8

NQTL Type: data collection

Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Does not apply

Substance Use Disorder

- Does not apply

Medical/Surgical

- Clinic Services--FQHC
- Diagnostic and X-ray services: CT--outpatient
- Diagnostic and X-ray services: MRI--outpatient
- Diagnostic and X-ray services: PET--outpatient
- Diagnostic and X-ray services: Radiography--outpatient
- Dialysis--outpatient
- National Diabetes Prevention Program Services
- Outpatient Rehabilitative services
- Podiatry Services
- Somatic services related to gender dysphoria
- Specialty Care

Standard 8

NQTL Type: medical necessity

Classification: Emergency Benefits

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Emergency Room- All inclusive ancillary services
- Emergency Room- Medications
- Emergency Room--Beyond EMTALA Screening
- Emergency Room--EMTALA Screening
- Emergency Room--Post Stabilization Services
- Emergency Room--Stabilization Services
- Emergency Room-Clinical Laboratory
- Emergency Room-General Services
- Observation Stay--24 h
- emergency transportation ambulance

Substance Use Disorder

- Does not apply

Medical/Surgical

- Air Ambulance
- Emergency Room- All inclusive ancillary services
- Emergency Room- Dental Services
- Emergency Room- Medications
- Emergency Room--Beyond EMTALA Screening
- Emergency Room--EMTALA Screening
- Emergency Room--Stabilization Services
- Emergency Room-Clinical Laboratory
- Emergency Room-General Services
- Emergency Room-Post-Stabilization Services
- Emergency Room-Radiology
- Emergency Services billed with CDT codes
- Emergency Transport--Advanced Life Support (ALS)
- Emergency Transport--Basic Life Support
- Emergency Transportation (Ambulance)
- Observation Stay up to 24 h

Standard 8

NQTL Type: medical necessity

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Acute Care Services
- Ancillary Services
- Anesthesia--Inpatient
- Electroconvulsive therapy (ECT)--inpatient
- Family therapy--inpatient
- Group therapy--inpatient
- Individual therapy--inpatient
- Nursing Facility: MH Services
- Patient Consultation
- Psychological or neuropsychological testing and evaluation--inpatient
- Residential Treatment Centers
- Special Psychiatric Hospital

Substance Use Disorder

- Ancillary Services-SUD
- Discharge Day
- Family therapy—SUD inpatient
- Group therapy—SUD inpatient
- Individual therapy—SUD inpatient
- Inpatient ASAM 4.0
- Inpatient Detoxification--hospital
- Inpatient Detoxification-IMD (Licensed Intermediate Care Facilities for Addictions in Maryland)
- Nursing Facility: SUD services
- Residential SUD Treatment--ASAM 3.1
- Residential SUD Treatment--ASAM 3.3
- Residential SUD Treatment--ASAM 3.5
- Residential SUD Treatment--ASAM 3.7
- Residential SUD Treatment--ASAM 3.7WM (Licensed ASAM 3.7D in Maryland)

Medical/Surgical

- Acute Care Services (Births/Deliveries)
- Acute Care Services (Medical/Surgical)
- Amputations--inpatient
- Ancillary Services
- Anesthesia--Inpatient
- Bariatric Surgery
- Bypass surgery--inpatient
- Cardiac Procedures (non-emergent)--inpatient
- Chemotherapy--inpatient
- Corrective Surgery--inpatient
- Cosmetic Procedures--Inpatient
- Diagnostic and X-ray services: CT--inpatient
- Diagnostic and X-ray services: MRI--inpatient
- Diagnostic and X-ray services: PET--inpatient
- Diagnostic and X-ray services: Radiography--inpatient
- Dialysis--Inpatient
- Erectile Dysfunction Procedures
- Eye Procedures--Inpatient
- Gender affirmation surgery
- Grafts/Implants
- Hospice Care--Inpatient
- Hospice: Short-term inpatient care
- Hospital Care--inpatient
- Hysterectomy
- Institutional Long Term Care/Skilled Nursing Facility (first 90 days)
- Investigational Surgeries/Clinical Trials--inpatient
- NICU/Sick baby/Detained baby
- Neurostimulators
- Neurosurgical procedures--inpatient
- Nursing Facility: Activities
- Nursing Facility: Dental services
- Nursing Facility: Dietary services
- Nursing Facility: Laboratory, radiology and other diagnostic testing
- Nursing Facility: Nursing services
- Nursing Facility: Pharmaceutical services
- Nursing Facility: Physician services
- Nursing Facility: Social work

- Nursing Facility: Specialized rehabilitation
- Occupational Therapy--inpatient
- Oncology Services--inpatient
- Physical Therapy--inpatient
- Plastic and Restorative Surgery--inpatient
- Post-Stabilization Services-inpatient
- Rehabilitation Services (Acute)
- Room and Board
- Speech Therapy--inpatient
- Spinal Cord Stimulator
- Sterlization services--inpatient
- Surgery (nonurgent)--inpatient
- Surgery (urgent)--inpatient
- Transplants
- Transplants Pre and Post Transplant Services
- Transportation between hospitals

Standard 8

NQTL Type: medical necessity
Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Laboratory Services
- Mobile treatment-Assertive community treatment (ACT)
- Mobile treatment-non-ACT
- Targeted Case Management

Substance Use Disorder

- Does not apply

Medical/Surgical

- Community Pathways and Community Supports waivers: Participant education, training and advocacy
- Community Pathways and Community Supports waivers: Personal supports
- Community Pathways and Community Supports waivers: Respite care services
- Community Pathways and Community Supports waivers: Support broker services
- Community Pathways and Community Supports waivers: Supported employment
- Community Pathways and Community Supports waivers: Transportation
- Community Pathways and Community Supports waivers: Vehicle modification
- Community Pathways and Community Supports waivers: Behavioral support services
- Community Pathways and Community Supports waivers: Career exploration
- Community Pathways and Community Supports waivers: Community development
- Community Pathways and Community Supports waivers: Day habilitation
- Community Pathways and Community Supports waivers: Employment discovery and customization
- Community Pathways and Community Supports waivers: Employment services
- Community Pathways and Community Supports waivers: Environmental assessment
- Community Pathways and Community Supports waivers: Environmental modification
- Community Pathways and Community Supports waivers:

- Family and peer mentoring supports
- Community Pathways and Community Supports waivers: Family caregiver training and empowerment
- Community Pathways and Community Supports waivers: Housing support services
- Community Pathways and Community Supports waivers: Individual and family directed goods and services
- Community Pathways and Community Supports waivers: Medical Day Care
- Community Pathways and Community Supports waivers: Nurse case management and delegation
- Community Pathways and Community Supports waivers: Nurse consultation
- Community Pathways and Community Supports waivers: Nurse health case management
- Family Supports: Environmental assessment
- Family Supports: Environmental modification
- Family Supports: Family and peer mentoring supports
- Family Supports: Family caregiver training and empowerment
- Family Supports: Housing support services
- Family Supports: Individual and family directed goods and services
- Family Supports: Nurse case management and delegation
- Family Supports: Participant education, training and advocacy
- Family Supports: Personal supports
- Family Supports: Support broker services
- Family Supports: Transportation
- Family Supports: Vehicle modification
- Autism: Family leave (retainer day)
- Autism: Intensive individual support services
- Autism: Residential habilitation (regular and intensive)
- Autism: Respite care
- Autism: Therapeutic integration (regular and intensive)
- Autism: adult life planning
- Autism: family training
- Brain Injury: Day habilitation
- Brain Injury: Residential habilitation
- Brain injury: Supported employment
- Brain injury: medical Day Care

- Community Pathways and Community Supports waivers: Assistive technology and services
- Family Supports: Assistive technology and services
- Family Supports: Behavioral support services
- Family Supports: Nurse consultation
- Family Supports: Respite care services
- (10) Periodontal services (scaling, full mouth debridement, etc.) - OP OR/ASC;
- (12) Prosthodontics (dentures, etc.) - OP OR/ASC;
- (14) Oral and Maxillofacial surgery services (extractions, etc.) - OP OR/ASC;
- (17) Anesthesia - OP OR/ASC.
- (2) Preventive services (semiannual cleanings, fluoride, etc.) - OP OR/ASC;
- (4) Diagnostic services (oral exams, x-rays, sealants, etc.) - OP OR/ASC;
- (6) Restorative services (filings, crowns, etc) - OP OR/ASC;
- (8) Endodontic services (root canals, etc.) - OP OR/ASC;
- 1915c: case management
- 1915c: certified Nursing Assistant/Home Health Aide
- 1915c: medical Day Care
- 1915c: nursing (private duty) (21+ years of age)
- Applied Behavior Analysis (autism services)--primarily in-home
- Applied Behavior Analysis (autism services)--primarily in-home
- Augmentive communication devices
- Autism: Environmental accessibility adaption
- Brain injury: Individual support services
- CFC: Accessibility adaptations
- CFC: Consumer training
- CFC: Personal emergency response system
- CFC: Transition services
- CFC: assistive technology
- CFC: environmental assessments
- CFC: home delivered meals
- CPAS and CFC: Nurse monitoring
- CPAS and CFC: Personal assistance services
- Care Management
- Community Pathways only: Remote support services
- Community Pathways only: Shared living

- Community Pathways only: Support living
- Community Pathways only: community living
- Community Pathways only: live-in caregiver supports
- Community Pathways only: transition services
- DME/DMS Alternative Approach--Full category; need to identify any NQTLs that apply to any DME/DMS under the broad category. Description of NQTL factors should be more detailed.
- Diabetic Education
- Disposable Medical Equipment (w/o HCPCS)
- Disposable Medical Supplies (> \$500.00)
- Disposable Medical Supplies (≤ \$500.00)
- Durable Medical Equipment (> \$1,000.00)
- Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
- Durable Medical Equipment (w/o HCPCS)
- Durable Medical Equipment (≤ \$1,000.00)
- Durable Medical Equipment rental (> 3 months)
- Durable Medical Equipment rental (≤ 3 months)
- EPSDT: Nursing services (Registered Nurse, Licensed Practical Nurse, Certified Nursing Assistant-Certified Medication Technician)
- Genetic Testing
- HCBS: Assisted living
- HCBS: Behavioral consultation
- HCBS: Medical Day Care
- HCBS: Nutritionist/Dietician
- HCBS: case management
- HCBS: family training
- HCBS: senior Center Plus
- HH: Home Health Aide
- HH: Home Health Aide (> 1 visit per day; > 4 hours of service per day; visit w/o skilled nursing)
- HH: Home Health Aide (≤ 1 visit per day; ≤ 4 hours of service per day; visit w/ skilled nursing; services rendered during a 30-day period that do not exceed the Medicaid NF rate)
- HH: Occupational therapy
- HH: Occupational therapy (> 1 visit per day; services rendered during a

- 30-day period in excess of the Medicaid NF rate))
- HH: Occupational therapy (≤ 1 visit per day; services rendered during a 30-day period that do not exceed the Medicaid NF rate)
- HH: Physical therapy (> 1 visit per day; ; services rendered during a 30-day period in excess of the Medicaid NF rate)
- HH: Physical therapy (≤ 1 visit per day; services rendered during a 30-day period that do not exceed the Medicaid NF rate)
- HH: Registered Nurse
- HH: Registered Nurse (> 1 visit per day; services rendered during a 30-day period in excess of the Medicaid NF rate)
- HH: Registered Nurse (≤ 1 visit per day; services rendered during a 30-day period that do not exceed the Medicaid NF rate)
- HH: Speech therapy
- HH: Speech therapy (> 1 visit per day; services rendered during a 30-day period in excess of the Medicaid NF rate)
- HH: Speech therapy (≤ 1 visit per day; services rendered during a 30-day period that do not exceed the Medicaid NF rate)
- HH: physical therapy
- HH: registered Nurse
- HIV/AIDS laboratory services
- Health-related services and targeted case management services provided to children when the services are specified in the child's Individualized Education Plan or Individualized Family Service Plan
- Hepatitis C Virus Genotyping
- Home Health Services: medical supplies used for home health visit
- Home Health Services: occupational therapy
- Home Health Services: physical therapy
- Home Health Services: skilled nursing services
- Home Health Services: speech pathology services
- Hospice Care--Outpatient
- Hospice: Medical appliances and supplies
- Hospice: Medical social services
- Hospice: home health and aide services
- Hospice: nursing services
- ICS: Assisted living

- ICS: Family training
- ICS: Medical Day Care
- ICS: Nutritionist/Dietician
- ICS: behavioral consultation
- ICS: case management
- ICS: senior Center Plus
- Laboratory Services
- Medical Day Care Waiver with associated services
- Medical Day Care waiver with associated services(16+ years of age):
- Molecular Pathology Labs
- National Diabetes Prevention Program
- Neuro-Psychological Testing/Developmental Delay Programs
- Oxygen
- Oxygen (w/o HCPCS)
- PACE: Day health care
- PACE: In-home care
- PACE: Meals
- PACE: Nursing care
- PACE: Personal care
- PACE: Recreation
- PACE: Social work
- PACE: Transportation
- Personal Care Services
- Private Duty Nursing
- Remote Patient Monitoring
- Targeted Case Management

Standard 8

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Anesthesia - Outpatient
- Biofeedback
- Electroconvulsive therapy (ECT)--outpatient
- Evaluation and Management--Outpatient
- Family Psycho-Educational Therapy
- Family Therapy--outpatient
- Group therapy--outpatient
- Health Behavior Assessment
- Health Behavior Reassessment
- Individual Psycho-Educational Therapy
- Individual therapy--outpatient
- Intensive outpatient (IOP)
- Mental health assessment
- Mental health reassessment
- Multiple family group therapy
- Partial hospitalization (PHP)
- Psychiatric Rehabilitation Services
- Psychological or neuropsychological testing and evaluation
- Therapeutic Behavioral Services
- Transcranial Magnetic Stimulation (TMS)
- Traumatic Brain Injury (TBI) Day Habilitation
- health home services for MH reasons (serious and persistent mental illness (SPMI) - services by mobile treatment services (MTS) or psychological rehabilitation programs
- primary mental health services (assessment, clinical evaluation, referral to ASO)

