



# ParityManager™ Report

Maryland Department of Health

Medicaid - Merged Optum FFS Jai 9142020

September 30, 2020

4

Parity Flags

# Executive Summary

The table below displays a count of parity flags for each Standard.

	<b>Parity Flag</b>
Standard 4	0
Standard 5	0
Standard 6	0
Standard 7	0
Standard 8	4
Standard 9	0
Standard 10	0

The table below displays a count of Standards missing information and need additional input.

	<b>Missing Information</b>
Standard 4	Yes
Standard 5	-
Standard 6	Yes
Standard 7	Yes
Standard 8	-
Standard 9	-
Standard 10	Yes

The URAC ParityManager™ facilitates the processes that a modern parity compliance program needs to have but, as a document management and communications software solution, ParityManager™ does not in and of itself automatically result in parity compliant operations.

# Standard 4

Any parity flags are reported in the table below.

	<b>Parity Flag</b>
Lifetime Dollar Limits	0
Annual Dollar Limits	0

If either section is considered incomplete, it is reported in the table below.

	<b>Missing Information</b>
Lifetime Dollar Limits	Y
Annual Dollar Limits	Y

# Standard 5

Any parity flags are reported in the table below.

Parity Flag			
	Mental Health	Substance Use Disorder	Medical/Surgical
<b>Inpatient</b>	-	-	-
<b>Outpatient - Other</b>	-	-	-
<b>Outpatient - Office Based</b>	-	-	-
<b>Emergency Benefits</b>	-	-	-
<b>Prescription Drugs</b>	-	-	-

Any classification/category combination considered incomplete is reported in the table below.

Missing Information			
	Mental Health	Substance Use Disorder	Medical/Surgical
<b>Inpatient</b>	-	-	-
<b>Outpatient - Other</b>	-	-	-
<b>Outpatient - Office Based</b>	-	-	-
<b>Emergency Benefits</b>	-	-	-
<b>Prescription Drugs</b>	-	-	-

:

# Standard 5

Which of the following benefits does this plan cover?

	<b>Mental Health</b>	<b>Substance Use Disorder</b>	<b>Medical/Surgical</b>
<b>Inpatient</b>	Acute Care Services	Inpatient Detoxification--hospital	Nursing Facility: Nursing services
	Ancillary Services	Inpatient Detoxification-IMD (Licensed Intermediate Care Facilities for Addictions in Maryland)	Nursing Facility: Dietary services
	Anesthesia--Inpatient	Residential SUD Treatment--ASAM 3.1	Nursing Facility: Physician services
	Electroconvulsive therapy (ECT)--inpatient	Residential SUD Treatment--ASAM 3.3	Nursing Facility: Specialized rehabilitation
	Patient Consultation	Residential SUD Treatment--ASAM 3.5	Nursing Facility: Social work
	Psychological or neuropsychological testing and evaluation--inpatient	Residential SUD Treatment--ASAM 3.7	Nursing Facility: Activities
	Individual therapy--inpatient	Residential SUD Treatment--ASAM 3.7WM (Licensed ASAM 3.7D in Maryland)	Nursing Facility: Pharmaceutical services
	Group therapy--inpatient	Inpatient ASAM 4.0	Nursing Facility: Behavioral health services
	Family therapy--inpatient	Does not apply	Nursing Facility: Laboratory, radiology and other diagnostic testing
	Special Psychiatric Hospital	Nursing Facility: SUD services	Nursing Facility: Dental services
	Residential Treatment Centers	Individual therapy—SUD inpatient	Hospice: Short-term inpatient care
	Does not apply	Group therapy—SUD inpatient	Acute Care Services (Births/Deliveries)
	nursing facility MH services	Family therapy—SUD inpatient	Acute Care Services (Medical/Surgical)
		Discharge Day	Amputations--inpatient
		Ancillary Services-SUD	Ancillary Services
			Anesthesia--Inpatient
			Bariatric Surgery
			Bypass surgery--inpatient
			Cardiac Procedures (non-emergent)--inpatient
			Chemotherapy--inpatient

Mental Health	Substance Use Disorder	Medical/Surgical
		Corrective Surgery--inpatient
		Cosmetic Procedures--Inpatient
		Diagnostic and X-ray services: CT--inpatient
		Diagnostic and X-ray services: MRI--inpatient
		Diagnostic and X-ray services: PET--inpatient
		Diagnostic and X-ray services: Radiography--inpatient
		Dialysis--Inpatient
		Erectile Dysfunction Procedures
		Eye Procedures--Inpatient
		Gender affirmation surgery
		Grafts/Implants
		Occupational Therapy--inpatient
		Physical Therapy--inpatient
		Speech Therapy--inpatient
		Hospice Care--Inpatient
		Hospital Care--inpatient
		Hysterectomy
		Institutional Long Term Care/Skilled Nursing Facility (first 90 days)
		Investigational Surgeries/Clinical Trials--inpatient
		Neurostimulators
		Neurosurgical procedures--inpatient
		NICU/Sick baby/Detained baby
		Oncology Services--inpatient
		Plastic and Restorative Surgery--inpatient
		Post-Stabilization Services-inpatient
		Rehabilitation Services (Acute)
		Room and Board
		Spinal Cord Stimulator
		Surgery (nonurgent)--inpatient

	<b>Mental Health</b>	<b>Substance Use Disorder</b>	<b>Medical/Surgical</b>
			Surgery (urgent)--inpatient
			Transplants
			Transplants Pre and Post Transplant Services
			Transportation between hospitals
			Sterilization services--inpatient
<b>Outpatient - Other</b>	Laboratory Services	Drug Testing	Applied Behavior Analysis (autism services)--primarily in-home
	Mobile treatment-Assertive community treatment (ACT)	Laboratory Services	HIV/AIDS laboratory services
	Mobile treatment-non-ACT	Does not apply	Augmentive communication devices
	Targeted Case Management		Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
	Respite Care (1915i)		Oxygen
			HH: registered Nurse
			HH: Home Health Aide
			HH: physical therapy
			HH: Occupational therapy
			HH: Speech therapy
			Hospice: nursing services
			Hospice: Medical social services
			Hospice: Medical appliances and supplies
			Hospice: home health and aide services
			PACE: Day health care
			PACE: In-home care
			PACE: Nursing care
			PACE: Personal care
			PACE: Meals
			PACE: Recreation
			PACE: Social work
			PACE: Transportation
			CPAS and CFC: Nurse monitoring
			CPAS and CFC: Personal assistance services



Mental Health	Substance Use Disorder	Medical/Surgical
		CFC: Personal emergency response system
		CFC: Transition services
		CFC: Consumer training
		CFC: home delivered meals
		CFC: assistive technology
		CFC: Accessibility adaptations
		CFC: environmental assessments
		ICS: case management
		ICS: Medical Day Care
		ICS: Nutritionist/Dietician
		ICS: Family training
		ICS: behavioral consultation
		ICS: Assisted living
		ICS: senior Center Plus
		1915c: case management
		1915c: certified Nursing Assistant/Home Health Aide
		1915c: nursing (private duty) (21+ years of age)
		1915c: medical Day Care
		Autism: Family leave (retainer day)
		Autism: Residential habilitation (regular and intensive)
		Autism: Intensive individual support services
		Autism: Therapeutic integration (regular and intensive)
		Autism: adult life planning
		Autism: Respite care
		Autism: family training
		Autism: Environmental accessibility adaption
		Brain Injury: Residential habilitation
		Brain Injury: Day habilitation
		Brain injury: Supported employment

Mental Health	Substance Use Disorder	Medical/Surgical
		Brain injury: Individual support services
		Brain injury: medical Day Care
		HCBS: case management
		HCBS: Medical Day Care
		HCBS: Nutritionist/Dietician
		HCBS: family training
		HCBS: Behavioral consultation
		HCBS: Assisted living
		HCBS: senior Center Plus
		Medical Day Care Waiver with associated services
		Community Pathways and Community Supports waivers: Assistive technology and services
		Community Pathways and Community Supports waivers: Behavioral support services
		Community Pathways and Community Supports waivers: Career exploration
		Community Pathways and Community Supports waivers: Community development
		Community Pathways and Community Supports waivers: Day habilitation
		Community Pathways and Community Supports waivers: Employment discovery and customization
		Community Pathways and Community Supports waivers: Employment services
		Community Pathways and Community Supports waivers: Environmental assessment
		Community Pathways and Community Supports waivers: Environmental modification
		Community Pathways and Community Supports waivers: Family and peer mentoring supports
		Community Pathways and Community Supports waivers: Family caregiver training and empowerment
		Community Pathways and Community Supports waivers: Housing support services

Mental Health	Substance Use Disorder	Medical/Surgical
		Community Pathways and Community Supports waivers: Individual and family directed goods and services
		Community Pathways and Community Supports waivers: Medical Day Care
		Community Pathways and Community Supports waivers: Nurse case management and delegation
		Community Pathways and Community Supports waivers: Nurse consultation
		Community Pathways and Community Supports waivers: Nurse health case management
		Community Pathways and Community Supports waivers: Participant education, training and advocacy
		Community Pathways and Community Supports waivers: Personal supports
		Community Pathways and Community Supports waivers: Respite care services
		Community Pathways and Community Supports waivers: Support broker services
		Community Pathways and Community Supports waivers: Supported employment
		Community Pathways and Community Supports waivers: Transportation
		Community Pathways and Community Supports waivers: Vehicle modification
		Community Pathways only: community living
		Community Pathways only: live-in caregiver supports
		Community Pathways only: Remote support services
		Community Pathways only: Shared living
		Community Pathways only: Support living
		Community Pathways only: transition services
		Family Supports: Assistive technology and services
		Family Supports: Behavioral support services

Mental Health	Substance Use Disorder	Medical/Surgical
		Family Supports: Environmental assessment
		Family Supports: Environmental modification
		Family Supports: Family and peer mentoring supports
		Family Supports: Family caregiver training and empowerment
		Family Supports: Housing support services
		Family Supports: Individual and family directed goods and services
		Family Supports: Nurse case management and delegation
		Family Supports: Nurse consultation
		Family Supports: Participant education, training and advocacy
		Family Supports: Personal supports
		Family Supports: Respite care services
		Family Supports: Support broker services
		Family Supports: Transportation
		Family Supports: Vehicle modification
		HH: Registered Nurse
		Health-related services and targeted case management services provided to children when the services are specified in the child's Individualized Education Plan or Individualized Family Service Plan
		EPSDT: Nursing services (Registered Nurse, Licensed Practical Nurse, Certified Nursing Assistant-Certified Medication Technician)
		Medical Day Care waiver with associated services(16+ years of age):
		(2) Preventive services (semiannual cleanings, fluoride, etc.) - OP OR/ASC;
		(4) Diagnostic services (oral exams, x-rays, sealants, etc.) - OP OR/ASC;
		(6) Restorative services (filings, crowns, etc) - OP OR/ASC;
		(8) Endodontic services (root canals, etc.) - OP OR/ASC;
		(10) Periodontal services (scaling, full mouth debridement, etc.) - OP OR/ASC;

	Mental Health	Substance Use Disorder	Medical/Surgical
			(12)Prosthodontics (dentures, etc.) - OP OR/ASC;
			(14) Oral and Maxillofacial surgery services (extractions, etc.) - OP OR/ASC;
			(17) Anesthesia - OP OR/ASC.
			Care Management
			Targeted Case Management
			Diabetic Education
			National Diabetes Prevention Program
			DME/DMS Alternative Approach--Full category; need to identify any NQTLs that apply to any DME/DMS under the broad category. Description of NQTL factors should be more detailed.
			Genetic Testing
			Hepatitis C Virus Genotyping
			Home Health Services: medical supplies used for home health visit
			Home Health Services: occupational therapy
			Home Health Services: physical therapy
			Home Health Services: skilled nursing services
			Home Health Services: speech pathology services
			Hospice Care--Outpatient
			Laboratory Services
			Molecular Pathology Labs
			Neuro-Psychological Testing/Developmental Delay Programs
			Personal Care Services
			Private Duty Nursing
			Remote Patient Monitoring
			Applied Behavior Analysis (autism services)--primarily in-home
<b>Outpatient - Office Based</b>	Activity Therapy	Alcohol and/or drug assessment	Does not apply
	Biofeedback	Ambulatory detoxification	HH: Physical therapy