Substance Use Disorder

- Alcohol and/or drug assessment
- Ambulatory detoxification
- Buprenorphine guest dosing
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive Outpatient (IOP)--ASAM 2.1
- MAT Initial Induction: Alcohol/Drug Services; Medical/Somatic (Medical Intervention in Ambulatory Setting)
- MAT Initial Intake (Evaluation and Management, Including Rx)
- MAT Ongoing (Evaluation and Management, including Rx)
- Methadone Maintenance
- Methadone guest dosing
- Ongoing services (Buprenorphine/Naloxone): Alcohol/Other Drug Abuse Services, Not Otherwise Specified
- Opioid Treatment Program (OTP) services - including med management
- Partial Hospitalization (PHP)--ASAM 2.5
- SBIRT
- health home services for SUD (opioid addiction) - opioid treatment program
- primary SUD Services (assessment, clinical evaluation, referral to ASO)

Medical/Surgical

- (15) Orthodontic services - Clinic;
- (1) Preventive services (cleanings, fluoride, etc.) - Clinic;
- (1) Preventive services (semiannual cleanings, fluoride, etc.) - Clinic;
- (11) Prosthodontics (dentures, etc.) - Clinic;
- (13) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic;
- (16) Anesthesia - Clinic; and
- (2) Diagnostic services (oral exams, x-rays, etc.) - Clinic;
- (3) Diagnostic services (oral exams, x-rays, sealants, etc.) - Clinic;
- (3) Restorative services (filings, crowns, etc) - Clinic;
- (4) Endodontic services (root canals, etc.) - Clinic;
- (5) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- (5) Restorative services (filings, crowns, etc) - Clinic;
- (6) Prosthodontics (adjustment of dentures, etc.) - Clinic;
- (7) Endodontic services (root canals, etc.) - Clinic;
- (7) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic; and
- (8) Anesthesia - Clinic.
- (9) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- 1915c: Physician participation in plan of care meeting
- 1915c: physician participation in plan of care meeting
- Acne Services
- Acupuncture
- Amputations--outpatient
- Audiology Services (hearing loss assessment and treatment)
- Blood/Blood Products
- Bypass surgery--outpatient
- Capsule Endoscopy
- Cardiac Procedures (non-emergent)--outpatient
- Cardiac Rehabilitation
- Chemotherapy--outpatient
- Chiropractic Services

- Circumcision
- Clinic Services--Coumadin Clinic
- Clinic Services--FQHC
- Clinic Services--Heart Failure Clinic
- Clinic Services--Other
- Clinic Services--SBHC
- Clinic Services--Wound Clinic
- Corrective Surgery--outpatient
- Cosmetic Procedures/Surgeries--outpatient
- Dermatology Procedures
- Diagnostic and X-ray services: CT--outpatient
- Diagnostic and X-ray services: MRI--outpatient
- Diagnostic and X-ray services: PET--outpatient
- Diagnostic and X-ray services: Radiography--outpatient
- Dialysis--outpatient
- Foster Care Evaluation/Check-up for children entering State custody
- Genetic Counseling
- Grafts/Implants--outpatient
- HCBS: behavioral consultation
- HCBS: nutritionist/Dietician
- HH: Occupational therapy
- HH: Physical therapy
- HH: Speech therapy
- HH: physical therapy
- Home and Community Based Options waiver:
- Hospice: Counseling services (including dietary, spiritual and bereavement)
- Hospice: Occupational therapy
- Hospice: Physical therapy
- Hospice: Physician services
- Hospice: Speech therapy
- Hyperbaric Oxygen Therapy
- ICS: Behavioral consultation
- ICS: Nutritionist/Dietician
- Infusion/Maintenance Drug Infusion
- Investigational Surgeries/Clinical Trials--outpatient
- National Diabetes Prevention Program Services
- Nerve Stimulator--outpatient
- Neuro-Psychological Testing/Developmental Delay Programs
- Neurosurgical procedures--outpatient
- Newborn Office Services
- Nutritional Counseling
- OB Ultrasound
- Occupational Therapy
- Oncology Treatment
- Oral Surgery Adult
- Oral Surgery Child

- Outpatient Rehabilitative services
- Outpatient Surgery (Ambulatory Surgery Center)
- Outpatient hospital care (emergent)
- Outpatient hospital care (non-emergent)
- PACE: Medical specialty services (podiatry, psychiatry, dentistry, optometry and audiology)
- PACE: Rehabilitation
- Pain Management Procedures
- Pain Management Visits
- Physical Therapy
- Plastic and Restorative Surgery--outpatient
- Podiatry Services
- Post-Stabilization Services
- Post-Stabilization Services-outpatient
- Pregnancy-related Services (OB Care)
- Primary Care
- Proton Therapy Treatment
- Pulmonary Rehab
- Sleep Studies /Sleep Apnea Studies
- Somatic services related to gender dysphoria
- Specialty Care
- Speech Therapy--outpatient
- Sterlization Services--outpatient
- Transplants Pre and Post Transplant Services--outpatient
- Urgent Care
- Vision Services
- Wound Vacuum-assisted closure (VAC)

Standard 8

NQTL Type: medical necessity

Classification: Prescription Drugs

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- FFS MH Drug

Substance Use Disorder

- FFS SUD Drug

Medical/Surgical

- FFS M/S Drug
- MCO administered prescription drug

Standard 8

NQTL Type: prior authorization/pre authorization

Classification: Emergency Benefits

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

Substance Use Disorder

Medical/Surgical

- Air Ambulance

Standard 8

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Acute Care Services
- Nursing Facility: MH Services
- Residential Treatment Centers
- Special Psychiatric Hospital

Substance Use Disorder

- Inpatient ASAM 4.0
- Inpatient Detoxification--hospital
- Inpatient Detoxification-IMD (Licensed Intermediate Care Facilities for Addictions in Maryland)
- Nursing Facility: SUD services
- Residential SUD Treatment--ASAM 3.1
- Residential SUD Treatment--ASAM 3.3
- Residential SUD Treatment--ASAM 3.5
- Residential SUD Treatment--ASAM 3.7
- Residential SUD Treatment--ASAM 3.7WM (Licensed ASAM 3.7D in Maryland)

Medical/Surgical

- Amputations--inpatient
- Bariatric Surgery
- Bypass surgery--inpatient
- Cardiac Procedures (non-emergent)--inpatient
- Chemotherapy--inpatient
- Corrective Surgery--inpatient
- Dialysis--Inpatient
- Eye Procedures--Inpatient
- Gender affirmation surgery
- Grafts/Implants
- Hospice Care--Inpatient
- Hospital Care--inpatient
- Hysterectomy
- Institutional Long Term Care/Skilled Nursing Facility (first 90 days)
- Investigational Surgeries/Clinical Trials--inpatient
- NICU/Sick baby/Detained baby
- Neurostimulators
- Neurosurgical procedures--inpatient
- Oncology Services--inpatient
- Plastic and Restorative Surgery--inpatient
- Rehabilitation Services (Acute)
- Room and Board
- Spinal Cord Stimulator
- Surgery (nonurgent)--inpatient
- Transplants
- Transplants Pre and Post Transplant Services
- Transportation between hospitals

Standard 8

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Mobile treatment-Assertive community treatment (ACT)
- Mobile treatment-non-ACT
- Targeted Case Management

Substance Use Disorder

- Does not apply

Medical/Surgical

- Community Pathways and Community Supports waivers: Day habilitation
- Disposable Medical Equipment (w/o HCPCS)
- Disposable Medical Supplies (> \$500.00)
- Disposable Medical Supplies (≤ \$500.00)
- Durable Medical Equipment (> \$1,000.00)
- Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
- Durable Medical Equipment (w/o HCPCS)
- Durable Medical Equipment (≤ \$1,000.00)
- Durable Medical Equipment rental (> 3 months)
- Durable Medical Equipment rental (≤ 3 months)
- Genetic Testing
- HH: Home Health Aide (> 1 visit per day; > 4 hours of service per day; visit w/o skilled nursing)
- HH: Occupational therapy (> 1 visit per day; services rendered during a 30-day period in excess of the Medicaid NF rate))
- HH: Physical therapy (> 1 visit per day; ; services rendered during a 30-day period in excess of the Medicaid NF rate)
- HH: Registered Nurse (> 1 visit per day; services rendered during a 30-day period in excess of the Medicaid NF rate)
- HH: Speech therapy (> 1 visit per day; services rendered during a 30-day period in excess of the Medicaid NF rate)
- HH: Speech therapy (≤ 1 visit per day; services rendered during a 30-day period that do not exceed the Medicaid NF rate)
- Home Health Services: medical supplies used for home health visit

- Home Health Services: occupational therapy
- Home Health Services: physical therapy
- Home Health Services: skilled nursing services
- Home Health Services: speech pathology services
- Hospice Care--Outpatient
- National Diabetes Prevention Program
- Oxygen (w/o HCPCS)
- Private Duty Nursing
- Remote Patient Monitoring

Standard 8

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Biofeedback
- Electroconvulsive therapy (ECT)--outpatient
- Evaluation and Management-Outpatient
- Family Therapy--outpatient
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive outpatient (IOP)
- Multiple family group therapy
- Partial hospitalization (PHP)
- Psychiatric Rehabilitation Services
- Psychological or neuropsychological testing and evaluation
- Therapeutic Behavioral Services
- Transcranial Magnetic Stimulation (TMS)
- Traumatic Brain Injury (TBI) Day Habilitation

Substance Use Disorder

- Ambulatory detoxification
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive Outpatient (IOP)--ASAM 2.1
- MAT Initial Induction: Alcohol/Drug Services; Medical/Somatic (Medical Intervention in Ambulatory Setting)
- MAT Initial Intake (Evaluation and Management, Including Rx)
- MAT Ongoing (Evaluation and Management, including Rx)
- Methadone Maintenance
- Ongoing services (Buprenorphine/Naloxone): Alcohol/Other Drug Abuse Services, Not Otherwise Specified
- Opioid Treatment Program (OTP) services - including med management
- Partial Hospitalization (PHP)--ASAM 2.5

Medical/Surgical

- Acne Services
- Amputations--outpatient
- Audiology Services (hearing loss assessment and treatment)
- Bypass surgery--outpatient
- Capsule Endoscopy
- Cardiac Procedures (non-emergent)--outpatient
- Cardiac Rehabilitation
- Chemotherapy--outpatient
- Circumcision
- Clinic Services--Wound Clinic
- Corrective Surgery--outpatient
- Cosmetic Procedures/Surgeries--outpatient
- Dermatology Procedures
- Diagnostic and X-ray services: MRI--outpatient
- Diagnostic and X-ray services: PET--outpatient
- Genetic Counseling
- Grafts/Implants--outpatient
- Hyperbaric Oxygen Therapy
- Infusion/Maintenance Drug Infusion
- Investigational Surgeries/Clinical Trials--outpatient
- National Diabetes Prevention Program Services
- Nerve Stimulator--outpatient
- Neuro-Psychological Testing/Developmental Delay Programs
- Neurosurgical procedures--outpatient
- Nutritional Counseling
- OB Ultrasound
- Occupational Therapy
- Oncology Treatment
- Oral Surgery Adult
- Oral Surgery Child
- Outpatient Rehabilitative services
- Outpatient Surgery (Ambulatory Surgery Center)
- Outpatient hospital care (emergent)
- Outpatient hospital care (non-emergent)
- Pain Management Procedures
- Pain Management Visits
- Physical Therapy

- Plastic and Restorative Surgery--outpatient
- Proton Therapy Treatment
- Pulmonary Rehab
- Sleep Studies /Sleep Apnea Studies
- Specialty Care
- Speech Therapy--outpatient
- Sterilization Services--outpatient
- Transplants Pre and Post Transplant Services--outpatient
- Wound Vacuum-assisted closure (VAC)

Standard 8

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- FFS MH Drug

Substance Use Disorder

- FFS SUD Drug

Medical/Surgical

- FFS M/S Drug
- MCO administered prescription drug

Standard 8

NQTL Type: concurrent review

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Acute Care Services
- Nursing Facility: MH Services
- Residential Treatment Centers
- Special Psychiatric Hospital

Substance Use Disorder

- Inpatient ASAM 4.0
- Inpatient Detoxification--hospital
- Inpatient Detoxification-IMD (Licensed Intermediate Care Facilities for Addictions in Maryland)
- Nursing Facility: SUD services
- Residential SUD Treatment--ASAM 3.1
- Residential SUD Treatment--ASAM 3.3
- Residential SUD Treatment--ASAM 3.5
- Residential SUD Treatment--ASAM 3.7
- Residential SUD Treatment--ASAM 3.7WM (Licensed ASAM 3.7D in Maryland)