<b>Mental Health</b>	<b>Substance Use Disorder</b>	<b>Medical/Surgical</b>
Electroconvulsive therapy (ECT)--outpatient	Group therapy--outpatient	HH: Occupational therapy
Family Psycho-Educational Therapy	Individual therapy--outpatient	HH: Speech therapy
Family Therapy--outpatient	Intensive Outpatient (IOP)--ASAM 2.1	Hospice: Physician services
Group therapy--outpatient	MAT Initial Induction: Alcohol/Drug Services; Medical/Somatic (Medical Intervention in Ambulatory Setting)	Hospice: Counseling services (including dietary, spiritual and bereavement)
Health Behavior Assessment	MAT Initial Intake (Evaluation and Management, Including Rx)	Hospice: Physical therapy
Health Behavior Reassessment	MAT Ongoing (Evaluation and Management, including Rx)	Hospice: Occupational therapy
Individual Psycho-Educational Therapy	Partial Hospitalization (PHP)--ASAM 2.5	Hospice: Speech therapy
Individual therapy--outpatient	Opioid Treatment Program (OTP) services - including med management	PACE: Medical specialty services (podiatry, psychiatry, dentistry, optometry and audiology)
Intensive outpatient (IOP)	Buprenorphine guest dosing	PACE: Rehabilitation
Mental health assessment	Methadone guest dosing	ICS: Nutritionist/Dietician
Mental health reassessment	Methadone Maintenance	ICS: Behavioral consultation
Multiple family group therapy	Ongoing services (Buprenorphine/Naloxone): Alcohol/Other Drug Abuse Services, Not Otherwise Specified	1915c: Physician participation in plan of care meeting
Partial hospitalization (PHP)	Does not apply	Home and Community Based Options waiver:
Psychiatric Rehabilitation Services	SBIRT	HCBS: nutritionist/Dietician
Psychological or neuropsychological testing and evaluation	primary SUD Services (assessment, clinical evaluation, referral to ASO)	HCBS: behavioral consultation
Therapeutic Behavioral Services	health home services for SUD (opioid addiction) - opioid treatment program	HH: physical therapy
Transcranial Magnetic Stimulation (TMS)		1915c: physician participation in plan of care meeting
Traumatic Brain Injury (TBI) Day Habilitation		(1) Preventive services (semiannual cleanings, fluoride, etc.) - Clinic;
Evaluation and Management--Outpatient		(3) Diagnostic services (oral exams, x-rays, sealants, etc.) - Clinic;

Mental Health	Substance Use Disorder	Medical/Surgical
Anesthesia - Outpatient		(5) Restorative services (filings, crowns, etc.) - Clinic;
Does not apply		(7) Endodontic services (root canals, etc.) - Clinic;
health home services for MH reasons (serious and persistent mental illness (SPMI) - services by mobile treatment services (MTS) or psychological rehabilitation programs		(9) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
primary mental health services (assessment, clinical evaluation, referral to ASO)		(11) Prosthodontics (dentures, etc.) - Clinic;
		(13) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic;
		(15) Orthodontic services - Clinic;
		(16) Anesthesia - Clinic; and
		(1) Preventive services (cleanings, fluoride, etc.) - Clinic;
		(2) Diagnostic services (oral exams, x-rays, etc.) - Clinic;
		(3) Restorative services (filings, crowns, etc.) - Clinic;
		(4) Endodontic services (root canals, etc.) - Clinic;
		(5) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
		(6) Prosthodontics (adjustment of dentures, etc.) - Clinic;
		(7) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic; and
		(8) Anesthesia - Clinic.
		Acne Services
		Acupuncture
		Amputations--outpatient
		Audiology Services (hearing loss assessment and treatment)
		Blood/Blood Products
		Bypass surgery--outpatient
		Capsule Endoscopy
		Cardiac Procedures (non-emergent)--outpatient
		Cardiac Rehabilitation

Mental Health	Substance Use Disorder	Medical/Surgical
		Chemotherapy--outpatient
		Chiropractic Services
		Circumcision
		Clinic Services--FQHC
		Clinic Services--Coumadin Clinic
		Clinic Services--SBHC
		Clinic Services--Other
		Clinic Services--Heart Failure Clinic
		Clinic Services--Wound Clinic
		Corrective Surgery--outpatient
		Cosmetic Procedures/Surgeries--outpatient
		Dermatology Procedures
		Diagnostic and X-ray services: CT--outpatient
		Diagnostic and X-ray services: MRI--outpatient
		Diagnostic and X-ray services: PET--outpatient
		Diagnostic and X-ray services: Radiography--outpatient
		Dialysis--outpatient
		Foster Care Evaluation/Check-up for children entering State custody
		Genetic Counseling
		Grafts/Implants--outpatient
		Hyperbaric Oxygen Therapy
		Infusion/Maintenance Drug Infusion
		Investigational Surgeries/Clinical Trials--outpatient
		National Diabetes Prevention Program Services
		Nerve Stimulator--outpatient
		Neuro-Psychological Testing/Developmental Delay Programs
		Neurosurgical procedures--outpatient
		Newborn Office Services



Mental Health	Substance Use Disorder	Medical/Surgical
		Nutritional Counseling
		OB Ultrasound
		Occupational Therapy
		Oncology Treatment
		Oral Surgery Adult
		Oral Surgery Child
		Outpatient hospital care (emergent)
		Outpatient hospital care (non-emergent)
		Outpatient Rehabilitative services
		Outpatient Surgery (Ambulatory Surgery Center)
		Pain Management Procedures
		Pain Management Visits
		Physical Therapy
		Plastic and Restorative Surgery--outpatient
		Podiatry Services
		Post-Stabilization Services
		Pregnancy-related Services (OB Care)
		Primary Care
		Proton Therapy Treatment
		Pulmonary Rehab
		Sleep Studies /Sleep Apnea Studies
		Somatic services related to gender dysphoria
		Specialty Care
		Speech Therapy--outpatient
		Sterlization Services--outpatient
		Transplants Pre and Post Transplant Services--outpatient
		Urgent Care
		Vision Services
		Wound Vacuum-assisted closure (VAC)
		Post-Stabilization Services-outpatient

	<b>Mental Health</b>	<b>Substance Use Disorder</b>	<b>Medical/Surgical</b>
<b>Emergency Benefits</b>	Emergency Room- All inclusive ancillary services	Emergency Room- All inclusive ancillary services	Does not apply
	Emergency Room- Medications	Emergency Room- Medications	Emergency Services billed with CDT codes
	Emergency Room--Beyond EMTALA Screening	Emergency Room--Beyond EMTALA Screening	Emergency Transportation (Ambulance)
	Emergency Room--EMTALA Screening	Emergency Room--EMTALA Screening	Observation Stay up to 24 h
	Emergency Room--Post Stabilization Services	Emergency Room--Post Stabilization Services	Air Ambulance
	Emergency Room--Stabilization Services	Emergency Room--Stabilization Services	Emergency Transport--Basic Life Support
	Emergency Room-Clinical Laboratory	Emergency Room-Clinical Laboratory	Emergency Transport--Advanced Life Support (ALS)
	Emergency Room-General Services	Emergency Room-General Services	Emergency Room--EMTALA Screening
	Observation Stay--24 h	Observation Stay--24 h	Emergency Room--Beyond EMTALA Screening
	Does not apply	Does not apply	Emergency Room- All inclusive ancillary services
	emergency transportation ambulance	emergency transportation (ambulance)	Emergency Room-General Services
			Emergency Room-Clinical Laboratory
			Emergency Room- Medications
			Emergency Room-Radiology
			Emergency Room- Dental Services
			Emergency Room-Post-Stabilization Services
			Emergency Room--Stabilization Services
<b>Prescription Drugs</b>	Don't provide services for this classification	ZUBSOLV	cinryze
	Does not apply	SUBOXONE	spinraza
	Abilify Maintena	BUNAVAIL	zolgensma
	Abilify MyCite	SUBUTEX	MCO administered prescription drug
	Adasuve	SUBLOCADE	
	Adhansia XR	VIVITROL	
	Adzenys XR ODT	Not Applicable	
	amphetamine ER suspension (Adzenys ER)	Does not apply	
	amphetamine sulfate (Evekeo)	acamprosate (Campral)	

<b>Mental Health</b>	<b>Substance Use Disorder</b>	<b>Medical/Surgical</b>
Aplenzin	buprenorphine	
Aptensio XR	buprenorphine/naloxone film	
Aptiom	buprenorphine/naloxone tablets	
aripiprazole (Abilify)	Campral	
aripiprazole ODT (Abilify Discmelt)	Lucemyra	
Aristada	naltrexone	
Aristada Initio	Nicotrol® nasal spray, inhaler	
armodafinil (Nuvigil)	Sublocade	
atomoxetine (Strattera)	Vivitrol	
Banzel	chantix	
Belsomra	disulfiram (Antabuse)	
Briviact (multiple formulations)	nicotine gum	
bupropion XL (Forfivo XL)	nicotine lozenge	
bupirone	nicotine patches	
carbamazepine suspension (Tegretol) (generic only)	suboxone film	
carbamazepine XR (Tegretol XR)		
Celontin		
chloral hydrate		
chlordiazepoxide		
chlorpromazine (Thorazine)		
citalopram tablets, solution (Celexa)		
clobazam suspension (Onfi)		
clobazam tablets (Onfi)		
clomipramine		
clonazepam (Klonapin)		
clonazepam ODT (Klonapin ODT)		
clonidine ER tablets (Kapvay)		
clorazepate		
clozapine (Clorazil)		
clozapine ODT (Fazacla)		

<b>Mental Health</b>	<b>Substance Use Disorder</b>	<b>Medical/Surgical</b>
Clozaril		
Contempla		
Cotempla XR ODT		
Daytrana		
desvenlafaxine ER (Khedezla, Pristiq)		
desvenlafaxine fumarate ER		
dexmethylphenidate tablets (Focalin)		
dexmethylphenidate XR (Focalin XR) (generic only)		
dextroamphetamine capsules (Dexedrine ER)		
dextroamphetamine solution (Procentra)		
dextroamphetamine tablets		
Diacomit capsules, powder pack		
diazepam		
diazepam rectal (Diastat, Acudial)		
divalproex (Depakote)		
divalproex ER (Depakote ER)		
divalproex sprinkles (Depakote sprinkles)		
doxepin (Silenor)		
droperidol		
duloxetine (Cymbalta)		
Dyanavel XR		
Edluar		
Emsam		
Epidiolex		
Equetro		
escitalopram solution (Lexapro)		
estazolam (ProSom)		
eszopiclone (Lunesta)		
ethosuximide (Zarontin)		
Evekeo		

<b>Mental Health</b>	<b>Substance Use Disorder</b>	<b>Medical/Surgical</b>
Evekeo ODT		
Fanapt		
felbamate (Felbatol)		
Fetzima		
fluoxetine capsules 60mg		
fluoxetine tablets (Sarafem)		
fluoxetine weekly (Prozac weekly)		
fluphenazine (Prolixin)		
fluphenazine decanoate inj (Prolixin inj)		
flurazepam (Dalmane)		
fluvoxamine ER (Luvox CR)		
Fycompa		
gabapentin solution (Neurontin)		
guanfacine ER (Intuniv)		
haloperidol (Haldol)		
haloperidol decanoate inj (Haldol IM)		
Hetlioz		
hydroxyzine (multiple formulations)		
Ingrezza		
Intuniv ER		
Invega Sustenna		
Invega Trinza		
Jornay PM		
Kapvay 0.1-0.2mg dose pack		
Kapvay ER 0.1mg		
Lamictal XR dose pack		
lamotrigine XR, ODT (Lamictal XR, Lamictal ODT)		
Latuda		
levetiracetam ER (Keppra XR)		
lithium (multiple formulations)		
lorazepam (multiple formulations)		