Medical/Surgical

- Acute Care Services (Births/Deliveries)
- Acute Care Services (Medical/Surgical)
- Amputations--inpatient
- Ancillary Services
- Anesthesia--Inpatient
- Bariatric Surgery
- Bypass surgery--inpatient
- Cardiac Procedures (non-emergent)--inpatient
- Chemotherapy--inpatient
- Corrective Surgery--inpatient
- Cosmetic Procedures--Inpatient
- Diagnostic and X-ray services: CT--inpatient
- Diagnostic and X-ray services: MRI--inpatient
- Diagnostic and X-ray services: PET--inpatient
- Diagnostic and X-ray services: Radiography--inpatient
- Dialysis--Inpatient
- Erectile Dysfunction Procedures
- Eye Procedures--Inpatient
- Gender affirmation surgery
- Grafts/Implants
- Hospice Care--Inpatient
- Hospital Care--inpatient
- Hysterectomy
- Institutional Long Term Care/Skilled Nursing Facility (first 90 days)
- Investigational Surgeries/Clinical Trials--inpatient
- NICU/Sick baby/Detained baby
- Neurostimulators
- Neurosurgical procedures--inpatient
- Occupational Therapy--inpatient
- Oncology Services--inpatient
- Physical Therapy--inpatient
- Plastic and Restorative Surgery--inpatient
- Post-Stabilization Services--inpatient
- Rehabilitation Services (Acute)
- Room and Board
- Speech Therapy--inpatient
- Spinal Cord Stimulator
- Sterilization services--inpatient
- Surgery (nonurgent)--inpatient

- Surgery (urgent)--inpatient
- Transplants
- Transplants Pre and Post Transplant Services
- Transportation between hospitals

Standard 8

NQTL Type: concurrent review
Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Mobile treatment-Assertive community treatment (ACT)
- Mobile treatment-non-ACT
- Targeted Case Management

Substance Use Disorder

- Does not apply

Medical/Surgical

- Applied Behavior Analysis (autism services)--primarily in-home
- Disposable Medical Equipment (w/o HCPCS)
- Disposable Medical Supplies (> \$500.00)
- Durable Medical Equipment (> \$1,000.00)
- Durable Medical Equipment (w/o HCPCS)
- Durable Medical Equipment rental (\leq 3 months)
- HH: Home Health Aide (> 1 visit per day; > 4 hours of service per day; visit w/o skilled nursing)
- HH: Home Health Aide (\leq 1 visit per day; \leq 4 hours of service per day; visit w/ skilled nursing; services rendered during a 30-day period that do not exceed the Medicaid NF rate)
- HH: Occupational therapy (> 1 visit per day; services rendered during a 30-day period in excess of the Medicaid NF rate))
- HH: Occupational therapy (\leq 1 visit per day; services rendered during a 30-day period that do not exceed the Medicaid NF rate)
- HH: Physical therapy (> 1 visit per day; ; services rendered during a 30-day period in excess of the Medicaid NF rate)
- HH: Physical therapy (\leq 1 visit per day; services rendered during a 30-day period that do not exceed the Medicaid NF rate)
- HH: Registered Nurse (> 1 visit per day; services rendered during a 30-day period in excess of the Medicaid NF rate)
- HH: Registered Nurse (\leq 1 visit per day; services rendered during a 30-day period that do not exceed the Medicaid NF rate)
- HH: Speech therapy (> 1 visit per day; services rendered during a 30-day period in excess of the Medicaid NF rate)

- HH: Speech therapy (≤ 1 visit per day; services rendered during a 30-day period that do not exceed the Medicaid NF rate)

Standard 8

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Biofeedback
- Electroconvulsive therapy (ECT)--outpatient
- Evaluation and Management-Outpatient
- Family Therapy--outpatient
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive outpatient (IOP)
- Multiple family group therapy
- Partial hospitalization (PHP)
- Psychiatric Rehabilitation Services
- Psychological or neuropsychological testing and evaluation
- Therapeutic Behavioral Services
- Transcranial Magnetic Stimulation (TMS)
- Traumatic Brain Injury (TBI) Day Habilitation

Substance Use Disorder

- Ambulatory detoxification
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive Outpatient (IOP)--ASAM 2.1
- MAT Ongoing (Evaluation and Management, including Rx)
- Methadone Maintenance
- Ongoing services (Buprenorphine/Naloxone): Alcohol/Other Drug Abuse Services, Not Otherwise Specified
- Opioid Treatment Program (OTP) services - including med management
- Partial Hospitalization (PHP)--ASAM 2.5

Medical/Surgical

- Acupuncture
- Audiology Services (hearing loss assessment and treatment)

Standard 8

NQTL Type: fail first requirements/step therapy

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Does not apply

Substance Use Disorder

- Does not apply

Medical/Surgical

- Does not apply

Standard 8

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Does not apply

Substance Use Disorder

- Does not apply

Medical/Surgical

- Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
- Oxygen

Standard 8

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Transcranial Magnetic Stimulation (TMS)

Substance Use Disorder

- Does not apply

Medical/Surgical

- Does not apply

Standard 8

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- FFS MH Drug

Substance Use Disorder

- FFS SUD Drug

Medical/Surgical

- FFS M/S Drug
- MCO administered prescription drug

Standard 8

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- FFS MH Drug

Substance Use Disorder

- FFS SUD Drug

Medical/Surgical

- FFS M/S Drug
- MCO administered prescription drug

Standard 9

Any parity flags found in Standard 9 are reported below. The number of flags per classification and category combination is shown.

Parity Flag			
	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Any classification/category/NQTL combination considered incomplete is reported in the table below.

Missing Information			
	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Standard 9

NQTL Type: Outlier Management
Classification: Emergency Benefits
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: Outlier Management
Classification: Emergency Benefits
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Outlier Management page 19 PH strategy.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization

Standard 9

NQTL Type: Outlier Management
Classification: Emergency Benefits
Factor: Not Applicable

Definitions

Mental Health:

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical:

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

Explain

Substance Use Disorder:

Standard 9

NQTL Type: Outlier Management
Classification: Emergency Benefits
Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Utilization of a service or services beyond that which is deemed medically necessary; "Utilization that exceeds the threshold outlined in Milliman Care Guidelines. The Optimal Recovery Guidelines have been developed and validated by using the reported utilization experience from various databases. These databases include nationally representative samples of inpatients and outpatients. In terms of guideline development, the purpose of database analysis is to confirm the reasonability and clinical appropriateness of care guideline utilization goals and objectives. Inpatient & Surgical Care guidelines are linked to a Benchmark Statistics Dashboard, which displays statistical information regarding utilization of services by patients falling under that guideline. The dashboards are accessed by a link marked ""Benchmark Statistics"" at the top of the guideline page."

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Design of Benefit Plan

Explain

Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Variability in quality

Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- A-MD 7200.05 Concurrent Review-Observation Care.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization
- Safety risks
- Medical Necessity

Considered

Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Factor: Excessive utilization

Definitions

Mental Health: Utilization of a service or services beyond that which is deemed medically necessary; "Utilization that exceeds the threshold outlined in Milliman Care Guidelines. The Optimal Recovery Guidelines have been developed and validated by using the reported utilization experience from various databases. These databases include nationally representative samples of inpatients and outpatients. In terms of guideline development, the purpose of database analysis is to confirm the reasonability and clinical appropriateness of care guideline utilization goals and objectives. Inpatient & Surgical Care guidelines are linked to a Benchmark Statistics Dashboard, which displays statistical information regarding utilization of services by patients falling under that guideline. The dashboards are accessed by a link marked ""Benchmark Statistics"" at the top of the guideline page."

Substance Use Disorder: Utilization of a service or services beyond that which is deemed medically necessary; "Utilization that exceeds the threshold outlined in Milliman Care Guidelines. The Optimal Recovery Guidelines have been developed and validated by using the reported utilization experience from various databases. These databases include nationally representative samples of inpatients and outpatients. In terms of guideline development, the purpose of database analysis is to confirm the reasonability and clinical appropriateness of care guideline utilization goals and objectives. Inpatient & Surgical Care guidelines are linked to a Benchmark Statistics Dashboard, which displays statistical information regarding utilization of services by patients falling under that guideline. The dashboards are accessed by a link marked ""Benchmark Statistics"" at the top of the guideline page."

Medical/Surgical: Utilization of a service or services beyond that which is deemed medically necessary; "Utilization that exceeds the threshold outlined in Milliman Care Guidelines. The Optimal Recovery Guidelines have been developed and validated by using the reported utilization experience from various databases. These databases include nationally representative samples of inpatients and outpatients. In terms of guideline development, the purpose of database analysis is to confirm the reasonability and clinical appropriateness of care guideline utilization goals and objectives. Inpatient & Surgical Care guidelines are linked to a Benchmark Statistics Dashboard, which displays statistical information regarding utilization of services by patients falling under that guideline. The dashboards are accessed by a link marked ""Benchmark Statistics"" at the top of the guideline page."

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Mental Health:

Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Factor: High levels of variation in length of stay

Definitions

Mental Health: Individuals with the same illness having different courses of improvement.

Substance Use Disorder: Individuals with the same illness having different courses of improvement.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Substance Use Disorder: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Factor: Severity or chronicity of an illness

Definitions

Mental Health: Does the medication match the severity and chronicity of the illness

Substance Use Disorder: Does the medication match the severity and chronicity of the illness

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;

Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration;

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.

Substance Use Disorder: Lowest level of care the individual can be safely and effectively treated.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Factor: Safety risks

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: risk of PA drug compared to other drugs considered

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Factor: Medical Necessity

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: This term refers to services or supplies for diagnosing, evaluating, treating or preventing an injury, illness, condition or disease, based on evidence-based clinical standards of care. Medically necessary services are accepted health care services and supplies provided by health care entities, appropriate to evaluation and treatment of a disease, condition, illness or injury and consistent with the applicable standard of care. Determination of medical necessity is based on specific criteria. Note: This definition is based on the Centers for Medicare & Medicaid Services (CMS) and American College of Medical Quality (ACMQ) definitions.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Milliman Criteria

Explain

Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Factor: Not Applicable

Definitions

Mental Health:

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical:

Sources

Mental Health

Substance Use Disorder

- Not Applicable

Medical/Surgical

Evidentiary Standards

Mental Health

Substance Use Disorder

- Not Applicable

Medical/Surgical

Explain

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization
- Variability in quality

Considered

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Variability in quality

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Variability in quality

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Outlier Management page 19 PH strategy.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization
- High variability in cost per episode of care
- Service type
- Relative reimbursement rates

Considered

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Factor: Excessive utilization

Definitions

Mental Health: Utilization of a service or services beyond that which is deemed medically necessary; "Utilization that exceeds the threshold outlined in Milliman Care Guidelines. The Optimal Recovery Guidelines have been developed and validated by using the reported utilization experience from various databases. These databases include nationally representative samples of inpatients and outpatients. In terms of guideline development, the purpose of database analysis is to confirm the reasonability and clinical appropriateness of care guideline utilization goals and objectives. Inpatient & Surgical Care guidelines are linked to a Benchmark Statistics Dashboard, which displays statistical information regarding utilization of services by patients falling under that guideline. The dashboards are accessed by a link marked ""Benchmark Statistics"" at the top of the guideline page."

Substance Use Disorder: Utilization of a service or services beyond that which is deemed medically necessary; "Utilization that exceeds the threshold outlined in Milliman Care Guidelines. The Optimal Recovery Guidelines have been developed and validated by using the reported utilization experience from various databases. These databases include nationally representative samples of inpatients and outpatients. In terms of guideline development, the purpose of database analysis is to confirm the reasonability and clinical appropriateness of care guideline utilization goals and objectives. Inpatient & Surgical Care guidelines are linked to a Benchmark Statistics Dashboard, which displays statistical information regarding utilization of services by patients falling under that guideline. The dashboards are accessed by a link marked ""Benchmark Statistics"" at the top of the guideline page."

Medical/Surgical: Utilization of a service or services beyond that which is deemed medically necessary; "Utilization that exceeds the threshold outlined in Milliman Care Guidelines. The Optimal Recovery Guidelines have been developed and validated by using the reported utilization experience from various databases. These databases include nationally representative samples of inpatients and outpatients. In terms of guideline development, the purpose of database analysis is to confirm the reasonability and clinical appropriateness of care guideline utilization goals and objectives. Inpatient & Surgical Care guidelines are linked to a Benchmark Statistics Dashboard, which displays statistical information regarding utilization of services by patients falling under that guideline. The dashboards are accessed by a link marked ""Benchmark Statistics"" at the top of the guideline page."

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Internal claims analysis

Evidentiary Standards

Mental Health

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Question Skipped

- More than 50 percent of outpatient episodes of care for specific diseases are not based on evidence-based interventions (as defined by nationally accepted best practices) in a 12-month sample of claims data.

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Substance Use Disorder: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Office Based

Factor: High variability in cost per episode of care

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Not Applicable. Did not select in Q P1Q2 and Q3.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Factor: Service type

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Services with various levels of intensity, including frequency and expected duration;

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Factor: Relative reimbursement rates

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: reimbursement rates that vary based on parameters such as place of service

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Other

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Variability in quality

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Other
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Variability in quality

Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Other

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Service type
- Safety risks

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Other

Factor: Excessive utilization

Definitions

Mental Health: Utilization of a service or services beyond that which is deemed medically necessary; "Utilization that exceeds the threshold outlined in Milliman Care Guidelines. The Optimal Recovery Guidelines have been developed and validated by using the reported utilization experience from various databases. These databases include nationally representative samples of inpatients and outpatients. In terms of guideline development, the purpose of database analysis is to confirm the reasonability and clinical appropriateness of care guideline utilization goals and objectives. Inpatient & Surgical Care guidelines are linked to a Benchmark Statistics Dashboard, which displays statistical information regarding utilization of services by patients falling under that guideline. The dashboards are accessed by a link marked ""Benchmark Statistics"" at the top of the guideline page."

Substance Use Disorder: Utilization of a service or services beyond that which is deemed medically necessary; "Utilization that exceeds the threshold outlined in Milliman Care Guidelines. The Optimal Recovery Guidelines have been developed and validated by using the reported utilization experience from various databases. These databases include nationally representative samples of inpatients and outpatients. In terms of guideline development, the purpose of database analysis is to confirm the reasonability and clinical appropriateness of care guideline utilization goals and objectives. Inpatient & Surgical Care guidelines are linked to a Benchmark Statistics Dashboard, which displays statistical information regarding utilization of services by patients falling under that guideline. The dashboards are accessed by a link marked ""Benchmark Statistics"" at the top of the guideline page."