<b>Mental Health</b>	<b>Substance Use Disorder</b>	<b>Medical/Surgical</b>
loxapine capsules (Loxitane)		
Marplan		
meprobamate		
methamphetamine (Desoxyn)		
methylphenidate CD capsules (Metadate CD)		
methylphenidate chewable (Methylin chewable)		
methylphenidate CR tablets (except 72mg) (Concerta)		
methylphenidate CR tablets 72mg		
methylphenidate ER capsules (Ritalin LA)		
methylphenidate ER tablets (Ritalin SR)		
methylphenidate oral solution (Methylin)		
methylphenidate tablets (Ritalin)		
midazolam		
modafinil (Provigil)		
molindone		
Mydayis ER		
Nayzilam		
nefazodone (Serzone)		
Nuplazid		
olanzapine IM (Zyprexa IM)		
olanzapine ODT (Zyprexa Zydis)		
olanzapine tablets (Zyprexa)		
olanzapine/fluoxetine (Symbyax)		
oxazepam		
Oxtellar XR		
paliperidone (Invega)		
paroxetine 7.5mg capsules (Bridelle)		
paroxetine CR (Paxil CR)		
Paxil suspension		

<b>Mental Health</b>	<b>Substance Use Disorder</b>	<b>Medical/Surgical</b>
Peganone		
perphenazine (Trilafon)		
perphenazine/amitriptyline (Triavil)		
Perseris		
Pexeva		
phenelzine (Nardil)		
pimozide (Orap)		
pregabalin capsules		
pregabalin solution		
quetiapine (Seroquel)		
quetiapine ER (Seroquel XR)		
Quillichew ER		
Quillivant XR		
ramelteon (Rozerem)		
Rexulti		
Risperdal Consta		
risperidone, risperidone ODT (Risperdal)		
Rozerem		
Sabril powder pack, tablets (Brand only)		
Saphris		
Secuado		
sertraline tablets, concentrated solution (Zoloft)		
Silenor		
Spravato		
Spritam		
Strattera		
Sunosi		
Sympazan		
temazepam 15mg, 30mg (Restoril)		
temazepam 7.5mg, 22.5mg		

<b>Mental Health</b>	<b>Substance Use Disorder</b>	<b>Medical/Surgical</b>
thioridazine (Mellaril)		
thiothixene (Navane)		
tiagabine (Gabitril) (generic only)		
topiramate ER (Qudexy XR)		
trazodone (Desyrel)		
triazolam (Halcion)		
Trintellix		
Trokendi XR		
venlafexine ER tablets		
Versacloz		
vigabatrin (multiple formulations)		
Viibryd		
Vimpat		
Vraylar		
Wakix		
zaleplon (Sonata)		
Zenzedi		
ziprasidone (Geodon)		
ziprasidone IM (Geodon IM)		
zolpidem (Ambien)		
zolpidem ER (Ambien CR)		
zolpidem SL (Intermezzo)		
Zolpimist		
Zubsolv		
Zulresso		
Zyprexa Relprevv		
Aristada ER		
clonidine (Catapres)		
Depo-Provera (multiple formulations)		
Eligard (multiple formulations) (leuprolide acetate)		
guanfacine (Tenex)		



---

**Mental Health****Substance Use Disorder****Medical/Surgical**

---

leuprolide acetate

liothyronine (Triostat)

Lupron 3.75mg (leuprolide acetate)

Lupron Depot (multiple formulations)  
(leuprolide acetate)

## Standard 6

Any parity flags found in Standard 6 are reported below. The number of flags per classification and limit type combination is shown.

Parity Flag				
	Deductible	Copay	Coinsurance	Out-of-pocket maximum
<b>Inpatient</b>	-	-	-	-
<b>Outpatient - Other</b>	-	-	-	-
<b>Outpatient - Office Based</b>	-	-	-	-
<b>Emergency Benefits</b>	-	-	-	-
<b>Prescription Drugs</b>	-	-	-	-

Any classification/limit type combination considered incomplete is reported in the table below.

Missing Information				
	Deductible	Copay	Coinsurance	Out-of-pocket maximum
<b>Inpatient</b>	Y	Y	Y	Y
<b>Outpatient - Other</b>	Y	Y	Y	Y
<b>Outpatient - Office Based</b>	Y	Y	Y	Y
<b>Emergency Benefits</b>	Y	Y	Y	Y
<b>Prescription Drugs</b>	Y	Y	Y	Y

## Standard 7

Any parity flags found in Standard 7 are reported below. The number of flags per classification and limit type combination is shown.

<b>Parity Flag</b>			
	<b>Day limits</b>	<b>Hour limits</b>	<b>Visit limits</b>
<b>Inpatient</b>	-	-	-
<b>Outpatient - Other</b>	-	-	-
<b>Outpatient - Office Based</b>	-	-	-
<b>Emergency Benefits</b>	-	-	-
<b>Prescription Drugs</b>	-	-	-

Any classification/limit type combination considered incomplete is reported in the table below.

<b>Missing Information</b>			
	<b>Day limits</b>	<b>Hour limits</b>	<b>Visit limits</b>
<b>Inpatient</b>	Y	Y	Y
<b>Outpatient - Other</b>	Y	Y	Y
<b>Outpatient - Office Based</b>	Y	Y	Y
<b>Emergency Benefits</b>	Y	Y	Y
<b>Prescription Drugs</b>	Y	Y	Y

## Standard 8

Any parity flags found in Standard 8 are reported below. The number of flags per classification and limit type combination is shown.

Parity Flag			
	Mental Health	Substance Use Disorder	Medical/Surgical
<b>Inpatient</b>	-	1	-
<b>Outpatient - Other</b>	-	-	-
<b>Outpatient - Office Based</b>	1	1	-
<b>Emergency Benefits</b>	-	-	-
<b>Prescription Drugs</b>	-	1	-

Any classification/category/NQTL combination considered incomplete is reported in the table below.

Missing Information			
	Mental Health	Substance Use Disorder	Medical/Surgical
<b>Inpatient</b>	-	-	-
<b>Outpatient - Other</b>	-	-	-
<b>Outpatient - Office Based</b>	-	-	-
<b>Emergency Benefits</b>	-	-	-
<b>Prescription Drugs</b>	-	-	-

# Standard 8

Which of the following NQTL types are currently in use?  
**Red NQTLs** should be considered a parity flag.

	<b>Mental Health</b>	<b>Substance Use Disorder</b>	<b>Medical/Surgical</b>
<b>Emergency Benefits</b>	Outlier Management	Outlier Management	Outlier Management
	Service Limitations	medical necessity	Service Limitations
	medical necessity		medical necessity
<b>Inpatient</b>	Fail first policies or step therapy protocols	Fail first policies or step therapy protocols	Prior authorization or ongoing authorization requirements (precertification)
	Outlier Management	Outlier Management	Concurrent review (including outlier models and "soft limits")
	Service Limitations	Service Limitations	Medical necessity criteria/clinical appropriateness criteria and internal guidelines that govern benefit coverage or level of care decisions
	concurrent review	concurrent review	Fail first policies or step therapy protocols
	medical necessity	medical necessity	Outlier Management
	prior authorization/pre authorization	prior authorization/pre authorization	Service Limitations
		<b>data collection</b>	concurrent review
			medical necessity
			prior authorization/pre authorization
<b>Outpatient - Other</b>	Outlier Management	Outlier Management	Outlier Management
	Service Limitations	Service Limitations	Service Limitations
	concurrent review	concurrent review	concurrent review
	medical necessity	fail first requirements/step therapy	fail first requirements/step therapy
	prior authorization/pre authorization	medical necessity	medical necessity
		prior authorization/pre authorization	prior authorization/pre authorization
<b>Outpatient - Office Based</b>	Outlier Management	Outlier Management	Outlier Management
	Service Limitations	Service Limitations	Service Limitations
	concurrent review	concurrent review	concurrent review
	medical necessity	medical necessity	medical necessity
	prior authorization/pre authorization	prior authorization/pre authorization	prior authorization/pre authorization
	<b>data collection</b>	<b>data collection</b>	
<b>Prescription Drugs</b>	Tiering	Tiering	Tiering

Mental Health	Substance Use Disorder	Medical/Surgical
fail first requirements/step therapy	Outlier Management	Outlier Management
medical necessity	Service Limitations	concurrent review
prior authorization/pre authorization	concurrent review	fail first requirements/step therapy
	fail first requirements/step therapy	medical necessity
	medical necessity	prior authorization/pre authorization
	prior authorization/pre authorization	

# Standard 8

Classification: Emergency Benefits

Category: Medical/Surgical

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## **Outlier Management**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf

## **Service Limitations**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf

## **medical necessity**

- Maryland Medicaid\_Parity Analysis Definitions\_9.10.20.pdf

# Standard 8

Classification: Emergency Benefits

Category: Mental Health

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## **Outlier Management**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf

## **Service Limitations**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf

## **medical necessity**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf



# Standard 8

Classification: Emergency Benefits

Category: Substance Use Disorder

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## **Outlier Management**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf

## **medical necessity**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf

# Standard 8

Classification: Inpatient  
Category: Medical/Surgical

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

**Prior authorization or ongoing authorization requirements (precertification)**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_9.10.20.pdf

**Concurrent review (including outlier models and "soft limits")**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

**Medical necessity criteria/clinical appropriateness criteria and internal guidelines that govern benefit coverage or level of care decisions**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_9.10.20.pdf

**Fail first policies or step therapy protocols**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_9.10.20.pdf

**Outlier Management**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_9.10.20.pdf

**Service Limitations**

- 1.Maryland  
Medicaid\_Parity Analysis  
Definitions\_9.10.20.pdf

**concurrent review**

- 1.Maryland  
Medicaid\_Parity Analysis  
Definitions\_9.10.20.pdf

**medical necessity**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_9.10.20.pdf

**prior authorization/pre authorization**

- Maryland Medicaid\_Parity Analysis Definitions\_9.10.20.pdf

# Standard 8

Classification: Inpatient

Category: Mental Health

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

**Fail first policies or step therapy protocols**

- Maryland Medicaid\_Parity Analysis Definitions\_9.10.20.pdf

**Outlier Management**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf

**Service Limitations**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf

**concurrent review**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf

**medical necessity**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf

**prior authorization/pre authorization**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf

# Standard 8

Classification: Inpatient

Category: Substance Use Disorder

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

**Fail first policies or step therapy protocols**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf

**Outlier Management**

- Maryland Medicaid\_Parity Analysis Definitions\_9.10.20.pdf
- 1.Maryland Medicaid\_Parity Analysis Definitions\_9.10.20.pdf

**Service Limitations**

- Maryland Medicaid\_Parity Analysis Definitions\_9.10.20.pdf

**concurrent review**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf

**medical necessity**

- Maryland Medicaid\_Parity Analysis Definitions\_9.10.20.pdf

**prior authorization/pre authorization**

- Maryland Medicaid\_Parity Analysis Definitions\_9.10.20.pdf

**data collection**

- Maryland Medicaid\_Parity Analysis Definitions\_9.10.20.pdf

# Standard 8

Classification: Outpatient - Other

Category: Medical/Surgical

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## **Outlier Management**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