Medical/Surgical: Utilization of a service or services beyond that which is deemed medically necessary; "Utilization that exceeds the threshold outlined in Milliman Care Guidelines. The Optimal Recovery Guidelines have been developed and validated by using the reported utilization experience from various databases. These databases include nationally representative samples of inpatients and outpatients. In terms of guideline development, the purpose of database analysis is to confirm the reasonability and clinical appropriateness of care guideline utilization goals and objectives. Inpatient & Surgical Care guidelines are linked to a Benchmark Statistics Dashboard, which displays statistical information regarding utilization of services by patients falling under that guideline. The dashboards are accessed by a link marked ""Benchmark Statistics"" at the top of the guideline page."

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Internal claims analysis

Evidentiary Standards

Mental Health

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

- More than 50 percent of outpatient episodes of care for specific diseases are not based on evidence-based interventions (as defined by nationally accepted best practices) in a 12-month sample of claims data.

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Other

Factor: High levels of variation in length of stay

Definitions

Mental Health: Individuals with the same illness having different courses of improvement.

Substance Use Disorder: Individuals with the same illness having different courses of improvement.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Other
Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Substance Use Disorder: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Medical/Surgical:

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Other
Factor: Severity or chronicity of an illness

Definitions

- Mental Health:** Does the medication match the severity and chronicity of the illness
- Substance Use Disorder:** Does the medication match the severity and chronicity of the illness
- Medical/Surgical:**

Sources

- | | | |
|---|--|-------------------------|
| <p>Mental Health</p> <ul style="list-style-type: none">Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits | <p>Substance Use Disorder</p> <ul style="list-style-type: none">Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits | <p>Medical/Surgical</p> |
|---|--|-------------------------|

Evidentiary Standards

- | | | |
|--|---|-------------------------|
| <p>Mental Health</p> <ul style="list-style-type: none">Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. | <p>Substance Use Disorder</p> <ul style="list-style-type: none">Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. | <p>Medical/Surgical</p> |
|--|---|-------------------------|

Explain

Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Other

Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;

Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration;

Medical/Surgical: Services with various levels of intensity, including frequency and expected duration;

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Other

Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.

Substance Use Disorder: Lowest level of care the individual can be safely and effectively treated.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Other
Factor: Safety risks

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: risk of PA drug compared to other drugs considered

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Other
Factor: Not Applicable

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: NQTL does not apply for this classification

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

Explain

Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: Service Limitations
Classification: Outpatient - Office Based
Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;
Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration;
Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: Service Limitations
Classification: Outpatient - Office Based
Factor: Not Applicable

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: NQTL does not apply for this classification

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Other

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

Standard 9

NQTL Type: Service Limitations
Classification: Outpatient - Other
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Other

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: Service Limitations
Classification: Outpatient - Other
Factor: Not Applicable

Definitions

Mental Health:

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical: NQTL does not apply for this classification

Sources

Mental Health

Substance Use Disorder

- Not Applicable

Medical/Surgical

- Not Applicable

Evidentiary Standards

Mental Health

Substance Use Disorder

- Not Applicable

Medical/Surgical

- Not Applicable

Explain

Substance Use Disorder:

Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Other

Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Medical/Surgical:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care
- Clinical indications and/or evidence

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care
- Clinical indications and/or evidence

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization
- Health plan accreditation standards for quality assurance
- Medicare/Medicaid program participation eligibility
- Quality and performance measures (including customer feedback)
- Safety risks
- Medical Necessity

Considered

- Par Status

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization
- Safety risks
- Medical Necessity

Considered

- Par Status

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Utilization of a service or services beyond that which is deemed medically necessary; "Utilization that exceeds the threshold outlined in Milliman Care Guidelines. The Optimal Recovery Guidelines have been developed and validated by using the reported utilization experience from various databases. These databases include nationally representative samples of inpatients and outpatients. In terms of guideline development, the purpose of database analysis is to confirm the reasonability and clinical appropriateness of care guideline utilization goals and objectives. Inpatient & Surgical Care guidelines are linked to a Benchmark Statistics Dashboard, which displays statistical information regarding utilization of services by patients falling under that guideline. The dashboards are accessed by a link marked ""Benchmark Statistics"" at the top of the guideline page."

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

- Milliman Criteria

Explain

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Other

Factor: Health plan accreditation standards for quality assurance

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: state and or federal standards that must be met by the health plan in order to obtain and maintain accreditation

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- National accreditation standards

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Other

Factor: Medicare/Medicaid program participation eligibility

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Federal and State requirements for participation in the Medicare/Medicaid program, including those pertaining to medical, technical and financial eligibility

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Other

Factor: Quality and performance measures (including customer feedback)

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Measures intended to evaluate and improve the quality of services, including, but not limited to: performance measures associated with waiver assurances, State regulations, national quality standards and pay for performance efforts.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Medical expert reviews
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Factor: Safety risks

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: risk of PA drug compared to other drugs considered

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Factor: Medical Necessity

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: This term refers to services or supplies for diagnosing, evaluating, treating or preventing an injury, illness, condition or disease, based on evidence-based clinical standards of care. Medically necessary services are accepted health care services and supplies provided by health care entities, appropriate to evaluation and treatment of a disease, condition, illness or injury and consistent with the applicable standard of care. Determination of medical necessity is based on specific criteria. Note: This definition is based on the Centers for Medicare & Medicaid Services (CMS) and American College of Medical Quality (ACMQ) definitions.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

- Aetna Policy Bulletins
- Milliman Criteria

Explain

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Factor: Par Status

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: Provider is contracted with the plan.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical
• State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical
Question Skipped
• State regulatory standards for health plan network adequacy.

Explain

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Other

Factor: High levels of variation in length of stay

Definitions

Mental Health: Individuals with the same illness having different courses of improvement.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Factor: Severity or chronicity of an illness

Definitions

Mental Health: Does the medication match the severity and chronicity of the illness

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;
Substance Use Disorder:
Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
<ul style="list-style-type: none">Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits		

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
<ul style="list-style-type: none">Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.		

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Other

Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Factor: Clinical indications and/or evidence

Definitions

Mental Health: Professional standards and protocols - defined as comparative effectiveness studies and clinical trials

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Factor: Not Applicable

Definitions

Mental Health:

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical:

Sources

Mental Health

Substance Use Disorder
Question Skipped

Medical/Surgical

Evidentiary Standards

Mental Health

Substance Use Disorder
Question Skipped

Medical/Surgical

Explain

Substance Use Disorder:

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Clinical indications and/or evidence

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care
- Clinical indications and/or evidence

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care
- Clinical indications and/or evidence

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Safety risks
- Medical Necessity
- Par Status

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Safety risks
- Medical Necessity
- Par Status

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Factor: High levels of variation in length of stay

Definitions

Mental Health: Individuals with the same illness having different courses of improvement.

Substance Use Disorder: Individuals with the same illness having different courses of improvement.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Factor: Severity or chronicity of an illness

Definitions

- Mental Health:** Does the medication match the severity and chronicity of the illness
- Substance Use Disorder:** Does the medication match the severity and chronicity of the illness
- Medical/Surgical:**

Sources

- | | | |
|---|--|-------------------------|
| Mental Health <ul style="list-style-type: none">Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits | Substance Use Disorder <ul style="list-style-type: none">Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits | Medical/Surgical |
|---|--|-------------------------|

Evidentiary Standards

- | | | |
|--|---|-------------------------|
| Mental Health <ul style="list-style-type: none">Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. | Substance Use Disorder <ul style="list-style-type: none">Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. | Medical/Surgical |
|--|---|-------------------------|

Explain

- Mental Health:**
- Substance Use Disorder:**

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;
Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration;
Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Factor: Clinical indications and/or evidence

Definitions

Mental Health: Professional standards and protocols - defined as comparative effectiveness studies and clinical trials

Substance Use Disorder: Professional standards and protocols - defined as comparative effectiveness studies and clinical trials

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Utilization of a service or services beyond that which is deemed medically necessary; "Utilization that exceeds the threshold outlined in Milliman Care Guidelines. The Optimal Recovery Guidelines have been developed and validated by using the reported utilization experience from various databases. These databases include nationally representative samples of inpatients and outpatients. In terms of guideline development, the purpose of database analysis is to confirm the reasonability and clinical appropriateness of care guideline utilization goals and objectives. Inpatient & Surgical Care guidelines are linked to a Benchmark Statistics Dashboard, which displays statistical information regarding utilization of services by patients falling under that guideline. The dashboards are accessed by a link marked ""Benchmark Statistics"" at the top of the guideline page."

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Milliman Criteria

Explain

Medical/Surgical:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Factor: Safety risks

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: risk of PA drug compared to other drugs considered

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Medical/Surgical:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Factor: Medical Necessity

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: This term refers to services or supplies for diagnosing, evaluating, treating or preventing an injury, illness, condition or disease, based on evidence-based clinical standards of care. Medically necessary services are accepted health care services and supplies provided by health care entities, appropriate to evaluation and treatment of a disease, condition, illness or injury and consistent with the applicable standard of care. Determination of medical necessity is based on specific criteria. Note: This definition is based on the Centers for Medicare & Medicaid Services (CMS) and American College of Medical Quality (ACMQ) definitions.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Aetna Policy Bulletins
- Milliman Criteria

Explain

Medical/Surgical:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Factor: Par Status

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Provider is contracted with the plan.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- State regulatory standards for health plan network adequacy.
- Design of Benefit Plan

Explain

Medical/Surgical:

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Factor: Least restrictive appropriate level of care

Definitions

Mental Health: lowest level of care the individual can be safely and effectively treated.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Factor: Least restrictive appropriate level of care

Definitions

Mental Health:

Substance Use Disorder: Lowest level of care the individual can be safely and effectively treated.

Medical/Surgical:

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Concurrent review From Provider Manual excerpt page 49.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization
- Service type
- Medical Necessity

Considered

Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: High levels of variation in length of stay

Definitions

Mental Health: Individuals with the same illness having different courses of improvement.

Substance Use Disorder: Individuals with the same illness having different courses of improvement.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Substance Use Disorder: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: Severity or chronicity of an illness

Definitions

Mental Health: Does the medication match the severity and chronicity of the illness

Substance Use Disorder: Does the medication match the severity and chronicity of the illness

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Medical/Surgical:

Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;

Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration;

Medical/Surgical: Services with various levels of intensity, including frequency and expected duration;

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.

Substance Use Disorder: Lowest level of care the individual can be safely and effectively treated.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Utilization of a service or services beyond that which is deemed medically necessary; "Utilization that exceeds the threshold outlined in Milliman Care Guidelines. The Optimal Recovery Guidelines have been developed and validated by using the reported utilization experience from various databases. These databases include nationally representative samples of inpatients and outpatients. In terms of guideline development, the purpose of database analysis is to confirm the reasonability and clinical appropriateness of care guideline utilization goals and objectives. Inpatient & Surgical Care guidelines are linked to a Benchmark Statistics Dashboard, which displays statistical information regarding utilization of services by patients falling under that guideline. The dashboards are accessed by a link marked ""Benchmark Statistics"" at the top of the guideline page."

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: Medical Necessity

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: This term refers to services or supplies for diagnosing, evaluating, treating or preventing an injury, illness, condition or disease, based on evidence-based clinical standards of care. Medically necessary services are accepted health care services and supplies provided by health care entities, appropriate to evaluation and treatment of a disease, condition, illness or injury and consistent with the applicable standard of care. Determination of medical necessity is based on specific criteria. Note: This definition is based on the Centers for Medicare & Medicaid Services (CMS) and American College of Medical Quality (ACMQ) definitions.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Milliman Criteria

Explain

Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: Not Applicable

Definitions

Mental Health: NQTL does not apply for this classification

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical:

Sources

Mental Health

- Not Applicable

Substance Use Disorder

- Not Applicable

Medical/Surgical

Evidentiary Standards

Mental Health

- Not Applicable

Substance Use Disorder

- Not Applicable

Medical/Surgical

Explain

Standard 9

NQTL Type: data collection

Classification: Inpatient

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: data collection

Classification: Inpatient

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: data collection

Classification: Inpatient

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: data collection

Classification: Inpatient

Factor: Not Applicable

Definitions

Mental Health: NQTL does not apply for this classification

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical: NQTL does not apply for this classification

Sources

Mental Health

Question Skipped

Substance Use Disorder

- Not Applicable

Medical/Surgical

- Not Applicable

Evidentiary Standards

Mental Health

Question Skipped

Substance Use Disorder

- Not Applicable

Medical/Surgical

- Not Applicable

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: data collection

Classification: Outpatient - Other

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: data collection

Classification: Outpatient - Other

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: data collection
Classification: Outpatient - Other
Factor: Not Applicable

Definitions

Mental Health: NQTL does not apply for this classification
Substance Use Disorder: NQTL does not apply for this classification
Medical/Surgical: NQTL does not apply for this classification

Sources

Mental Health <i>Question Skipped</i>	Substance Use Disorder • Not Applicable	Medical/Surgical
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Evidentiary Standards

Mental Health <i>Question Skipped</i>	Substance Use Disorder <i>Question Skipped</i>	Medical/Surgical
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Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: data collection

Classification: Outpatient - Office Based

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: data collection

Classification: Outpatient - Office Based

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: data collection

Classification: Outpatient - Office Based

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: data collection

Classification: Outpatient - Office Based

Factor: Not Applicable

Definitions

Mental Health: NQTL does not apply for this classification

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical: NQTL does not apply for this classification