## **Service Limitations**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

## **concurrent review**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

## **fail first requirements/step therapy**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

## **medical necessity**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf

## **prior authorization/pre authorization**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf

# Standard 8

Classification: Outpatient - Other

Category: Mental Health

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

**Outlier Management**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

**Service Limitations**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

**concurrent review**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

**medical necessity**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_9.10.20.pdf

**prior authorization/pre authorization**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf

# Standard 8

Classification: Outpatient - Other  
Category: Substance Use Disorder

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

### **Outlier Management**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

### **Service Limitations**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

### **concurrent review**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

### **fail first requirements/step therapy**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

### **medical necessity**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf

### **prior authorization/pre authorization**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf

# Standard 8

Classification: Outpatient - Office Based

Category: Medical/Surgical

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

### **Outlier Management**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_9.10.20.pdf

### **Service Limitations**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

### **concurrent review**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

### **medical necessity**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

### **prior authorization/pre authorization**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf



# Standard 8

Classification: Outpatient - Office Based

Category: Mental Health

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

**Outlier Management**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

**Service Limitations**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

**concurrent review**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

**medical necessity**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

**prior authorization/pre authorization**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf

**data collection**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf

# Standard 8

Classification: Outpatient - Office Based

Category: Substance Use Disorder

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

**Outlier Management**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

**Service Limitations**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

**concurrent review**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

**medical necessity**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

**prior authorization/pre authorization**

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf

**data collection**

- Maryland Medicaid\_Parity Analysis Definitions\_9.10.20.pdf

# Standard 8

Classification: Prescription Drugs

Category: Medical/Surgical

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

- |  |   |  |   |
|--|---|--|---|
| <b>Tiering</b> <ul style="list-style-type: none"><li>• Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf</li></ul>           | <b>Outlier Management</b> <ul style="list-style-type: none"><li>• Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf</li></ul> | <b>concurrent review</b> <ul style="list-style-type: none"><li>• Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf</li></ul>                     | <b>fail first requirements/step therapy</b> <ul style="list-style-type: none"><li>• Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf</li></ul> |
| <b>medical necessity</b> <ul style="list-style-type: none"><li>• Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf</li></ul> |   | <b>prior authorization/pre authorization</b> <ul style="list-style-type: none"><li>• Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf</li></ul> |   |

# Standard 8

Classification: Prescription Drugs

Category: Mental Health

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## **Tiering**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_9.10.20.pdf

## **fail first requirements/step therapy**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

## **medical necessity**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_9.10.20.pdf

## **prior authorization/pre authorization**

- Maryland  
Medicaid\_Parity Analysis  
Definitions\_7.16.20.pdf

# Standard 8

Classification: Prescription Drugs  
Category: Substance Use Disorder

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

- |   |   |  |  |
|---|---|--|--|
| <b>Tiering</b> <ul style="list-style-type: none"><li>• Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf</li></ul>                              | <b>Outlier Management</b> <ul style="list-style-type: none"><li>• Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf</li></ul> | <b>Service Limitations</b> <ul style="list-style-type: none"><li>• Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf</li></ul> | <b>concurrent review</b> <ul style="list-style-type: none"><li>• Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf</li></ul>                     |
| <b>fail first requirements/step therapy</b> <ul style="list-style-type: none"><li>• Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf</li></ul> | <b>medical necessity</b> <ul style="list-style-type: none"><li>• Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf</li></ul>  |  | <b>prior authorization/pre authorization</b> <ul style="list-style-type: none"><li>• Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf</li></ul> |

# Standard 8

NQTL Type: Outlier Management  
Classification: Emergency Benefits

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## Mental Health

- Emergency Room- All inclusive ancillary services
- Emergency Room- Medications
- Emergency Room--Beyond EMTALA Screening
- Emergency Room--EMTALA Screening
- Emergency Room--Post Stabilization Services
- Emergency Room--Stabilization Services
- Emergency Room-Clinical Laboratory
- Emergency Room-General Services
- Observation Stay--24 h
- emergency transportation ambulance

## Substance Use Disorder

- Does not apply

## Medical/Surgical

- Does not apply
- Emergency Room--Beyond EMTALA Screening
- Emergency Room- All inclusive ancillary services
- Emergency Room-General Services
- Emergency Room-Clinical Laboratory
- Emergency Room- Medications
- Emergency Room-Radiology
- Emergency Room- Dental Services
- Emergency Room-Post-Stabilization Services
- Emergency Room--Stabilization Services

# Standard 8

NQTL Type: Outlier Management

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## Mental Health

- Acute Care Services
- Special Psychiatric Hospital
- Residential Treatment Centers
- nursing facility MH services

## Substance Use Disorder

- Inpatient Detoxification--hospital
- Inpatient Detoxification-IMD (Licensed Intermediate Care Facilities for Addictions in Maryland)
- Residential SUD Treatment--ASAM 3.1
- Residential SUD Treatment--ASAM 3.3
- Residential SUD Treatment--ASAM 3.5
- Residential SUD Treatment--ASAM 3.7
- Residential SUD Treatment--ASAM 3.7WM (Licensed ASAM 3.7D in Maryland)
- Inpatient ASAM 4.0
- Nursing Facility: SUD services

## Medical/Surgical

- Acute Care Services (Births/Deliveries)
- Acute Care Services (Medical/Surgical)
- Amputations--inpatient
- Ancillary Services
- Anesthesia--Inpatient
- Bariatric Surgery
- Bypass surgery--inpatient
- Cardiac Procedures (non-emergent)--inpatient
- Chemotherapy--inpatient
- Corrective Surgery--inpatient
- Cosmetic Procedures--Inpatient
- Diagnostic and X-ray services: CT--inpatient
- Diagnostic and X-ray services: MRI--inpatient
- Diagnostic and X-ray services: PET--inpatient
- Diagnostic and X-ray services: Radiography--inpatient
- Dialysis--Inpatient
- Erectile Dysfunction Procedures
- Eye Procedures--Inpatient
- Gender affirmation surgery
- Grafts/Implants
- Occupational Therapy--inpatient
- Physical Therapy--inpatient
- Speech Therapy--inpatient
- Hospice Care--Inpatient
- Hospital Care--inpatient
- Hysterectomy
- Institutional Long Term Care/Skilled Nursing Facility (first 90 days)
- Investigational Surgeries/Clinical Trials--inpatient
- Neurostimulators
- Neurosurgical procedures--inpatient
- NICU/Sick baby/Detained baby
- Oncology Services--inpatient
- Plastic and Restorative Surgery--inpatient
- Post-Stabilization Services--inpatient
- Rehabilitation Services (Acute)
- Room and Board
- Spinal Cord Stimulator
- Surgery (nonurgent)--inpatient
- Surgery (urgent)--inpatient

- Transplants
- Transplants Pre and Post Transplant Services
- Transportation between hospitals
- Sterilization services--inpatient



# Standard 8

NQTL Type: Outlier Management

Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## Mental Health

- Laboratory Services
- Mobile treatment-Assertive community treatment (ACT)
- Mobile treatment-non-ACT
- Targeted Case Management

## Substance Use Disorder

- Drug Testing
- Laboratory Services

## Medical/Surgical

- Applied Behavior Analysis (autism services)--primarily in-home
- Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
- Oxygen
- HH: registered Nurse
- HH: Home Health Aide
- HH: physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- CPAS and CFC: Personal assistance services
- CFC: home delivered meals
- ICS: case management
- Autism: Family leave (retainer day)
- Autism: Residential habilitation (regular and intensive)
- Autism: Intensive individual support services
- Autism: Therapeutic integration (regular and intensive)
- Autism: adult life planning
- Autism: Respite care
- Autism: family training
- Autism: Environmental accessibility adaption
- Brain Injury: Residential habilitation
- Brain Injury: Day habilitation
- Brain injury: Supported employment
- Brain injury: Individual support services
- Brain injury: medical Day Care
- HCBS: case management
- Community Pathways and Community Supports waivers: Assistive technology and services
- Community Pathways and Community Supports waivers: Behavioral support services
- Community Pathways and Community Supports waivers: Career exploration
- Community Pathways and Community Supports waivers: Community development
- Community Pathways and Community Supports waivers: Day habilitation

- Community Pathways and Community Supports waivers: Employment discovery and customization
- Community Pathways and Community Supports waivers: Employment services
- Community Pathways and Community Supports waivers: Environmental assessment
- Community Pathways and Community Supports waivers: Environmental modification
- Community Pathways and Community Supports waivers: Family and peer mentoring supports
- Community Pathways and Community Supports waivers: Family caregiver training and empowerment
- Community Pathways and Community Supports waivers: Housing support services
- Community Pathways and Community Supports waivers: Individual and family directed goods and services
- Community Pathways and Community Supports waivers: Medical Day Care
- Community Pathways and Community Supports waivers: Nurse case management and delegation
- Community Pathways and Community Supports waivers: Nurse consultation
- Community Pathways and Community Supports waivers: Nurse health case management
- Community Pathways and Community Supports waivers: Participant education, training and advocacy
- Community Pathways and Community Supports waivers: Personal supports
- Community Pathways and Community Supports waivers: Respite care services
- Community Pathways and Community Supports waivers: Support broker services
- Community Pathways and Community Supports waivers: Supported employment
- Community Pathways and Community Supports waivers: Transportation
- Community Pathways and Community Supports waivers:

- Vehicle modification
- Community Pathways only: community living
- Community Pathways only: live-in caregiver supports
- Community Pathways only: Remote support services
- Community Pathways only: Shared living
- Community Pathways only: Support living
- Community Pathways only: transition services
- Family Supports: Assistive technology and services
- Family Supports: Behavioral support services
- Family Supports: Environmental assessment
- Family Supports: Environmental modification
- Family Supports: Family and peer mentoring supports
- Family Supports: Family caregiver training and empowerment
- Family Supports: Housing support services
- Family Supports: Individual and family directed goods and services
- Family Supports: Nurse case management and delegation
- Family Supports: Nurse consultation
- Family Supports: Participant education, training and advocacy
- Family Supports: Personal supports
- Family Supports: Respite care services
- Family Supports: Support broker services
- Family Supports: Transportation
- Family Supports: Vehicle modification
- HH: Registered Nurse
- EPSDT: Nursing services (Registered Nurse, Licensed Practical Nurse, Certified Nursing Assistant-Certified Medication Technician)
- Medical Day Care waiver with associated services(16+ years of age):
- (2) Preventive services (semiannual cleanings, fluoride, etc.) - OP OR/ASC;
- (4) Diagnostic services (oral exams, x-rays, sealants, etc.) - OP OR/ASC;
- (6) Restorative services (filings, crowns, etc) - OP OR/ASC;
- (8) Endodontic services (root canals, etc.) - OP OR/ASC;

- (10) Periodontal services (scaling, full mouth debridement, etc.) - OP OR/ASC;
- (12) Prosthodontics (dentures, etc.) - OP OR/ASC;
- (14) Oral and Maxillofacial surgery services (extractions, etc.) - OP OR/ASC;
- (17) Anesthesia - OP OR/ASC.
- National Diabetes Prevention Program
- DME/DMS Alternative Approach--Full category; need to identify any NQTLs that apply to any DME/DMS under the broad category. Description of NQTL factors should be more detailed.
- Genetic Testing
- Hepatitis C Virus Genotyping
- Home Health Services: medical supplies used for home health visit
- Home Health Services: occupational therapy
- Home Health Services: physical therapy
- Home Health Services: skilled nursing services
- Home Health Services: speech pathology services
- Hospice Care--Outpatient
- Laboratory Services
- Molecular Pathology Labs
- Neuro-Psychological Testing/Developmental Delay Programs
- Personal Care Services
- Private Duty Nursing
- Remote Patient Monitoring

# Standard 8

NQTL Type: Outlier Management  
Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## Mental Health

- Biofeedback
- Electroconvulsive therapy (ECT)--outpatient
- Family Psycho-Educational Therapy
- Family Therapy--outpatient
- Group therapy--outpatient
- Health Behavior Assessment
- Health Behavior Reassessment
- Individual Psycho-Educational Therapy
- Individual therapy--outpatient
- Intensive outpatient (IOP)
- Mental health assessment
- Mental health reassessment
- Multiple family group therapy
- Partial hospitalization (PHP)
- Psychiatric Rehabilitation Services
- Psychological or neuropsychological testing and evaluation
- Therapeutic Behavioral Services
- Transcranial Magnetic Stimulation (TMS)
- Traumatic Brain Injury (TBI) Day Habilitation
- Evaluation and Management--Outpatient

## Substance Use Disorder

- Alcohol and/or drug assessment
- Ambulatory detoxification
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive Outpatient (IOP)--ASAM 2.1
- MAT Initial Induction: Alcohol/Drug Services; Medical/Somatic (Medical Intervention in Ambulatory Setting)
- MAT Initial Intake (Evaluation and Management, Including Rx)
- MAT Ongoing (Evaluation and Management, including Rx)
- Partial Hospitalization (PHP)--ASAM 2.5
- Opioid Treatment Program (OTP) services - including med management

## Medical/Surgical

- Acne Services
- Acupuncture
- Amputations--outpatient
- Audiology Services (hearing loss assessment and treatment)
- Blood/Blood Products
- Bypass surgery--outpatient
- Capsule Endoscopy
- Cardiac Procedures (non-emergent)--outpatient
- Cardiac Rehabilitation
- Chemotherapy--outpatient
- Chiropractic Services
- Circumcision
- Clinic Services--FQHC
- Clinic Services--Coumadin Clinic
- Clinic Services--SBHC
- Clinic Services--Other
- Clinic Services--Heart Failure Clinic
- Clinic Services--Wound Clinic
- Corrective Surgery--outpatient
- Cosmetic Procedures/Surgeries--outpatient
- Dermatology Procedures
- Diagnostic and X-ray services: CT--outpatient
- Diagnostic and X-ray services: MRI--outpatient
- Diagnostic and X-ray services: PET--outpatient
- Diagnostic and X-ray services: Radiography--outpatient
- Dialysis--outpatient
- Foster Care Evaluation/Check-up for children entering State custody
- Genetic Counseling
- Grafts/Implants--outpatient
- Hyperbaric Oxygen Therapy
- Infusion/Maintenance Drug Infusion
- Investigational Surgeries/Clinical Trials--outpatient
- National Diabetes Prevention Program Services
- Nerve Stimulator--outpatient
- Neuro-Psychological Testing/Developmental Delay Programs
- Neurosurgical procedures--outpatient

- Newborn Office Services
- Nutritional Counseling
- OB Ultrasound
- Occupational Therapy
- Oncology Treatment
- Oral Surgery Adult
- Oral Surgery Child
- Outpatient hospital care (emergent)
- Outpatient hospital care (non-emergent)
- Outpatient Rehabilitative services
- Outpatient Surgery (Ambulatory Surgery Center)
- Pain Management Procedures
- Pain Management Visits
- Physical Therapy
- Plastic and Restorative Surgery--outpatient
- Podiatry Services
- Post-Stabilization Services
- Pregnancy-related Services (OB Care)
- Primary Care
- Proton Therapy Treatment
- Pulmonary Rehab
- Sleep Studies /Sleep Apnea Studies
- Somatic services related to gender dysphoria
- Specialty Care
- Speech Therapy--outpatient
- Sterlization Services--outpatient
- Transplants Pre and Post Transplant Services--outpatient
- Urgent Care
- Vision Services
- Wound Vacuum-assisted closure (VAC)
- Post-Stabilization Services-outpatient

# Standard 8

NQTL Type: Outlier Management

Classification: Prescription Drugs

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

Substance Use Disorder

- Not Applicable

Medical/Surgical

- MCO administered prescription drug

# Standard 8

NQTL Type: medical necessity

Classification: Emergency Benefits

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## Mental Health

- Emergency Room- All inclusive ancillary services
- Emergency Room- Medications
- Emergency Room--Beyond EMTALA Screening
- Emergency Room--EMTALA Screening
- Emergency Room--Post Stabilization Services
- Emergency Room--Stabilization Services
- Emergency Room-Clinical Laboratory
- Emergency Room-General Services
- Observation Stay--24 h
- Does not apply
- emergency transportation ambulance

## Substance Use Disorder

- Does not apply

## Medical/Surgical

- Emergency Services billed with CDT codes
- Emergency Transportation (Ambulance)
- Observation Stay up to 24 h
- Air Ambulance
- Emergency Transport--Basic Life Support
- Emergency Transport--Advanced Life Support (ALS)
- Emergency Room--EMTALA Screening
- Emergency Room--Beyond EMTALA Screening
- Emergency Room- All inclusive ancillary services
- Emergency Room-General Services
- Emergency Room-Clinical Laboratory
- Emergency Room- Medications
- Emergency Room-Radiology
- Emergency Room- Dental Services
- Emergency Room-Post-Stabilization Services
- Emergency Room--Stabilization Services



# Standard 8

NQTL Type: medical necessity

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## Mental Health

- Acute Care Services
- Ancillary Services
- Anesthesia--Inpatient
- Electroconvulsive therapy (ECT)--inpatient
- Patient Consultation
- Psychological or neuropsychological testing and evaluation--inpatient
- Individual therapy--inpatient
- Group therapy--inpatient
- Family therapy--inpatient
- Special Psychiatric Hospital
- Residential Treatment Centers
- nursing facility MH services

## Substance Use Disorder

- Inpatient Detoxification--hospital
- Inpatient Detoxification-IMD (Licensed Intermediate Care Facilities for Addictions in Maryland)
- Residential SUD Treatment--ASAM 3.1
- Residential SUD Treatment--ASAM 3.3
- Residential SUD Treatment--ASAM 3.5
- Residential SUD Treatment--ASAM 3.7
- Residential SUD Treatment--ASAM 3.7WM (Licensed ASAM 3.7D in Maryland)
- Inpatient ASAM 4.0
- Nursing Facility: SUD services
- Individual therapy—SUD inpatient
- Group therapy—SUD inpatient
- Family therapy—SUD inpatient
- Discharge Day
- Ancillary Services-SUD

## Medical/Surgical

- Nursing Facility: Nursing services
- Nursing Facility: Dietary services
- Nursing Facility: Physician services
- Nursing Facility: Specialized rehabilitation
- Nursing Facility: Social work
- Nursing Facility: Activities
- Nursing Facility: Pharmaceutical services
- Nursing Facility: Behavioral health services
- Nursing Facility: Laboratory, radiology and other diagnostic testing
- Nursing Facility: Dental services
- Hospice: Short-term inpatient care
- Acute Care Services (Births/Deliveries)
- Acute Care Services (Medical/Surgical)
- Amputations--inpatient
- Ancillary Services
- Anesthesia--Inpatient
- Bariatric Surgery
- Bypass surgery--inpatient
- Cardiac Procedures (non-emergent)--inpatient
- Chemotherapy--inpatient
- Corrective Surgery--inpatient
- Cosmetic Procedures--Inpatient
- Diagnostic and X-ray services: CT--inpatient
- Diagnostic and X-ray services: MRI--inpatient
- Diagnostic and X-ray services: PET--inpatient
- Diagnostic and X-ray services: Radiography--inpatient
- Dialysis--Inpatient
- Erectile Dysfunction Procedures
- Eye Procedures--Inpatient
- Gender affirmation surgery
- Grafts/Implants
- Occupational Therapy--inpatient
- Physical Therapy--inpatient
- Speech Therapy--inpatient
- Hospice Care--Inpatient
- Hospital Care--inpatient
- Hysterectomy

- Institutional Long Term Care/Skilled Nursing Facility (first 90 days)
- Investigational Surgeries/Clinical Trials--inpatient
- Neurostimulators
- Neurosurgical procedures--inpatient
- NICU/Sick baby/Detained baby
- Oncology Services--inpatient
- Plastic and Restorative Surgery--inpatient
- Post-Stabilization Services-inpatient
- Rehabilitation Services (Acute)
- Room and Board
- Spinal Cord Stimulator
- Surgery (nonurgent)--inpatient
- Surgery (urgent)--inpatient
- Transplants
- Transplants Pre and Post Transplant Services
- Transportation between hospitals
- Sterilization services--inpatient

# Standard 8

NQTL Type: medical necessity

Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## Mental Health

- Laboratory Services
- Mobile treatment-Assertive community treatment (ACT)
- Mobile treatment-non-ACT
- Targeted Case Management
- Respite Care (1915i)

## Substance Use Disorder

- Does not apply

## Medical/Surgical

- Applied Behavior Analysis (autism services)--primarily in-home
- HIV/AIDS laboratory services
- Augmentive communication devices
- Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
- Oxygen
- HH: registered Nurse
- HH: Home Health Aide
- HH: physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- Hospice: nursing services
- Hospice: Medical social services
- Hospice: Medical appliances and supplies
- Hospice: home health and aide services
- PACE: Day health care
- PACE: In-home care
- PACE: Nursing care
- PACE: Personal care
- PACE: Meals
- PACE: Recreation
- PACE: Social work
- PACE: Transportation
- CPAS and CFC: Nurse monitoring
- CPAS and CFC: Personal assistance services
- CFC: Personal emergency response system
- CFC: Transition services
- CFC: Consumer training
- CFC: home delivered meals
- CFC: assistive technology
- CFC: Accessibility adaptations
- CFC: environmental assessments
- ICS: case management
- ICS: Medical Day Care
- ICS: Nutritionist/Dietician
- ICS: Family training
- ICS: behavioral consultation
- ICS: Assisted living
- ICS: senior Center Plus
- 1915c: case management
- 1915c: certified Nursing Assistant/Home Health Aide

- 1915c: nursing (private duty) (21+ years of age)
- 1915c: medical Day Care
- Autism: Family leave (retainer day)
- Autism: Residential habilitation (regular and intensive)
- Autism: Intensive individual support services
- Autism: Therapeutic integration (regular and intensive)
- Autism: adult life planning
- Autism: Respite care
- Autism: family training
- Autism: Environmental accessibility adaption
- Brain Injury: Residential habilitation
- Brain Injury: Day habilitation
- Brain injury: Supported employment
- Brain injury: Individual support services
- Brain injury: medical Day Care
- HCBS: case management
- HCBS: Medical Day Care
- HCBS: Nutritionist/Dietician
- HCBS: family training
- HCBS: Behavioral consultation
- HCBS: Assisted living
- HCBS: senior Center Plus
- Medical Day Care Waiver with associated services
- Community Pathways and Community Supports waivers: Assistive technology and services
- Community Pathways and Community Supports waivers: Behavioral support services
- Community Pathways and Community Supports waivers: Career exploration
- Community Pathways and Community Supports waivers: Community development
- Community Pathways and Community Supports waivers: Day habilitation
- Community Pathways and Community Supports waivers: Employment discovery and customization
- Community Pathways and Community Supports waivers: Employment services
- Community Pathways and Community Supports waivers: Environmental assessment
- Community Pathways and Community Supports waivers: Environmental modification
- Community Pathways and Community Supports waivers:

- Family and peer mentoring supports
- Community Pathways and Community Supports waivers: Family caregiver training and empowerment
- Community Pathways and Community Supports waivers: Housing support services
- Community Pathways and Community Supports waivers: Individual and family directed goods and services
- Community Pathways and Community Supports waivers: Medical Day Care
- Community Pathways and Community Supports waivers: Nurse case management and delegation
- Community Pathways and Community Supports waivers: Nurse consultation
- Community Pathways and Community Supports waivers: Nurse health case management
- Community Pathways and Community Supports waivers: Participant education, training and advocacy
- Community Pathways and Community Supports waivers: Personal supports
- Community Pathways and Community Supports waivers: Respite care services
- Community Pathways and Community Supports waivers: Support broker services
- Community Pathways and Community Supports waivers: Supported employment
- Community Pathways and Community Supports waivers: Transportation
- Community Pathways and Community Supports waivers: Vehicle modification
- Community Pathways only: community living
- Community Pathways only: live-in caregiver supports
- Community Pathways only: Remote support services
- Community Pathways only: Shared living
- Community Pathways only: Support living
- Community Pathways only: transition services
- Family Supports: Assistive technology and services