Sources

Mental Health

Question Skipped

Substance Use Disorder

- Not Applicable

Medical/Surgical

- Not Applicable

Evidentiary Standards

Mental Health

- Not Applicable

Substance Use Disorder

Question Skipped

Medical/Surgical

- Not Applicable

Explain

Substance Use Disorder:

Standard 9

NQTL Type: data collection

Classification: Emergency Benefits

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: data collection

Classification: Emergency Benefits

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: data collection

Classification: Emergency Benefits

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: data collection

Classification: Emergency Benefits

Factor: Not Applicable

Definitions

Mental Health: NQTL does not apply for this classification

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical: NQTL does not apply for this classification

Sources

Mental Health

- Not Applicable

Substance Use Disorder

- Not Applicable

Medical/Surgical

Question Skipped

Evidentiary Standards

Mental Health

Question Skipped

Substance Use Disorder

Question Skipped

Medical/Surgical

Question Skipped

Explain

Mental Health:

Substance Use Disorder:

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Factor: Not Applicable

Definitions

Mental Health: NQTL does not apply for this classification

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical: NQTL does not apply for this classification

Sources

Mental Health

Question Skipped

Substance Use Disorder

- Not Applicable

Medical/Surgical

- Not Applicable

Evidentiary Standards

Mental Health

Question Skipped

Substance Use Disorder

Question Skipped

Medical/Surgical

- Not Applicable

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Office Based

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Office Based

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Office Based

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Office Based

Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Office Based

Factor: Not Applicable

Definitions

Mental Health:

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical: NQTL does not apply for this classification

Sources

Mental Health

Substance Use Disorder

- Not Applicable

Medical/Surgical

- Not Applicable

Evidentiary Standards

Mental Health

Substance Use Disorder

Question Skipped

Medical/Surgical

Question Skipped

Explain

Substance Use Disorder:

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Inpatient

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Inpatient

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Inpatient

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Inpatient

Factor: Not Applicable

Definitions

Mental Health: NQTL does not apply for this classification

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical: NQTL does not apply for this classification

Sources

Mental Health

- Not Applicable

Substance Use Disorder

- Not Applicable

Medical/Surgical

- Not Applicable

Evidentiary Standards

Mental Health

Question Skipped

Substance Use Disorder

- Not Applicable

Medical/Surgical

Question Skipped

Explain

Mental Health:

Substance Use Disorder:

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- fail first protocol

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- fail first protocol

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- fail first protocol

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- fail first protocol

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Lack of clinical efficiency of treatment or service
- Safety risks
- fail first protocol
- Medical Necessity
- clinical appropriateness/medical necessity
- Fiscal responsibility/Cost effectiveness
- lower generic cost

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Lack of clinical efficiency of treatment or service
- Safety risks
- fail first protocol
- Medical Necessity
- clinical appropriateness/medical necessity
- Fiscal responsibility/Cost effectiveness

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: fail first protocol

Definitions

Mental Health: fail first protocol

Substance Use Disorder: fail first protocol

Medical/Surgical: fail first protocol

Sources

Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits
- prior authorization policy

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium
- Process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium
- Process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- Design of Benefit Plan

Explain

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Lack of clinical efficiency of treatment or service

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: When service is not done timely and with appropriate level of quality.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits
- FDA Approved drug monographs
- american hospital formulary service
- united states pharmacopeia
- clinical pharmacology

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Mental Health:

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Safety risks

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: risk of PA drug compared to other drugs considered

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits
- prior authorization policy
- FDA Approved drug monographs
- american hospital formulary service
- united states pharmacopeia
- clinical pharmacology

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Mental Health:

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Medical Necessity

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: This term refers to services or supplies for diagnosing, evaluating, treating or preventing an injury, illness, condition or disease, based on evidence-based clinical standards of care. Medically necessary services are accepted health care services and supplies provided by health care entities, appropriate to evaluation and treatment of a disease, condition, illness or injury and consistent with the applicable standard of care. Determination of medical necessity is based on specific criteria. Note: This definition is based on the Centers for Medicare & Medicaid Services (CMS) and American College of Medical Quality (ACMQ) definitions.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits
- FDA Approved drug monographs
- american hospital formulary service
- united states pharmacopeia
- clinical pharmacology

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Design of Benefit Plan

Explain

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: clinical appropriateness/medical necessity

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Identified measures in place to determine the most appropriate treatment option for participants based on the participant's medical status, the placement of the treatment option on the PDL, and the treatment option's clinical criteria.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits
- FDA Approved drug monographs
- american hospital formulary service
- united states pharmacopeia
- clinical pharmacology

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Design of Benefit Plan

Explain

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Fiscal responsibility/Cost effectiveness

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Examination of a drug's actual cost and rebateable status for the State with an emphasis on cost conservation and reduction of waste for the Department while still maintaining the accessibility of care to participants

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits
- prior authorization policy
- FDA Approved drug monographs
- american hospital formulary service
- united states pharmacopeia
- clinical pharmacology

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Design of Benefit Plan

Explain

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: lower generic cost

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: lower generic cost

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Design of Benefit Plan

Explain

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Considered

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Not Applicable
- Least restrictive appropriate level of care

Considered

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Medical Necessity Criteria.docx- Page 16.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization
- Current and projected demand for services
- Severity or chronicity of an illness
- Medicare/Medicaid program participation eligibility
- Service type
- Medical Necessity

Considered

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: High levels of variation in length of stay

Definitions

Mental Health: Individuals with the same illness having different courses of improvement.

Substance Use Disorder: Individuals with the same illness having different courses of improvement.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Question Skipped

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Substance Use Disorder: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Question Skipped

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: Severity or chronicity of an illness

Definitions

Mental Health: Does the medication match the severity and chronicity of the illness

Substance Use Disorder: Does the medication match the severity and chronicity of the illness

Medical/Surgical: Does the medication match the severity and chronicity of the illness

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Question Skipped

Medical/Surgical

Question Skipped

Explain

Mental Health:

Substance Use Disorder:

Medical/Surgical:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Factor: Service type

Definitions

- Mental Health:** Services with various levels of intensity, including frequency and expected duration;
- Substance Use Disorder:** Services with various levels of intensity, including frequency and expected duration;
- Medical/Surgical:** Services with various levels of intensity, including frequency and expected duration;

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Question Skipped

Medical/Surgical

Question Skipped

Explain

- Mental Health:**
- Substance Use Disorder:**
- Medical/Surgical:**

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: Least restrictive appropriate level of care

Definitions

Mental Health: lowest level of care the individual can be safely and effectively treated.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Factor: Not Applicable

Definitions

Mental Health:

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical:

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: Least restrictive appropriate level of care

Definitions

Mental Health:

Substance Use Disorder: Lowest level of care the individual can be safely and effectively treated.

Medical/Surgical:

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Utilization of a service or services beyond that which is deemed medically necessary; "Utilization that exceeds the threshold outlined in Milliman Care Guidelines. The Optimal Recovery Guidelines have been developed and validated by using the reported utilization experience from various databases. These databases include nationally representative samples of inpatients and outpatients. In terms of guideline development, the purpose of database analysis is to confirm the reasonability and clinical appropriateness of care guideline utilization goals and objectives. Inpatient & Surgical Care guidelines are linked to a Benchmark Statistics Dashboard, which displays statistical information regarding utilization of services by patients falling under that guideline. The dashboards are accessed by a link marked ""Benchmark Statistics"" at the top of the guideline page."

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: Current and projected demand for services

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Current service utilization and anticipated utilization based on prior trends in utilization and population growth. (LTSS)

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: Medicare/Medicaid program participation eligibility

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Federal and State requirements for participation in the Medicare/Medicaid program, including those pertaining to medical, technical and financial eligibility

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Factor: Medical Necessity

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: This term refers to services or supplies for diagnosing, evaluating, treating or preventing an injury, illness, condition or disease, based on evidence-based clinical standards of care. Medically necessary services are accepted health care services and supplies provided by health care entities, appropriate to evaluation and treatment of a disease, condition, illness or injury and consistent with the applicable standard of care. Determination of medical necessity is based on specific criteria. Note: This definition is based on the Centers for Medicare & Medicaid Services (CMS) and American College of Medical Quality (ACMQ) definitions.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

- Aetna Policy Bulletins
- Milliman Criteria

Explain

Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Considered

Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Considered

Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Aetna Better Health UM Data.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization
- Service type
- Medical Necessity

Considered

Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Utilization of a service or services beyond that which is deemed medically necessary; "Utilization that exceeds the threshold outlined in Milliman Care Guidelines. The Optimal Recovery Guidelines have been developed and validated by using the reported utilization experience from various databases. These databases include nationally representative samples of inpatients and outpatients. In terms of guideline development, the purpose of database analysis is to confirm the reasonability and clinical appropriateness of care guideline utilization goals and objectives. Inpatient & Surgical Care guidelines are linked to a Benchmark Statistics Dashboard, which displays statistical information regarding utilization of services by patients falling under that guideline. The dashboards are accessed by a link marked ""Benchmark Statistics"" at the top of the guideline page."

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;

Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration;

Medical/Surgical: Services with various levels of intensity, including frequency and expected duration;

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Factor: Medical Necessity

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: This term refers to services or supplies for diagnosing, evaluating, treating or preventing an injury, illness, condition or disease, based on evidence-based clinical standards of care. Medically necessary services are accepted health care services and supplies provided by health care entities, appropriate to evaluation and treatment of a disease, condition, illness or injury and consistent with the applicable standard of care. Determination of medical necessity is based on specific criteria. Note: This definition is based on the Centers for Medicare & Medicaid Services (CMS) and American College of Medical Quality (ACMQ) definitions.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Milliman Criteria

Explain

Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Factor: High levels of variation in length of stay

Definitions

Mental Health: Individuals with the same illness having different courses of improvement.

Substance Use Disorder: Individuals with the same illness having different courses of improvement.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Substance Use Disorder: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Factor: Severity or chronicity of an illness

Definitions

Mental Health: Does the medication match the severity and chronicity of the illness

Substance Use Disorder: Does the medication match the severity and chronicity of the illness

Medical/Surgical:

Sources

Mental Health

- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.

Substance Use Disorder: Lowest level of care the individual can be safely and effectively treated.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- UM Program Description Maryland 2020 Final 8-2020.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization
- Lack of clinical efficiency of treatment or service
- High variability in cost per episode of care
- Lack of adherence to quality standards
- Service type
- Relative reimbursement rates
- Medical Necessity

Considered

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Factor: High levels of variation in length of stay

Definitions

Mental Health: Individuals with the same illness having different courses of improvement.

Substance Use Disorder: Individuals with the same illness having different courses of improvement.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Substance Use Disorder: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Factor: Severity or chronicity of an illness

Definitions

- Mental Health:** Does the medication match the severity and chronicity of the illness
- Substance Use Disorder:** Does the medication match the severity and chronicity of the illness
- Medical/Surgical:**

Sources

- | | | |
|---|--|-------------------------|
| Mental Health <ul style="list-style-type: none">Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits | Substance Use Disorder <ul style="list-style-type: none">Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits | Medical/Surgical |
|---|--|-------------------------|

Evidentiary Standards

- | | | |
|--|---|-------------------------|
| Mental Health <ul style="list-style-type: none">Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. | Substance Use Disorder <ul style="list-style-type: none">Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. | Medical/Surgical |
|--|---|-------------------------|

Explain

- Mental Health:**
- Substance Use Disorder:**

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Factor: Service type

Definitions

- Mental Health:** Services with various levels of intensity, including frequency and expected duration;
- Substance Use Disorder:** Services with various levels of intensity, including frequency and expected duration;
- Medical/Surgical:** Services with various levels of intensity, including frequency and expected duration;

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Question Skipped

Explain

- Mental Health:**
- Substance Use Disorder:**
- Medical/Surgical:**

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.

Substance Use Disorder: Lowest level of care the individual can be safely and effectively treated.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Utilization of a service or services beyond that which is deemed medically necessary; "Utilization that exceeds the threshold outlined in Milliman Care Guidelines. The Optimal Recovery Guidelines have been developed and validated by using the reported utilization experience from various databases. These databases include nationally representative samples of inpatients and outpatients. In terms of guideline development, the purpose of database analysis is to confirm the reasonability and clinical appropriateness of care guideline utilization goals and objectives. Inpatient & Surgical Care guidelines are linked to a Benchmark Statistics Dashboard, which displays statistical information regarding utilization of services by patients falling under that guideline. The dashboards are accessed by a link marked ""Benchmark Statistics"" at the top of the guideline page."