- Family Supports: Behavioral support services
- Family Supports: Environmental assessment
- Family Supports: Environmental modification
- Family Supports: Family and peer mentoring supports
- Family Supports: Family caregiver training and empowerment
- Family Supports: Housing support services
- Family Supports: Individual and family directed goods and services
- Family Supports: Nurse case management and delegation
- Family Supports: Nurse consultation
- Family Supports: Participant education, training and advocacy
- Family Supports: Personal supports
- Family Supports: Respite care services
- Family Supports: Support broker services
- Family Supports: Transportation
- Family Supports: Vehicle modification
- HH: Registered Nurse
- Health-related services and targeted case management services provided to children when the services are specified in the child's Individualized Education Plan or Individualized Family Service Plan
- EPSDT: Nursing services (Registered Nurse, Licensed Practical Nurse, Certified Nursing Assistant-Certified Medication Technician)
- Medical Day Care waiver with associated services(16+ years of age):
  - (2) Preventive services (semiannual cleanings, fluoride, etc.) - OP OR/ASC;
  - (4) Diagnostic services (oral exams, x-rays, sealants, etc.) - OP OR/ASC;
  - (6) Restorative services (filings, crowns, etc) - OP OR/ASC;
  - (8) Endodontic services (root canals, etc.) - OP OR/ASC;
  - (10) Periodontal services (scaling, full mouth debridement, etc.) - OP OR/ASC;
  - (12)Prosthodontics (dentures, etc.) - OP OR/ASC;
  - (14) Oral and Maxillofacial surgery services (extractions, etc.) - OP OR/ASC;
  - (17) Anesthesia - OP OR/ASC.
- Care Management

- Targeted Case Management
- Diabetic Education
- National Diabetes Prevention Program
- DME/DMS Alternative Approach--Full category; need to identify any NQTLs that apply to any DME/DMS under the broad category. Description of NQTL factors should be more detailed.
- Genetic Testing
- Hepatitis C Virus Genotyping
- Home Health Services: medical supplies used for home health visit
- Home Health Services: occupational therapy
- Home Health Services: physical therapy
- Home Health Services: skilled nursing services
- Home Health Services: speech pathology services
- Hospice Care--Outpatient
- Laboratory Services
- Molecular Pathology Labs
- Neuro-Psychological Testing/Developmental Delay Programs
- Personal Care Services
- Private Duty Nursing
- Remote Patient Monitoring
- Applied Behavior Analysis (autism services)--primarily in-home

# Standard 8

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## Mental Health

- Activity Therapy
- Biofeedback
- Electroconvulsive therapy (ECT)--outpatient
- Family Psycho-Educational Therapy
- Family Therapy--outpatient
- Group therapy--outpatient
- Health Behavior Assessment
- Health Behavior Reassessment
- Individual Psycho-Educational Therapy
- Individual therapy--outpatient
- Intensive outpatient (IOP)
- Mental health assessment
- Mental health reassessment
- Multiple family group therapy
- Partial hospitalization (PHP)
- Psychiatric Rehabilitation Services
- Psychological or neuropsychological testing and evaluation
- Therapeutic Behavioral Services
- Transcranial Magnetic Stimulation (TMS)
- Traumatic Brain Injury (TBI) Day Habilitation
- Evaluation and Management--Outpatient
- Anesthesia - Outpatient
- health home services for MH reasons (serious and persistent mental illness (SPMI) - services by mobile treatment services (MTS) or psychological rehabilitation programs
- primary mental health services (assessment, clinical evaluation, referral to ASO)

## Substance Use Disorder

- Alcohol and/or drug assessment
- Ambulatory detoxification
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive Outpatient (IOP)--ASAM 2.1
- MAT Initial Induction: Alcohol/Drug Services; Medical/Somatic (Medical Intervention in Ambulatory Setting)
- MAT Initial Intake (Evaluation and Management, Including Rx)
- MAT Ongoing (Evaluation and Management, including Rx)
- Partial Hospitalization (PHP)--ASAM 2.5
- Opioid Treatment Program (OTP) services - including med management
- Buprenorphine guest dosing
- Methadone guest dosing
- Methadone Maintenance
- Ongoing services (Buprenorphine/Naloxone): Alcohol/Other Drug Abuse Services, Not Otherwise Specified
- SBIRT
- primary SUD Services (assessment, clinical evaluation, referral to ASO)
- health home services for SUD (opioid addiction) - opioid treatment program

## Medical/Surgical

- HH: Physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- Hospice: Physician services
- Hospice: Counseling services (including dietary, spiritual and bereavement)
- Hospice: Physical therapy
- Hospice: Occupational therapy
- Hospice: Speech therapy
- PACE: Medical specialty services (podiatry, psychiatry, dentistry, optometry and audiology)
- PACE: Rehabilitation
- ICS: Nutritionist/Dietician
- ICS: Behavioral consultation
- 1915c: Physician participation in plan of care meeting
- Home and Community Based Options waiver:
- HCBS: nutritionist/Dietician
- HCBS: behavioral consultation
- HH: physical therapy
- 1915c: physician participation in plan of care meeting
- (1) Preventive services (semiannual cleanings, fluoride, etc.) - Clinic;
- (3) Diagnostic services (oral exams, x-rays, sealants, etc.) - Clinic;
- (5) Restorative services (filings, crowns, etc) - Clinic;
- (7) Endodontic services (root canals, etc.) - Clinic;
- (9) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- (11) Prosthodontics (dentures, etc.) - Clinic;
- (13) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic;
- (15) Orthodontic services - Clinic;
- (16) Anesthesia - Clinic; and
- (1) Preventive services (cleanings, fluoride, etc.) - Clinic;
- (2) Diagnostic services (oral exams, x-rays, etc.) - Clinic;
- (3) Restorative services (filings, crowns, etc) - Clinic;
- (4) Endodontic services (root canals, etc.) - Clinic;



- (5) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- (6) Prosthodontics (adjustment of dentures, etc.) - Clinic;
- (7) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic; and
- (8) Anesthesia - Clinic.
- Acne Services
- Acupuncture
- Amputations--outpatient
- Audiology Services (hearing loss assessment and treatment)
- Blood/Blood Products
- Bypass surgery--outpatient
- Capsule Endoscopy
- Cardiac Procedures (non-emergent)--outpatient
- Cardiac Rehabilitation
- Chemotherapy--outpatient
- Chiropractic Services
- Circumcision
- Clinic Services--FQHC
- Clinic Services--Coumadin Clinic
- Clinic Services--SBHC
- Clinic Services--Other
- Clinic Services--Heart Failure Clinic
- Clinic Services--Wound Clinic
- Corrective Surgery--outpatient
- Cosmetic Procedures/Surgeries--outpatient
- Dermatology Procedures
- Diagnostic and X-ray services: CT--outpatient
- Diagnostic and X-ray services: MRI--outpatient
- Diagnostic and X-ray services: PET--outpatient
- Diagnostic and X-ray services: Radiography--outpatient
- Dialysis--outpatient
- Foster Care Evaluation/Check-up for children entering State custody
- Genetic Counseling
- Grafts/Implants--outpatient
- Hyperbaric Oxygen Therapy
- Infusion/Maintenance Drug Infusion
- Investigational Surgeries/Clinical Trials--outpatient
- National Diabetes Prevention Program Services
- Nerve Stimulator--outpatient
- Neuro-Psychological Testing/Developmental Delay Programs
- Neurosurgical procedures--outpatient
- Newborn Office Services
- Nutritional Counseling
- OB Ultrasound

- Occupational Therapy
- Oncology Treatment
- Oral Surgery Adult
- Oral Surgery Child
- Outpatient hospital care (emergent)
- Outpatient hospital care (non-emergent)
- Outpatient Rehabilitative services
- Outpatient Surgery (Ambulatory Surgery Center)
- Pain Management Procedures
- Pain Management Visits
- Physical Therapy
- Plastic and Restorative Surgery--outpatient
- Podiatry Services
- Post-Stabilization Services
- Pregnancy-related Services (OB Care)
- Primary Care
- Proton Therapy Treatment
- Pulmonary Rehab
- Sleep Studies /Sleep Apnea Studies
- Somatic services related to gender dysphoria
- Specialty Care
- Speech Therapy--outpatient
- Sterilization Services--outpatient
- Transplants Pre and Post Transplant Services--outpatient
- Urgent Care
- Vision Services
- Wound Vacuum-assisted closure (VAC)
- Post-Stabilization Services-outpatient

# Standard 8

NQTL Type: medical necessity

Classification: Prescription Drugs

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## Mental Health

- Abilify Maintena
- Abilify MyCite
- Adasuve
- Adhansia XR
- Adzenys XR ODT
- amphetamine ER suspension (Adzenys ER)
- amphetamine sulfate (Evekeo)
- Aplenzin
- Aptensio XR
- Aptiom
- aripiprazole (Abilify)
- aripiprazole ODT (Abilify Discmelt)
- Aristada
- Aristada Initio
- armodafinil (Nuvigil)
- atomoxetine (Strattera)
- Banzel
- Belsomra
- Briviact (multiple formulations)
- bupropion XL (Forfivo XL)
- buspirone
- carbamazepine suspension (Tegretol) (generic only)
- carbamazepine XR (Tegretol XR)
- Celontin
- chloral hydrate
- chlordiazepoxide
- chlorpromazine (Thorazine)
- citalopram tablets, solution (Celexa)
- clobazam suspension (Onfi)
- clobazam tablets (Onfi)
- clomipramine
- clonazepam (Klonopin)
- clonazepam ODT (Klonopin ODT)
- clonidine ER tablets (Kapvay)
- clorazepate
- clozapine (Clorazil)
- clozapine ODT (Fazaclo)
- Clozaril
- Contempla
- Cotempla XR ODT
- Daytrana
- desvenlafaxine ER (Khedezla, Pristiq)
- desvenlafaxine fumarate ER
- dexamethylphenidate tablets (Focalin)

## Substance Use Disorder

- Not Applicable

## Medical/Surgical

- cinryze
- spinraza
- zolgensma
- MCO administered prescription drug

- dexamethylphenidate XR (Focalin XR)  
(generic only)
- dextroamphetamine capsules  
(Dexedrine ER)
- dextroamphetamine solution  
(Procentra)
- dextroamphetamine tablets
- Diacomit capsules, powder pack
- diazepam
- diazepam rectal (Diastat, Acudial)
- divalproex (Depakote)
- divalproex ER (Depakote ER)
- divalproex sprinkles (Depakote  
sprinkles)
- doxepin (Silenor)
- droperidol
- duloxetine (Cymbalta)
- Dyanavel XR
- Edluar
- Emsam
- Epidiolex
- Equetro
- escitalopram solution (Lexapro)
- estazolam (ProSom)
- eszopiclone (Lunesta)
- ethosuximide (Zarontin)
- Evekeo
- Evekeo ODT
- Fanapt
- felbamate (Felbatol)
- Fetzima
- fluoxetine capsules 60mg
- fluoxetine tablets (Sarafem)
- fluoxetine weekly (Prozac weekly)
- fluphenazine (Prolixin)
- fluphenazine decanoate inj (Prolixin  
inj)
- flurazepam (Dalmane)
- fluvoxamine ER (Luvox CR)
- Fycompa
- gabapentin solution (Neurontin)
- guanfacine ER (Intuniv)
- haloperidol (Haldol)
- haloperidol decanoate inj (Haldol  
IM)
- Hetlioz
- hydroxyzine (multiple formulations)
- Ingrezza
- Intuniv ER
- Invega Sustenna
- Invega Trinza
- Jornay PM
- Kapvay 0.1-0.2mg dose pack
- Kapvay ER 0.1mg
- Lamictal XR dose pack
- lamotrigine XR, ODT (Lamictal XR,  
Lamictal ODT)
- Latuda
- levetiracetam ER (Keppra XR)
- lithium (multiple formulations)