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Factor: Lack of clinical efficiency of treatment or service

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: When service is not done timely and with appropriate level of quality.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Factor: High variability in cost per episode of care

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Not Applicable. Did not select in Q P1Q2 and Q3.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Factor: Lack of adherence to quality standards

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Does the diagnosis match the medication prescribed for standards of care

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Factor: Relative reimbursement rates

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: reimbursement rates that vary based on parameters such as place of service

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Factor: Medical Necessity

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: This term refers to services or supplies for diagnosing, evaluating, treating or preventing an injury, illness, condition or disease, based on evidence-based clinical standards of care. Medically necessary services are accepted health care services and supplies provided by health care entities, appropriate to evaluation and treatment of a disease, condition, illness or injury and consistent with the applicable standard of care. Determination of medical necessity is based on specific criteria. Note: This definition is based on the Centers for Medicare & Medicaid Services (CMS) and American College of Medical Quality (ACMQ) definitions.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

- Aetna Policy Bulletins
- Milliman Criteria

Explain

Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Maryland_PDL_7.1.20.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- clinical appropriateness/medical necessity
- Fiscal responsibility/Cost effectiveness
- Medication status on Preferred Drug List (PDL) as determined by the Preferred Drug Program via recommendations by the Pharmacy & Therapeutics (P&T) Committee

Standard 9

NQTL Type: medical necessity
Classification: Prescription Drugs
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Maryland_PDL_7.1.20.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- clinical appropriateness/medical necessity
- Fiscal responsibility/Cost effectiveness
- Medication status on Preferred Drug List (PDL) as determined by the Preferred Drug Program via recommendations by the Pharmacy & Therapeutics (P&T) Committee

Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Provider Manual- Pharmacy PA.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Lack of clinical efficiency of treatment or service
- Medical Necessity
- clinical appropriateness/medical necessity
- Fiscal responsibility/Cost effectiveness
- Medication status on Preferred Drug List (PDL) as determined by the Preferred Drug Program via recommendations by the Pharmacy & Therapeutics (P&T) Committee

Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Factor: Lack of clinical efficiency of treatment or service

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: When service is not done timely and with appropriate level of quality.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

Explain

Standard 9

NQTL Type: medical necessity
Classification: Prescription Drugs
Factor: Medical Necessity

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: This term refers to services or supplies for diagnosing, evaluating, treating or preventing an injury, illness, condition or disease, based on evidence-based clinical standards of care. Medically necessary services are accepted health care services and supplies provided by health care entities, appropriate to evaluation and treatment of a disease, condition, illness or injury and consistent with the applicable standard of care. Determination of medical necessity is based on specific criteria. Note: This definition is based on the Centers for Medicare & Medicaid Services (CMS) and American College of Medical Quality (ACMQ) definitions.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Design of Benefit Plan

Explain

Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Factor: clinical appropriateness/medical necessity

Definitions

Mental Health: Identified measures in place to determine the most appropriate treatment option for participants based on the participant's medical status, the placement of the treatment option on the PDL, and the treatment option's clinical criteria.

Substance Use Disorder: Identified measures in place to determine the most appropriate treatment option for participants based on the participant's medical status, the placement of the treatment option on the PDL, and the treatment option's clinical criteria.

Medical/Surgical: Identified measures in place to determine the most appropriate treatment option for participants based on the participant's medical status, the placement of the treatment option on the PDL, and the treatment option's clinical criteria.

Sources

Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium
- Process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium
- Process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

Explain

Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Factor: Fiscal responsibility/Cost effectiveness

Definitions

Mental Health: Examination of a drug's actual cost and rebateable status for the State with an emphasis on cost conservation and reduction of waste for the Department while still maintaining the accessibility of care to participants

Substance Use Disorder: Examination of a drug's actual cost and rebateable status for the State with an emphasis on cost conservation and reduction of waste for the Department while still maintaining the accessibility of care to participants

Medical/Surgical: Examination of a drug's actual cost and rebateable status for the State with an emphasis on cost conservation and reduction of waste for the Department while still maintaining the accessibility of care to participants

Sources

Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium
- Process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium
- Process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

Explain

Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Factor: Medication status on Preferred Drug List (PDL) as determined by the Preferred Drug Program via recommendations by the Pharmacy & Therapeutics (P&T) Committee

Definitions

Mental Health: A drug's classification within the Preferred Drug List (PDL), which is a list of the Department's Preferred and Non-Preferred drugs developed by the Department's Preferred Drug Program via recommendations made by the Pharmacy & Therapeutics (P&T) Committee

Substance Use Disorder: A drug's classification within the Preferred Drug List (PDL), which is a list of the Department's Preferred and Non-Preferred drugs developed by the Department's Preferred Drug Program via recommendations made by the Pharmacy & Therapeutics (P&T) Committee

Medical/Surgical: A drug's classification within the Preferred Drug List (PDL), which is a list of the Department's Preferred and Non-Preferred drugs developed by the Department's Preferred Drug Program via recommendations made by the Pharmacy & Therapeutics (P&T) Committee

Sources

Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

Explain

Standard 9

NQTL Type: medical necessity
Classification: Emergency Benefits
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: medical necessity
Classification: Emergency Benefits
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: medical necessity

Classification: Emergency Benefits

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Sudden and Serious

Standard 9

NQTL Type: medical necessity
Classification: Emergency Benefits
Factor: Not Applicable

Definitions

Mental Health: NQTL does not apply for this classification
Substance Use Disorder: NQTL does not apply for this classification
Medical/Surgical:

Sources

Mental Health <i>Question Skipped</i>	Substance Use Disorder <i>Question Skipped</i>	Medical/Surgical
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Evidentiary Standards

Mental Health <i>Question Skipped</i>	Substance Use Disorder <i>Question Skipped</i>	Medical/Surgical
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Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: medical necessity
Classification: Emergency Benefits
Factor: Sudden and Serious

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: The “prudent layperson standard” means the standard for determining the existence of an emergency medical condition whereby a prudent layperson who possesses an average knowledge of health and medicine determines that a medical condition manifests itself by acute symptoms of sufficient severity, including severe pain, such that the person could reasonably expect the absence of immediate medical attention to result in placing the health of the individual (or with respect to a pregnant woman, the health of the woman or her unborn child) in serious jeopardy, serious impairment to bodily functions, or serious dysfunction of any bodily organ or part.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Severity or chronicity of an illness
- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Severity or chronicity of an illness
- Service type

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization
- Elasticity of demand
- Medicare/Medicaid program participation eligibility
- Service type
- Quality and performance measures (including customer feedback)
- Safety risks
- Medical Necessity

Considered

- Par Status

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization
- Safety risks
- Medical Necessity

Considered

- Par Status

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Utilization of a service or services beyond that which is deemed medically necessary; "Utilization that exceeds the threshold outlined in Milliman Care Guidelines. The Optimal Recovery Guidelines have been developed and validated by using the reported utilization experience from various databases. These databases include nationally representative samples of inpatients and outpatients. In terms of guideline development, the purpose of database analysis is to confirm the reasonability and clinical appropriateness of care guideline utilization goals and objectives. Inpatient & Surgical Care guidelines are linked to a Benchmark Statistics Dashboard, which displays statistical information regarding utilization of services by patients falling under that guideline. The dashboards are accessed by a link marked ""Benchmark Statistics"" at the top of the guideline page."

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

- Milliman Criteria

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Elasticity of demand

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: The change in demand, ostensibly referring to the demand for services, based on other factors

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Medicare/Medicaid program participation eligibility

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Federal and State requirements for participation in the Medicare/Medicaid program, including those pertaining to medical, technical and financial eligibility

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;

Substance Use Disorder:

Medical/Surgical: Services with various levels of intensity, including frequency and expected duration;

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Mental Health:

Substance Use Disorder:

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Quality and performance measures (including customer feedback)

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Measures intended to evaluate and improve the quality of services, including, but not limited to: performance measures associated with waiver assurances, State regulations, national quality standards and pay for performance efforts.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Safety risks

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: risk of PA drug compared to other drugs considered

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Medical Necessity

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: This term refers to services or supplies for diagnosing, evaluating, treating or preventing an injury, illness, condition or disease, based on evidence-based clinical standards of care. Medically necessary services are accepted health care services and supplies provided by health care entities, appropriate to evaluation and treatment of a disease, condition, illness or injury and consistent with the applicable standard of care. Determination of medical necessity is based on specific criteria. Note: This definition is based on the Centers for Medicare & Medicaid Services (CMS) and American College of Medical Quality (ACMQ) definitions.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

- Aetna Policy Bulletins
- Milliman Criteria

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Par Status

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Provider is contracted with the plan.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

- State regulatory standards for health plan network adequacy.

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Not Applicable

Definitions

Mental Health:

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical:

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Substance Use Disorder:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Severity or chronicity of an illness

Definitions

Mental Health: Does the medication match the severity and chronicity of the illness

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Severity or chronicity of an illness
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Severity or chronicity of an illness
- Least restrictive appropriate level of care

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Severity or chronicity of an illness
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Severity or chronicity of an illness
- Least restrictive appropriate level of care

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Lack of clinical efficiency of treatment or service
- Lack of adherence to quality standards
- Severity or chronicity of an illness
- Medicare/Medicaid program participation eligibility
- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Lack of clinical efficiency of treatment or service
- Lack of adherence to quality standards
- Severity or chronicity of an illness

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Factor: Severity or chronicity of an illness

Definitions

Mental Health: Does the medication match the severity and chronicity of the illness

Substance Use Disorder: Does the medication match the severity and chronicity of the illness

Medical/Surgical: Does the medication match the severity and chronicity of the illness

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.

Substance Use Disorder: Lowest level of care the individual can be safely and effectively treated.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Utilization of a service or services beyond that which is deemed medically necessary; "Utilization that exceeds the threshold outlined in Milliman Care Guidelines. The Optimal Recovery Guidelines have been developed and validated by using the reported utilization experience from various databases. These databases include nationally representative samples of inpatients and outpatients. In terms of guideline development, the purpose of database analysis is to confirm the reasonability and clinical appropriateness of care guideline utilization goals and objectives. Inpatient & Surgical Care guidelines are linked to a Benchmark Statistics Dashboard, which displays statistical information regarding utilization of services by patients falling under that guideline. The dashboards are accessed by a link marked ""Benchmark Statistics"" at the top of the guideline page."

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Explain

Medical/Surgical: Milliman Criteria

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Factor: Lack of clinical efficiency of treatment or service

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: When service is not done timely and with appropriate level of quality.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Milliman Criteria

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Factor: Lack of adherence to quality standards

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Does the diagnosis match the medication prescribed for standards of care

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Factor: Medicare/Medicaid program participation eligibility

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Federal and State requirements for participation in the Medicare/Medicaid program, including those pertaining to medical, technical and financial eligibility

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Factor: Service type

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Services with various levels of intensity, including frequency and expected duration;

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- High variability in cost per episode of care
- Service type
- Relative reimbursement rates
- Safety risks
- Medical Necessity
- Par Status

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
 - Safety risks
 - Medical Necessity
- Par Status

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: High levels of variation in length of stay

Definitions

Mental Health: Individuals with the same illness having different courses of improvement.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: Severity or chronicity of an illness

Definitions

Mental Health: Does the medication match the severity and chronicity of the illness

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration;

Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration;

Medical/Surgical: Services with various levels of intensity, including frequency and expected duration;

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Question Skipped

Explain

Mental Health:

Substance Use Disorder:

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: Least restrictive appropriate level of care

Definitions

Mental Health: lowest level of care the individual can be safely and effectively treated.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Utilization of a service or services beyond that which is deemed medically necessary; "Utilization that exceeds the threshold outlined in Milliman Care Guidelines. The Optimal Recovery Guidelines have been developed and validated by using the reported utilization experience from various databases. These databases include nationally representative samples of inpatients and outpatients. In terms of guideline development, the purpose of database analysis is to confirm the reasonability and clinical appropriateness of care guideline utilization goals and objectives. Inpatient & Surgical Care guidelines are linked to a Benchmark Statistics Dashboard, which displays statistical information regarding utilization of services by patients falling under that guideline. The dashboards are accessed by a link marked ""Benchmark Statistics"" at the top of the guideline page."

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

- Milliman Criteria

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Office Based
Factor: High variability in cost per episode of care

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: Not Applicable. Did not select in Q P1Q2 and Q3.

Sources

Mental Health	Substance Use Disorder	Medical/Surgical <ul style="list-style-type: none">• Internal claims analysis
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Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical <i>Question Skipped</i>
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Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: Relative reimbursement rates

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: reimbursement rates that vary based on parameters such as place of service

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: Safety risks

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: risk of PA drug compared to other drugs considered

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: Medical Necessity

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: This term refers to services or supplies for diagnosing, evaluating, treating or preventing an injury, illness, condition or disease, based on evidence-based clinical standards of care. Medically necessary services are accepted health care services and supplies provided by health care entities, appropriate to evaluation and treatment of a disease, condition, illness or injury and consistent with the applicable standard of care. Determination of medical necessity is based on specific criteria. Note: This definition is based on the Centers for Medicare & Medicaid Services (CMS) and American College of Medical Quality (ACMQ) definitions.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

- Aetna Policy Bulletins
- Milliman Criteria

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: Par Status

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Provider is contracted with the plan.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

- State regulatory standards for health plan network adequacy.
- Design of Benefit Plan

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Lack of clinical efficiency of treatment or service
- Severity or chronicity of an illness
- fail first protocol
- clinical appropriateness/medical necessity
- Medication status on Preferred Drug List (PDL) as determined by the Preferred Drug Program via recommendations by the Pharmacy & Therapeutics (P&T) Committee

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- fail first protocol
- clinical appropriateness/medical necessity

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Lack of clinical efficiency of treatment or service
- Severity or chronicity of an illness
- fail first protocol
- clinical appropriateness/medical necessity
- Medication status on Preferred Drug List (PDL) as determined by the Preferred Drug Program via recommendations by the Pharmacy & Therapeutics (P&T) Committee

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- fail first protocol
- clinical appropriateness/medical necessity

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Lack of clinical efficiency of treatment or service
- Lack of adherence to quality standards
- Severity or chronicity of an illness
- fail first protocol
- Clinical Practice and Guidelines
- Valid DEA or Controlled Substance
- Certificate or Acceptable Substitute
- clinical appropriateness/medical necessity
- Medication status on Preferred Drug List (PDL) as determined by the Preferred Drug Program via recommendations by the Pharmacy & Therapeutics (P&T) Committee

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Severity or chronicity of an illness
- Clinical Practice and Guidelines
- Valid DEA or Controlled Substance
- Certificate or Acceptable Substitute

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Lack of clinical efficiency of treatment or service

Definitions

Mental Health: When service is not done timely and with appropriate level of quality.

Substance Use Disorder: When service is not done timely and with appropriate level of quality.

Medical/Surgical: When service is not done timely and with appropriate level of quality.