- lorazepam (multiple formulations)
- loxapine capsules (Loxitane)
- Marplan
- meprobamate
- methamphetamine (Desoxyn)
- methylphenidate CD capsules (Metadate CD)
- methylphenidate chewable (Methylin chewable)
- methylphenidate CR tablets (except 72mg) (Concerta)
- methylphenidate CR tablets 72mg
- methylphenidate ER capsules (Ritalin LA)
- methylphenidate ER tablets (Ritalin SR)
- methylphenidate oral solution (Methylin)
- methylphenidate tablets (Ritalin)
- midazolam
- modafinil (Provigil)
- molindone
- Mydayis ER
- Nayzilam
- nefazodone (Serzone)
- Nuplazid
- olanzapine IM (Zyprexa IM)
- olanzapine ODT (Zyprexa Zydis)
- olanzapine tablets (Zyprexa)
- olanzapine/fluoxetine (Symbyax)
- oxazepam
- Oxtellar XR
- paliperidone (Invega)
- paroxetine 7.5mg capsules (Bridelle)
- paroxetine CR (Paxil CR)
- Paxil suspension
- Peganone
- perphenazine (Trilafon)
- perphenazine/amitriptyline (Triavil)
- Perseris
- Pexeva
- phenelzine (Nardil)
- pimozide (Orap)
- pregabalin capsules
- pregabalin solution
- quetiapine (Seroquel)
- quetiapine ER (Seroquel XR)
- Quillichew ER
- Quillivant XR
- ramelteon (Rozerem)
- Rexulti
- Risperdal Consta
- risperidone, risperidone ODT (Risperdal)
- Rozerem
- Sabril powder pack, tablets (Brand only)
- Saphris
- Secuado

- sertraline tablets, concentrated solution (Zoloft)
- Silenor
- Spravato
- Spritam
- Strattera
- Sunosi
- Sympazan
- temazepam 15mg, 30mg (Restoril)
- temazepam 7.5mg, 22.5mg
- thioridazine (Mellaril)
- thiothixene (Navane)
- tiagabine (Gabitril) (generic only)
- topiramate ER (Qudexy XR)
- trazodone (Desyrel)
- triazolam (Halcion)
- Trintellix
- Trokendi XR
- venlafexine ER tablets
- Versacloz
- vigabatrin (multiple formulations)
- Viibryd
- Vimpat
- Vraylar
- Wakix
- zaleplon (Sonata)
- Zenzedi
- ziprasidone (Geodon)
- ziprasidone IM (Geodon IM)
- zolpidem (Ambien)
- zolpidem ER (Ambien CR)
- zolpidem SL (Intermezzo)
- Zolpimist
- Zubsolv
- Zulresso
- Zyprexa Relprevv
- Aristada ER
- clonidine (Catapres)
- Depo-Provera (multiple formulations)
- Eligard (multiple formulations) (leuprolide acetate)
- guanfacine (Tenex)
- leuprolide acetate
- liothyronine (Triostat)
- Lupron 3.75mg (leuprolide acetate)
- Lupron Depot (multiple formulations) (leuprolide acetate)

# Standard 8

NQTL Type: Service Limitations

Classification: Emergency Benefits

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## Mental Health

- Emergency Room- All inclusive ancillary services
- Emergency Room- Medications
- Emergency Room--Beyond EMTALA Screening
- Emergency Room--EMTALA Screening
- Emergency Room--Post Stabilization Services
- Emergency Room--Stabilization Services
- Emergency Room-Clinical Laboratory
- Emergency Room-General Services
- Observation Stay--24 h
- emergency transportation ambulance

## Substance Use Disorder

## Medical/Surgical

- Does not apply

# Standard 8

NQTL Type: Service Limitations

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## Mental Health

- Does not apply

## Substance Use Disorder

- Does not apply

## Medical/Surgical

- Acute Care Services (Births/Deliveries)
- Acute Care Services (Medical/Surgical)
- Amputations--inpatient
- Ancillary Services
- Anesthesia--Inpatient
- Bariatric Surgery
- Bypass surgery--inpatient
- Cardiac Procedures (non-emergent)--inpatient
- Chemotherapy--inpatient
- Corrective Surgery--inpatient
- Cosmetic Procedures--Inpatient
- Diagnostic and X-ray services: CT--inpatient
- Diagnostic and X-ray services: MRI--inpatient
- Diagnostic and X-ray services: PET--inpatient
- Diagnostic and X-ray services: Radiography--inpatient
- Dialysis--Inpatient
- Erectile Dysfunction Procedures
- Eye Procedures--Inpatient
- Gender affirmation surgery
- Grafts/Implants
- Occupational Therapy--inpatient
- Physical Therapy--inpatient
- Speech Therapy--inpatient
- Hospice Care--Inpatient
- Hospital Care--inpatient
- Hysterectomy
- Institutional Long Term Care/Skilled Nursing Facility (first 90 days)
- Investigational Surgeries/Clinical Trials--inpatient
- Neurostimulators
- Neurosurgical procedures--inpatient
- NICU/Sick baby/Detained baby
- Oncology Services--inpatient
- Plastic and Restorative Surgery--inpatient
- Post-Stabilization Services--inpatient
- Rehabilitation Services (Acute)
- Room and Board
- Spinal Cord Stimulator
- Surgery (nonurgent)--inpatient
- Surgery (urgent)--inpatient



- Transplants
- Transplants Pre and Post Transplant Services
- Transportation between hospitals
- Sterilization services--inpatient

# Standard 8

NQTL Type: Service Limitations

Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## Mental Health

- Mobile treatment-Assertive community treatment (ACT)
- Mobile treatment-non-ACT
- Targeted Case Management

## Substance Use Disorder

- Does not apply

## Medical/Surgical

- Applied Behavior Analysis (autism services)--primarily in-home
- Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
- Oxygen
- HH: Home Health Aide
- HH: physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- Hospice: nursing services
- Hospice: Medical social services
- Hospice: Medical appliances and supplies
- Hospice: home health and aide services
- PACE: Day health care
- PACE: In-home care
- PACE: Nursing care
- PACE: Personal care
- PACE: Meals
- PACE: Recreation
- PACE: Social work
- PACE: Transportation
- CPAS and CFC: Personal assistance services
- CFC: Transition services
- CFC: home delivered meals
- ICS: case management
- ICS: Nutritionist/Dietician
- ICS: Family training
- ICS: Assisted living
- Autism: Family leave (retainer day)
- Autism: Residential habilitation (regular and intensive)
- Autism: Intensive individual support services
- Autism: Therapeutic integration (regular and intensive)
- Autism: adult life planning
- Autism: Respite care
- HCBS: case management
- HCBS: Nutritionist/Dietician
- HCBS: family training
- HCBS: Assisted living
- EPSDT: Nursing services (Registered Nurse, Licensed Practical Nurse, Certified Nursing Assistant-Certified Medication Technician)

- (2) Preventive services (semiannual cleanings, fluoride, etc.) - OP OR/ASC;
- (4) Diagnostic services (oral exams, x-rays, sealants, etc.) - OP OR/ASC;
- (6) Restorative services (filings, crowns, etc) - OP OR/ASC;
- (8) Endodontic services (root canals, etc.) - OP OR/ASC;
- (10) Periodontal services (scaling, full mouth debridement, etc.) - OP OR/ASC;
- (12) Prosthodontics (dentures, etc.) - OP OR/ASC;
- (14) Oral and Maxillofacial surgery services (extractions, etc.) - OP OR/ASC;
- (17) Anesthesia - OP OR/ASC.
- National Diabetes Prevention Program
- Home Health Services: occupational therapy
- Home Health Services: physical therapy
- Remote Patient Monitoring

# Standard 8

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## Mental Health

- Biofeedback
- Family Psycho-Educational Therapy
- Family Therapy--outpatient
- Group therapy--outpatient
- Health Behavior Assessment
- Health Behavior Reassessment
- Individual therapy--outpatient
- Intensive outpatient (IOP)
- Mental health assessment
- Mental health reassessment
- Multiple family group therapy
- Partial hospitalization (PHP)
- Psychiatric Rehabilitation Services
- Psychological or neuropsychological testing and evaluation
- Therapeutic Behavioral Services
- Evaluation and Management-Outpatient

## Substance Use Disorder

- Alcohol and/or drug assessment
- Ambulatory detoxification
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive Outpatient (IOP)--ASAM 2.1
- MAT Initial Induction: Alcohol/Drug Services; Medical/Somatic (Medical Intervention in Ambulatory Setting)
- MAT Initial Intake (Evaluation and Management, Including Rx)
- MAT Ongoing (Evaluation and Management, including Rx)
- Partial Hospitalization (PHP)--ASAM 2.5
- Opioid Treatment Program (OTP) services - including med management
- Methadone Maintenance
- Ongoing services (Buprenorphine/Naloxone): Alcohol/Other Drug Abuse Services, Not Otherwise Specified

## Medical/Surgical

- Amputations--outpatient
- Audiology Services (hearing loss assessment and treatment)
- National Diabetes Prevention Program Services
- OB Ultrasound
- Outpatient Surgery (Ambulatory Surgery Center)
- Pregnancy-related Services (OB Care)
- Vision Services

# Standard 8

NQTL Type: Service Limitations

Classification: Prescription Drugs

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

# Standard 8

NQTL Type: concurrent review

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## Mental Health

- Acute Care Services
- Special Psychiatric Hospital
- Residential Treatment Centers
- nursing facility MH services

## Substance Use Disorder

- Inpatient Detoxification--hospital
- Inpatient Detoxification-IMD (Licensed Intermediate Care Facilities for Addictions in Maryland)
- Residential SUD Treatment--ASAM 3.1
- Residential SUD Treatment--ASAM 3.3
- Residential SUD Treatment--ASAM 3.5
- Residential SUD Treatment--ASAM 3.7
- Residential SUD Treatment--ASAM 3.7WM (Licensed ASAM 3.7D in Maryland)
- Inpatient ASAM 4.0
- Nursing Facility: SUD services

## Medical/Surgical

- Nursing Facility: Nursing services
- Nursing Facility: Dietary services
- Nursing Facility: Physician services
- Nursing Facility: Specialized rehabilitation
- Nursing Facility: Social work
- Nursing Facility: Activities
- Nursing Facility: Pharmaceutical services
- Nursing Facility: Behavioral health services
- Nursing Facility: Laboratory, radiology and other diagnostic testing
- Nursing Facility: Dental services
- Hospice: Short-term inpatient care

# Standard 8

NQTL Type: concurrent review

Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## Mental Health

- Mobile treatment-Assertive community treatment (ACT)
- Mobile treatment-non-ACT
- Targeted Case Management
- Respite Care (1915i)

## Substance Use Disorder

- Does not apply

## Medical/Surgical

- Applied Behavior Analysis (autism services)--primarily in-home
- Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
- HH: Home Health Aide
- HH: physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- Hospice: nursing services
- Hospice: Medical social services
- Hospice: Medical appliances and supplies
- Hospice: home health and aide services
- PACE: Day health care
- PACE: In-home care
- PACE: Nursing care
- PACE: Personal care
- PACE: Meals
- PACE: Recreation
- PACE: Social work
- PACE: Transportation
- CPAS and CFC: Nurse monitoring
- CPAS and CFC: Personal assistance services
- CFC: Personal emergency response system
- CFC: Transition services
- CFC: Consumer training
- CFC: home delivered meals
- CFC: assistive technology
- CFC: Accessibility adaptations
- CFC: environmental assessments
- ICS: case management
- ICS: Medical Day Care
- ICS: Nutritionist/Dietician
- ICS: Family training
- ICS: behavioral consultation
- ICS: Assisted living
- ICS: senior Center Plus
- Autism: Family leave (retainer day)
- Autism: Residential habilitation (regular and intensive)
- Autism: Intensive individual support services
- Autism: Therapeutic integration (regular and intensive)
- Autism: adult life planning

- Autism: Respite care
- Autism: family training
- Autism: Environmental accessibility adaption
- Brain Injury: Residential habilitation
- Brain Injury: Day habilitation
- Brain injury: Supported employment
- Brain injury: Individual support services
- Brain injury: medical Day Care
- HCBS: case management
- HCBS: Medical Day Care
- HCBS: Nutritionist/Dietician
- HCBS: family training
- HCBS: Behavioral consultation
- HCBS: Assisted living
- HCBS: senior Center Plus
- Community Pathways and Community Supports waivers: Assistive technology and services
- Community Pathways and Community Supports waivers: Behavioral support services
- Community Pathways and Community Supports waivers: Career exploration
- Community Pathways and Community Supports waivers: Community development
- Community Pathways and Community Supports waivers: Day habilitation
- Community Pathways and Community Supports waivers: Employment discovery and customization
- Community Pathways and Community Supports waivers: Employment services
- Community Pathways and Community Supports waivers: Environmental assessment
- Community Pathways and Community Supports waivers: Environmental modification
- Community Pathways and Community Supports waivers: Family and peer mentoring supports
- Community Pathways and Community Supports waivers: Family caregiver training and empowerment
- Community Pathways and Community Supports waivers: Housing support services
- Community Pathways and Community Supports waivers: Individual and family directed goods and services