Sources

Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Severity or chronicity of an illness

Definitions

Mental Health: Does the medication match the severity and chronicity of the illness

Substance Use Disorder: Does the medication match the severity and chronicity of the illness

Medical/Surgical: Does the medication match the severity and chronicity of the illness

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: fail first protocol

Definitions

Mental Health: fail first protocol

Substance Use Disorder: fail first protocol

Medical/Surgical: fail first protocol

Sources

Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium
- Process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium
- Process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: clinical appropriateness/medical necessity

Definitions

Mental Health: Identified measures in place to determine the most appropriate treatment option for participants based on the participant's medical status, the placement of the treatment option on the PDL, and the treatment option's clinical criteria.

Substance Use Disorder: Identified measures in place to determine the most appropriate treatment option for participants based on the participant's medical status, the placement of the treatment option on the PDL, and the treatment option's clinical criteria.

Medical/Surgical: Identified measures in place to determine the most appropriate treatment option for participants based on the participant's medical status, the placement of the treatment option on the PDL, and the treatment option's clinical criteria.

Sources

Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium
- Process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium
- Process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Medication status on Preferred Drug List (PDL) as determined by the Preferred Drug Program via recommendations by the Pharmacy & Therapeutics (P&T) Committee

Definitions

Mental Health: A drug's classification within the Preferred Drug List (PDL), which is a list of the Department's Preferred and Non-Preferred drugs developed by the Department's Preferred Drug Program via recommendations made by the Pharmacy & Therapeutics (P&T) Committee

Substance Use Disorder: A drug's classification within the Preferred Drug List (PDL), which is a list of the Department's Preferred and Non-Preferred drugs developed by the Department's Preferred Drug Program via recommendations made by the Pharmacy & Therapeutics (P&T) Committee

Medical/Surgical: A drug's classification within the Preferred Drug List (PDL), which is a list of the Department's Preferred and Non-Preferred drugs developed by the Department's Preferred Drug Program via recommendations made by the Pharmacy & Therapeutics (P&T) Committee

Sources

Mental Health

- Medical expert reviews
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Lack of adherence to quality standards

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Does the diagnosis match the medication prescribed for standards of care

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Clinical Practice and Guidelines

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Nationally recognized clinical guidelines

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- Aetna Policy Bulletins

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Valid DEA or Controlled Substance

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: valid license to prescribe controlled substances

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Aetna Policy Bulletins

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Certificate or Acceptable Substitute

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: valid license to prescribe controlled substances

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Aetna Policy Bulletins

Explain

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Maryland_PDL_7.1.20.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- clinical appropriateness/medical necessity
- Fiscal responsibility/Cost effectiveness
- Medication status on Preferred Drug List (PDL) as determined by the Preferred Drug Program via recommendations by the Pharmacy & Therapeutics (P&T) Committee

Standard 9

NQTL Type: tiered drug formulary
Classification: Prescription Drugs
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Maryland_PDL_7.1.20.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- clinical appropriateness/medical necessity
- Fiscal responsibility/Cost effectiveness
- Medication status on Preferred Drug List (PDL) as determined by the Preferred Drug Program via recommendations by the Pharmacy & Therapeutics (P&T) Committee

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- ABHMD_12380_Single Tier with Ref Drug_5973 (1).pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type applies to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Lack of clinical efficiency of treatment or service
- Severity or chronicity of an illness
- Safety risks
- clinical appropriateness/medical necessity
- Fiscal responsibility/Cost effectiveness
- Medication status on Preferred Drug List (PDL) as determined by the Preferred Drug Program via recommendations by the Pharmacy & Therapeutics (P&T) Committee

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Utilization of a service or services beyond that which is deemed medically necessary; "Utilization that exceeds the threshold outlined in Milliman Care Guidelines. The Optimal Recovery Guidelines have been developed and validated by using the reported utilization experience from various databases. These databases include nationally representative samples of inpatients and outpatients. In terms of guideline development, the purpose of database analysis is to confirm the reasonability and clinical appropriateness of care guideline utilization goals and objectives. Inpatient & Surgical Care guidelines are linked to a Benchmark Statistics Dashboard, which displays statistical information regarding utilization of services by patients falling under that guideline. The dashboards are accessed by a link marked ""Benchmark Statistics"" at the top of the guideline page."

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- Design of Benefit Plan

Explain

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: Lack of clinical efficiency of treatment or service

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: When service is not done timely and with appropriate level of quality.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits
- prior authorization policy
- FDA Approved drug monographs
- american hospital formulary service
- united states pharmacopeia
- clinical pharmacology

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: Severity or chronicity of an illness

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Does the medication match the severity and chronicity of the illness

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: Safety risks

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: risk of PA drug compared to other drugs considered

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits
- prior authorization policy
- FDA Approved drug monographs
- american hospital formulary service
- united states pharmacopeia
- clinical pharmacology

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: clinical appropriateness/medical necessity

Definitions

Mental Health: Identified measures in place to determine the most appropriate treatment option for participants based on the participant's medical status, the placement of the treatment option on the PDL, and the treatment option's clinical criteria.

Substance Use Disorder: Identified measures in place to determine the most appropriate treatment option for participants based on the participant's medical status, the placement of the treatment option on the PDL, and the treatment option's clinical criteria.

Medical/Surgical: Identified measures in place to determine the most appropriate treatment option for participants based on the participant's medical status, the placement of the treatment option on the PDL, and the treatment option's clinical criteria.

Sources

Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits
- prior authorization policy
- FDA Approved drug monographs
- american hospital formulary service
- united states pharmacopeia
- clinical pharmacology

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium
- Process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium
- Process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- Design of Benefit Plan

Explain

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: Fiscal responsibility/Cost effectiveness

Definitions

Mental Health: Examination of a drug's actual cost and rebateable status for the State with an emphasis on cost conservation and reduction of waste for the Department while still maintaining the accessibility of care to participants

Substance Use Disorder: Examination of a drug's actual cost and rebateable status for the State with an emphasis on cost conservation and reduction of waste for the Department while still maintaining the accessibility of care to participants

Medical/Surgical: Examination of a drug's actual cost and rebateable status for the State with an emphasis on cost conservation and reduction of waste for the Department while still maintaining the accessibility of care to participants

Sources

Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits
- prior authorization policy
- FDA Approved drug monographs
- american hospital formulary service
- united states pharmacopeia
- clinical pharmacology

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium
- Process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium
- Process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- Design of Benefit Plan

Explain

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: Medication status on Preferred Drug List (PDL) as determined by the Preferred Drug Program via recommendations by the Pharmacy & Therapeutics (P&T) Committee

Definitions

Mental Health: A drug's classification within the Preferred Drug List (PDL), which is a list of the Department's Preferred and Non-Preferred drugs developed by the Department's Preferred Drug Program via recommendations made by the Pharmacy & Therapeutics (P&T) Committee

Substance Use Disorder: A drug's classification within the Preferred Drug List (PDL), which is a list of the Department's Preferred and Non-Preferred drugs developed by the Department's Preferred Drug Program via recommendations made by the Pharmacy & Therapeutics (P&T) Committee

Medical/Surgical: A drug's classification within the Preferred Drug List (PDL), which is a list of the Department's Preferred and Non-Preferred drugs developed by the Department's Preferred Drug Program via recommendations made by the Pharmacy & Therapeutics (P&T) Committee

Sources

Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

Explain

Standard 10

Any parity flags found in Standard 10 are reported below. The number of flags per classification and limit type combination is shown.

Parity Flag			
	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Any classification/category/NQTL combination considered incomplete is reported in the table below.

Missing Information			
	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	-	-	Y
Outpatient - Other	-	-	Y
Outpatient - Office Based	-	-	Y
Emergency Benefits	-	-	Y
Prescription Drugs	-	-	Y

Standard 10

NQTL: Outlier Management

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Outlier Management Data 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Outlier Management Data 	<ul style="list-style-type: none"> • Frequency with which reviews are conducted • Degree of discretion exercised by utilization review staff • Frequency that authorization requirements are waived • Number of days or visits authorized per review • Utilization trends
Outpatient - Other	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Outlier Management Data 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Outlier Management Data 	<ul style="list-style-type: none"> • Frequency with which reviews are conducted • Utilization trends
Outpatient - Office Based	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Outlier Management Data 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Outlier Management Data 	<ul style="list-style-type: none"> • Utilization trends • provider financial analysis (monthly) • audits tracker (monthly) • duplicate records (monthly)
Emergency Benefits	-	• NQTL does not apply to any services in this classification	• Utilization trends
Prescription Drugs	-	-	-

Standard 10

NQTL: Service Limitations

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	-	-	-
Outpatient - Other	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> • NQTL does not apply to any services in this classification
Outpatient - Office Based	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • NQTL does not apply to any services in this classification
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Standard 10

NQTL: concurrent review

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Frequency with which reviews are conducted • Degree of discretion exercised by utilization review staff • Frequency that authorization requirements are waived • Average length of stay authorized per episode of care • Number of days or visits authorized per review • Utilization trends
Outpatient - Other	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> • Frequency with which reviews are conducted • Degree of discretion exercised by utilization review staff • Utilization trends • Dollar spend trends • Average appointment wait times • Compliance with self-imposed, customer, or regulator-imposed network adequacy standards. • Provider-to-enrollee ratios • Time and distance to network providers • Member satisfaction/consumer survey results • Results of secret shopper surveys to determine that network providers are actually accepting new patients • Assessments of provider directory accuracy • Complaint tracking (enrollees and providers) • Documentation of the steps taken to improve access by expanding networks, including outreach efforts to providers • Turnaround time to get submitted credentials reviewed, processed and approved or denied • Turnaround time to get clinicians with approved credentials loaded in the payment system • evaluation of annual concurrent reviews and prior authorization reviews completed on a quarterly basis

	Mental Health	Substance Use Disorder	Medical/Surgical
Outpatient - Office Based	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Utilization trends • Dollar spend trends • Average appointment wait times • Compliance with self-imposed, customer, or regulator-imposed network adequacy standards. • Provider-to-enrollee ratios • Time and distance to network providers • Member satisfaction/consumer survey results • Results of secret shopper surveys to determine that network providers are actually accepting new patients • Assessments of provider directory accuracy • Complaint tracking (enrollees and providers) • Documentation of the steps taken to improve access by expanding networks, including outreach efforts to providers • Turnaround time to get submitted credentials reviewed, processed and approved or denied • Turnaround time to get clinicians with approved credentials loaded in the payment system
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Standard 10

NQTL: data collection

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification
Outpatient - Other	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	-
Outpatient - Office Based	<ul style="list-style-type: none"> Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria Data Collection - Data Capture extract 	<ul style="list-style-type: none"> Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria Data Collection - Data Capture extract 	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification
Emergency Benefits	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification
Prescription Drugs	-	-	-

Standard 10

NQTL: fail first requirements/step therapy

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification
Outpatient - Other	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> Degree of discretion exercised by utilization review staff Not Applicable
Outpatient - Office Based	<ul style="list-style-type: none"> Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification
Emergency Benefits	-	-	-
Prescription Drugs	<ul style="list-style-type: none"> Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews Utilization trends Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization Clinical Criteria applied based on FDA labeling and requirements and Official Compendium 	<ul style="list-style-type: none"> Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews Utilization trends Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization Clinical Criteria applied based on FDA labeling and requirements and Official Compendium 	<ul style="list-style-type: none"> Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews Utilization trends Exception processes available for each NQTL requirement and when they may be applied. Clinical Criteria applied based on FDA labeling and requirements and Official Compendium compendium internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Standard 10

NQTL: medical necessity

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Frequency with which reviews are conducted • Degree of discretion exercised by utilization review staff • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Frequency that authorization requirements are waived • Number of days or visits authorized per review • Utilization trends
Outpatient - Other	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Degree of discretion exercised by utilization review staff • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Utilization trends • tracking of denial of plans of service that do not meet medical necessity

	Mental Health	Substance Use Disorder	Medical/Surgical
Outpatient - Office Based	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Utilization trends • duplicate restorations (monthly)
Emergency Benefits	<ul style="list-style-type: none"> • NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> • NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> • Utilization trends • The "prudent layperson standard" means the standard for determining the existence of an emergency medical condition whereby a prudent layperson who possesses an average knowledge of health and medicine determines that a medical condition manifests itself by acute symptoms of sufficient severity, including severe pain, such that the person could reasonably expect the absence of immediate medical attention to result in placing the health of the individual (or with respect to a pregnant woman, the health of the woman or her unborn child) in serious jeopardy, serious impairment to bodily functions, or serious dysfunction of any bodily organ or part.
Prescription Drugs	<ul style="list-style-type: none"> • Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews • Utilization trends • Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization • Clinical Criteria applied based on FDA labeling and requirements and Official Compendium 	<ul style="list-style-type: none"> • Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews • Utilization trends • Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization • Clinical Criteria applied based on FDA labeling and requirements and Official Compendium 	<ul style="list-style-type: none"> • Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Utilization trends • Exception processes available for each NQTL requirement and when they may be applied. • Design of Benefit Plan • Clinical Criteria applied based on FDA labeling and requirements and Official Compendium • compendium internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Standard 10

NQTL: prior authorization/pre authorization

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Frequency with which reviews are conducted • Degree of discretion exercised by utilization review staff • Frequency that authorization requirements are waived • Average length of stay authorized per episode of care • Number of days or visits authorized per review • Utilization trends • Assessments of provider directory accuracy
Outpatient - Other	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> • Frequency with which reviews are conducted • Degree of discretion exercised by utilization review staff • Number of days or visits authorized per review • Utilization trends • Dollar spend trends • Average appointment wait times • Compliance with self-imposed, customer, or regulator-imposed network adequacy standards. • Provider-to-enrollee ratios • Time and distance to network providers • Member satisfaction/consumer survey results • Results of secret shopper surveys to determine that network providers are actually accepting new patients • Assessments of provider directory accuracy • Complaint tracking (enrollees and providers) • Documentation of the steps taken to improve access by expanding networks, including outreach efforts to providers • Turnaround time to get submitted credentials reviewed, processed and approved or denied • Turnaround time to get clinicians with approved credentials loaded in the payment system • evaluation of annual concurrent reviews and prior authorization reviews completed on a quarterly basis

Mental Health**Substance Use Disorder****Medical/Surgical****Outpatient - Office Based**

- Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers
- Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria
- Authorization Denial Rates for MH/SUD

- Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers
- Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria
- Authorization Denial Rates for MH/SUD

- Utilization trends
- Dollar spend trends
- Average appointment wait times
- Compliance with self-imposed, customer, or regulator-imposed network adequacy standards.
- Provider-to-enrollee ratios
- Time and distance to network providers
- Member satisfaction/consumer survey results
- Results of secret shopper surveys to determine that network providers are actually accepting new patients
- Assessments of provider directory accuracy
- Complaint tracking (enrollees and providers)
- Documentation of the steps taken to improve access by expanding networks, including outreach efforts to providers
- Turnaround time to get submitted credentials reviewed, processed and approved or denied
- Turnaround time to get clinicians with approved credentials loaded in the payment system
- services preauthorized not received (monthly)

Emergency Benefits

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Prescription Drugs

- Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews
- Utilization trends
- Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization
- Clinical Criteria applied based on FDA labeling and requirements and Official Compendium

- Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews
- Utilization trends
- Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization
- Clinical Criteria applied based on FDA labeling and requirements and Official Compendium

- Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews
- Utilization trends
- Dollar spend trends
- Exception processes available for each NQTL requirement and when they may be applied.
- Compliance with self-imposed, customer, or regulator-imposed network adequacy standards.
- review of claims activity per formulary design
- Clinical Criteria applied based on FDA labeling and requirements and Official Compendium
- compendium internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Standard 10

NQTL: tiered drug formulary

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	<ul style="list-style-type: none"> Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews Utilization trends Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization Clinical Criteria applied based on FDA labeling and requirements and Official Compendium 	<ul style="list-style-type: none"> Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews Utilization trends Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization Clinical Criteria applied based on FDA labeling and requirements and Official Compendium 	<ul style="list-style-type: none"> Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews Utilization trends generic drug use specialty pharmacy data Clinical Criteria applied based on FDA labeling and requirements and Official Compendium compendium internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Standard 10

NQTL Type: Outlier Management
Classification: Emergency Benefits
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Utilization trends

Supporting Documents

- UM ABH_MD for August 13 MOR and slie 2 QBR.pdf

Standard 10

NQTL Type: Outlier Management
Classification: Emergency Benefits
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- We DO NOT apply any NQTLs to the Emergency and Pharmacy Benefits.docx

Standard 10

NQTL Type: Outlier Management

Classification: Inpatient

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Outlier Management Data

Supporting Documents

- Sample monthly FWA report - Standard Template - MD.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: Outlier Management

Classification: Inpatient

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Outlier Management Data

Supporting Documents

- Sample monthly FWA report - Standard Template - MD.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Standard 10

NQTL Type: Outlier Management

Classification: Outpatient - Other

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Utilization trends

Supporting Documents

- (Aetna Better Health of Maryland)(2nd)QTR(2020)PreserviceListingReport.xlsx
- Authorization Detail Report CY 2020.xlsx

Standard 10

NQTL Type: Outlier Management

Classification: Outpatient - Other

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Outlier Management Data

Supporting Documents

- Sample monthly FWA report - Standard Template - MD.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Standard 10

NQTL Type: Outlier Management

Classification: Outpatient - Other

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Outlier Management Data

Supporting Documents

- Sample monthly FWA report - Standard Template - MD.xlsx

Standard 10

NQTL Type: Outlier Management

Classification: Outpatient - Office Based

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Utilization trends

Supporting Documents

- (Aetna Better Health of Maryland)(2nd)QTR(2020)PreserviceListingReport.xlsx
- Authorization Detail Report CY 2020.xlsx

Standard 10

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Outlier Management Data

Supporting Documents

- Sample monthly FWA report - Standard Template - MD.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Standard 10

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Outlier Management Data

Supporting Documents

- Sample monthly FWA report - Standard Template - MD.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: Service Limitations

Classification: Outpatient - Other

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

Standard 10

NQTL Type: Service Limitations

Classification: Outpatient - Other

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: Service Limitations

Classification: Outpatient - Other

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLS to OP -Other SUD.docx

Standard 10

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

Standard 10

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Standard 10

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Standard 10

NQTL Type: concurrent review

Classification: Inpatient

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Average length of stay authorized per episode of care

Supporting Documents

- UM ABH_MD for August 13 MOR and slie 2 QBR.pdf

Number of days or visits authorized per review

Supporting Documents

- UM ABH_MD for August 13 MOR and slie 2 QBR.pdf

Utilization trends

Supporting Documents

- UM ABH_MD for August 13 MOR and slie 2 QBR.pdf

Standard 10

NQTL Type: concurrent review

Classification: Inpatient

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: concurrent review

Classification: Inpatient

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: concurrent review

Classification: Outpatient - Other

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Assessments of provider directory accuracy

Supporting Documents

- Concurrent review From Provider Manual excerpt page 49.pdf

Standard 10

NQTL Type: concurrent review
Classification: Outpatient - Other
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: concurrent review

Classification: Outpatient - Other

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLS to OP -Other SUD.docx

Standard 10

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020 - Sample.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020 - Sample.xlsx

Standard 10

NQTL Type: data collection

Classification: Emergency Benefits

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- Not Applicable-Aetna.doc.docx

Standard 10

NQTL Type: data collection

Classification: Emergency Benefits

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- We DO NOT apply any NQTLs to the Emergency and Pharmacy Benefits.docx

Standard 10

NQTL Type: data collection

Classification: Emergency Benefits

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- We DO NOT apply any NQTLs to the Emergency and Pharmacy Benefits.docx

Standard 10

NQTL Type: data collection

Classification: Inpatient

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

Standard 10

NQTL Type: data collection

Classification: Inpatient

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to Inpatient-MH v2.0.docx

Standard 10

NQTL Type: data collection

Classification: Inpatient

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to Inpatient-SUD.docx

Standard 10

NQTL Type: data collection

Classification: Outpatient - Other

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to OP-Other-MH.docx

Standard 10

NQTL Type: data collection

Classification: Outpatient - Other

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLS to OP -Other SUD.docx

Standard 10

NQTL Type: data collection

Classification: Outpatient - Office Based

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

Standard 10

NQTL Type: data collection

Classification: Outpatient - Office Based

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Data Collection - Data Capture extract

Supporting Documents

- Data Collection NQTL - Data Capture.docx

Standard 10

NQTL Type: data collection

Classification: Outpatient - Office Based

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Data Collection - Data Capture extract

Supporting Documents

- Data Collection NQTL - Data Capture.docx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Inpatient

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- Not Applicable-Aetna.doc.docx

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Inpatient

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to Inpatient-MH.docx

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Inpatient

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to Inpatient-SUD v2.0.docx

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Not Applicable

Supporting Documents

- Not Applicable-Aetna.doc.docx

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to OP-Other-MH.docx

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLS to OP -Other SUD.docx

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Office Based

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- Not Applicable-Aetna.doc.docx

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Office Based

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020 - Sample.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Office Based

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to OP-Office SUD.docx

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Exception processes available for each NQTL requirement and when they may be applied.

Supporting Documents

- Aetna Medicaid PA guideline.pdf 2020.pdf

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Clinical Criteria applied based on FDA labeling and requirements and Official Compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization

Supporting Documents

- PA Review Process 7 27 20 DB.docx

Utilization trends

Supporting Documents

- P & T SOP Revised 02.10.2020 FINAL.docx

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Clinical Criteria applied based on FDA labeling and requirements and Official Compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Utilization trends

Supporting Documents

- P & T SOP Revised 02.10.2020 FINAL.docx

Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization

Supporting Documents

- PA Review Process 7 27 20 DB.docx

Standard 10

NQTL Type: medical necessity

Classification: Emergency Benefits

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

The “prudent layperson standard” means the standard for determining the existence of an emergency medical condition whereby a prudent layperson who possesses an average knowledge of health and medicine determines that a medical condition manifests itself by acute symptoms of sufficient severity, including severe pain, such that the person could reasonably expect the absence of immediate medical attention to result in placing the health of the individual (or with respect to a pregnant woman, the health of the woman or her unborn child) in serious jeopardy, serious impairment to bodily functions, or serious dysfunction of any bodily organ or part.

Supporting Documents

- Prudent Layperson for sudden and serious.pdf

Standard 10

NQTL Type: medical necessity

Classification: Emergency Benefits

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

Standard 10

NQTL Type: medical necessity

Classification: Emergency Benefits

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

Standard 10

NQTL Type: medical necessity

Classification: Inpatient

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Utilization trends

Supporting Documents

- Medical Necessity MCG Milliman sample .pdf
- Operational metrics on utilization.pdf

Standard 10

NQTL Type: medical necessity

Classification: Inpatient

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Standard 10

NQTL Type: medical necessity

Classification: Inpatient

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

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Supporting Documents

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Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: medical necessity

Classification: Outpatient - Other

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Utilization trends

Supporting Documents

- Outpatient other- PT.pdf

Standard 10

NQTL Type: medical necessity
Classification: Outpatient - Other
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Standard 10

NQTL Type: medical necessity
Classification: Outpatient - Other
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020 - Sample.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Utilization trends

Supporting Documents

- Statistical Companion to Ambulatory Care, 24th Edition.xlsx

Standard 10

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

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- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020 - Sample.xlsx

Standard 10

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020 - Sample.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

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Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: medical necessity

Classification: Prescription Drugs

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Exception processes available for each NQTL requirement and when they may be applied.

Supporting Documents

- Aetna Medicaid PA guideline.pdf 2020.pdf

Standard 10

NQTL Type: medical necessity

Classification: Prescription Drugs

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Clinical Criteria applied based on FDA labeling and requirements and Official Compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization

Supporting Documents

- PA Review Process 7 27 20 DB.docx

Utilization trends

Supporting Documents

- P & T SOP Revised 02.10.2020 FINAL.docx

Standard 10

NQTL Type: medical necessity
Classification: Prescription Drugs
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Clinical Criteria applied based on FDA labeling and requirements and Official Compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization

Supporting Documents

- PA Review Process 7 27 20 DB.docx

Utilization trends

Supporting Documents

- P & T SOP Revised 02.10.2020 FINAL.docx

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Average length of stay authorized per episode of care

Supporting Documents

- Aetna Better Health UM Data.pdf

Utilization trends

Supporting Documents

- Aetna Better Health UM Data.pdf

Number of days or visits authorized per review

Supporting Documents

- Aetna Better Health UM Data.pdf

Assessments of provider directory accuracy

Supporting Documents

- Analysis of Member Experience - Final.pdf

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Assessments of provider directory accuracy

Supporting Documents

- #7 NET 6CD Assessment of Physician Directory Accuracy 2019 - Final.pdf

Utilization trends

Supporting Documents

- Operational metrics on utilization.pdf

Compliance with self-imposed, customer, or regulator-imposed network adequacy standards.

Supporting Documents

- Aetna Medicaid PA guideline.pdf 2020.pdf

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLS to OP -Other SUD.docx

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Assessments of provider directory accuracy

Supporting Documents

- #7 NET 6CD Assessment of Physician Directory Accuracy 2019 - Final.pdf

Utilization trends

Supporting Documents

- Operational metrics on utilization.pdf
- 1.Authorization Detail Report CY 2020.xlsx

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Exception processes available for each NQTL requirement and when they may be applied.

Supporting Documents

- Aetna Medicaid PA guideline.pdf 2020.pdf

Dollar spend trends

Supporting Documents

- 1.ABHMD_12380_Single Tier with Ref Drug_5973 (1).pdf

Utilization trends

Supporting Documents

- pharmacy-QMUM minutes 9.10.2020.rxpresentation.pdf

Compliance with self-imposed, customer, or regulator-imposed network adequacy standards.

Supporting Documents

- A-MD 7600.07 Pharmacy Prior Authorization.pdf

review of claims activity per formulary design

Supporting Documents

- pharmacy-QMUM minutes 9.10.2020.rxpresentation.pdf

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Clinical Criteria applied based on FDA labeling and requirements and Official Compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization

Supporting Documents

- PA Review Process 7 27 20 DB.docx

Utilization trends

Supporting Documents

- P & T SOP Revised 02.10.2020 FINAL.docx

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Clinical Criteria applied based on FDA labeling and requirements and Official Compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Utilization trends

Supporting Documents

- P & T SOP Revised 02.10.2020 FINAL.docx

Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization

Supporting Documents

- PA Review Process 7 27 20 DB.docx

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Standard 10

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

specialty pharmacy data

Supporting Documents

- 1.ABHMD_12380_Single Tier with Ref Drug_5973 (1).pdf

generic drug use

Supporting Documents

- 1.ABHMD_12380_Single Tier with Ref Drug_5973 (1).pdf

Standard 10

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Clinical Criteria applied based on FDA labeling and requirements and Official Compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization

Supporting Documents

- PA Review Process 7 27 20 DB.docx

Utilization trends

Supporting Documents

- P & T SOP Revised 02.10.2020 FINAL.docx

Standard 10

NQTL Type: tiered drug formulary
Classification: Prescription Drugs
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Clinical Criteria applied based on FDA labeling and requirements and Official Compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization

Supporting Documents

- PA Review Process 7 27 20 DB.docx

Utilization trends

Supporting Documents

- P & T SOP Revised 02.10.2020 FINAL.docx