- Community Pathways and Community Supports waivers: Medical Day Care
- Community Pathways and Community Supports waivers: Nurse case management and delegation
- Community Pathways and Community Supports waivers: Nurse consultation
- Community Pathways and Community Supports waivers: Nurse health case management
- Community Pathways and Community Supports waivers: Participant education, training and advocacy
- Community Pathways and Community Supports waivers: Personal supports
- Community Pathways and Community Supports waivers: Respite care services
- Community Pathways and Community Supports waivers: Support broker services
- Community Pathways and Community Supports waivers: Supported employment
- Community Pathways and Community Supports waivers: Transportation
- Community Pathways and Community Supports waivers: Vehicle modification
- Community Pathways only: community living
- Community Pathways only: live-in caregiver supports
- Community Pathways only: Remote support services
- Community Pathways only: Shared living
- Community Pathways only: Support living
- Community Pathways only: transition services
- Family Supports: Assistive technology and services
- Family Supports: Behavioral support services
- Family Supports: Environmental assessment
- Family Supports: Environmental modification
- Family Supports: Family and peer mentoring supports
- Family Supports: Family caregiver training and empowerment
- Family Supports: Housing support services

- Family Supports: Individual and family directed goods and services
- Family Supports: Nurse case management and delegation
- Family Supports: Nurse consultation
- Family Supports: Participant education, training and advocacy
- Family Supports: Personal supports
- Family Supports: Respite care services
- Family Supports: Support broker services
- Family Supports: Transportation
- Family Supports: Vehicle modification
- HH: Registered Nurse
- EPSDT: Nursing services (Registered Nurse, Licensed Practical Nurse, Certified Nursing Assistant-Certified Medication Technician)
- Medical Day Care waiver with associated services(16+ years of age):
- DME/DMS Alternative Approach--Full category; need to identify any NQTLs that apply to any DME/DMS under the broad category. Description of NQTL factors should be more detailed.
- Home Health Services: occupational therapy
- Home Health Services: physical therapy
- Home Health Services: skilled nursing services
- Home Health Services: speech pathology services
- Hospice Care--Outpatient
- Neuro-Psychological Testing/Developmental Delay Programs
- Private Duty Nursing
- Remote Patient Monitoring

# Standard 8

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## Mental Health

- Biofeedback
- Electroconvulsive therapy (ECT)--outpatient
- Family Therapy--outpatient
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive outpatient (IOP)
- Multiple family group therapy
- Partial hospitalization (PHP)
- Psychiatric Rehabilitation Services
- Psychological or neuropsychological testing and evaluation
- Therapeutic Behavioral Services
- Transcranial Magnetic Stimulation (TMS)
- Traumatic Brain Injury (TBI) Day Habilitation
- Evaluation and Management-Outpatient

## Substance Use Disorder

- Ambulatory detoxification
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive Outpatient (IOP)--ASAM 2.1
- MAT Ongoing (Evaluation and Management, including Rx)
- Partial Hospitalization (PHP)--ASAM 2.5
- Opioid Treatment Program (OTP) services - including med management
- Methadone Maintenance
- Ongoing services (Buprenorphine/Naloxone): Alcohol/Other Drug Abuse Services, Not Otherwise Specified

## Medical/Surgical

- Acupuncture
- Audiology Services (hearing loss assessment and treatment)

# Standard 8

NQTL Type: concurrent review

Classification: Prescription Drugs

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

- MCO administered prescription drug

# Standard 8

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## Mental Health

- Acute Care Services
- Special Psychiatric Hospital
- Residential Treatment Centers
- nursing facility MH services

## Substance Use Disorder

- Inpatient Detoxification--hospital
- Inpatient Detoxification-IMD (Licensed Intermediate Care Facilities for Addictions in Maryland)
- Residential SUD Treatment--ASAM 3.1
- Residential SUD Treatment--ASAM 3.3
- Residential SUD Treatment--ASAM 3.5
- Residential SUD Treatment--ASAM 3.7
- Residential SUD Treatment--ASAM 3.7WM (Licensed ASAM 3.7D in Maryland)
- Inpatient ASAM 4.0
- Nursing Facility: SUD services

## Medical/Surgical

- Nursing Facility: Nursing services
- Nursing Facility: Dietary services
- Nursing Facility: Physician services
- Nursing Facility: Specialized rehabilitation
- Nursing Facility: Social work
- Nursing Facility: Activities
- Nursing Facility: Pharmaceutical services
- Nursing Facility: Behavioral health services
- Nursing Facility: Laboratory, radiology and other diagnostic testing
- Nursing Facility: Dental services

# Standard 8

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## Mental Health

- Mobile treatment-Assertive community treatment (ACT)
- Mobile treatment-non-ACT
- Targeted Case Management
- Respite Care (1915i)

## Substance Use Disorder

- Does not apply

## Medical/Surgical

- Applied Behavior Analysis (autism services)--primarily in-home
- Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
- HH: registered Nurse
- HH: Home Health Aide
- HH: physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- PACE: Day health care
- PACE: In-home care
- PACE: Nursing care
- PACE: Personal care
- PACE: Meals
- PACE: Recreation
- PACE: Social work
- PACE: Transportation
- CPAS and CFC: Nurse monitoring
- CPAS and CFC: Personal assistance services
- CFC: Personal emergency response system
- CFC: Transition services
- CFC: Consumer training
- CFC: home delivered meals
- CFC: assistive technology
- CFC: Accessibility adaptations
- CFC: environmental assessments
- ICS: Medical Day Care
- ICS: Nutritionist/Dietician
- ICS: Family training
- ICS: behavioral consultation
- ICS: Assisted living
- ICS: senior Center Plus
- Autism: Family leave (retainer day)
- Autism: Residential habilitation (regular and intensive)
- Autism: Intensive individual support services
- Autism: Therapeutic integration (regular and intensive)
- Autism: adult life planning
- Autism: Respite care
- Autism: family training
- Autism: Environmental accessibility adaption
- Brain Injury: Residential habilitation
- Brain Injury: Day habilitation

- Brain injury: Supported employment
- Brain injury: Individual support services
- Brain injury: medical Day Care
- HCBS: Medical Day Care
- HCBS: Nutritionist/Dietician
- HCBS: family training
- HCBS: Behavioral consultation
- HCBS: Assisted living
- HCBS: senior Center Plus
- EPSDT: Nursing services (Registered Nurse, Licensed Practical Nurse, Certified Nursing Assistant-Certified Medication Technician)
- (2) Preventive services (semiannual cleanings, fluoride, etc.) - OP OR/ASC;
- (4) Diagnostic services (oral exams, x-rays, sealants, etc.) - OP OR/ASC;
- (6) Restorative services (filings, crowns, etc) - OP OR/ASC;
- (8) Endodontic services (root canals, etc.) - OP OR/ASC;
- (10) Periodontal services (scaling, full mouth debridement, etc.) - OP OR/ASC;
- (12)Prosthodontics (dentures, etc.) - OP OR/ASC;
- (14) Oral and Maxillofacial surgery services (extractions, etc.) - OP OR/ASC;
- (17) Anesthesia - OP OR/ASC.
- Remote Patient Monitoring

# Standard 8

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## Mental Health

- Biofeedback
- Electroconvulsive therapy (ECT)--outpatient
- Family Therapy--outpatient
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive outpatient (IOP)
- Multiple family group therapy
- Partial hospitalization (PHP)
- Psychiatric Rehabilitation Services
- Psychological or neuropsychological testing and evaluation
- Therapeutic Behavioral Services
- Transcranial Magnetic Stimulation (TMS)
- Traumatic Brain Injury (TBI) Day Habilitation
- Evaluation and Management--Outpatient

## Substance Use Disorder

- Ambulatory detoxification
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive Outpatient (IOP)--ASAM 2.1
- MAT Initial Induction: Alcohol/Drug Services; Medical/Somatic (Medical Intervention in Ambulatory Setting)
- MAT Initial Intake (Evaluation and Management, Including Rx)
- MAT Ongoing (Evaluation and Management, including Rx)
- Partial Hospitalization (PHP)--ASAM 2.5
- Opioid Treatment Program (OTP) services - including med management
- Methadone Maintenance
- Ongoing services (Buprenorphine/Naloxone): Alcohol/Other Drug Abuse Services, Not Otherwise Specified

## Medical/Surgical

- HH: Physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- PACE: Medical specialty services (podiatry, psychiatry, dentistry, optometry and audiology)
- PACE: Rehabilitation
- ICS: Nutritionist/Dietician
- ICS: Behavioral consultation
- 1915c: Physician participation in plan of care meeting
- HCBS: nutritionist/Dietician
- HCBS: behavioral consultation
- (3) Diagnostic services (oral exams, x-rays, sealants, etc.) - Clinic;
- (5) Restorative services (filings, crowns, etc) - Clinic;
- (7) Endodontic services (root canals, etc.) - Clinic;
- (9) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- (11) Prosthodontics (dentures, etc.) - Clinic;
- (13) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic;
- (15) Orthodontic services - Clinic;
- (2) Diagnostic services (oral exams, x-rays, etc.) - Clinic;
- (3) Restorative services (filings, crowns, etc) - Clinic;
- (4) Endodontic services (root canals, etc.) - Clinic;
- (5) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- (6) Prosthodontics (adjustment of dentures, etc.) - Clinic;
- (7) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic; and



# Standard 8

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## Mental Health

- Abilify Maintena
- Abilify MyCite
- Adasuve
- Adhansia XR
- Adzenys XR ODT
- amphetamine ER suspension (Adzenys ER)
- amphetamine sulfate (Evekeo)
- Aplenzin
- Aptensio XR
- Aptom
- aripiprazole (Abilify)
- aripiprazole ODT (Abilify Discmelt)
- Aristada
- Aristada Initio
- armodafinil (Nuvigil)
- atomoxetine (Strattera)
- Banzel
- Belsomra
- Briviact (multiple formulations)
- bupropion XL (Forfivo XL)
- buspirone
- carbamazepine suspension (Tegretol) (generic only)
- carbamazepine XR (Tegretol XR)
- Celontin
- chloral hydrate
- chlordiazepoxide
- chlorpromazine (Thorazine)
- citalopram tablets, solution (Celexa)
- clobazam suspension (Onfi)
- clobazam tablets (Onfi)
- clomipramine
- clonazepam (Klonopin)
- clonazepam ODT (Klonopin ODT)
- clonidine ER tablets (Kapvay)
- clorazepate
- clozapine (Clorazil)
- clozapine ODT (Fazaclo)
- Clozaril
- Contempla
- Cotempla XR ODT
- Daytrana
- desvenlafaxine ER (Khedezla, Pristiq)
- desvenlafaxine fumarate ER
- dexamethylphenidate tablets (Focalin)

## Substance Use Disorder

- acamprosate (Campral)

## Medical/Surgical

- cinryze

- dexamethylphenidate XR (Focalin XR)  
(generic only)
- dextroamphetamine capsules  
(Dexedrine ER)
- dextroamphetamine solution  
(Procentra)
- dextroamphetamine tablets
- Diacomit capsules, powder pack
- diazepam
- diazepam rectal (Diastat, Acudial)
- divalproex (Depakote)
- divalproex ER (Depakote ER)
- divalproex sprinkles (Depakote  
sprinkles)
- doxepin (Silenor)
- droperidol
- duloxetine (Cymbalta)
- Dyanavel XR
- Edluar
- Emsam
- Epidiolex
- Equetro
- escitalopram solution (Lexapro)
- estazolam (ProSom)
- eszopiclone (Lunesta)
- ethosuximide (Zarontin)
- Evekeo
- Evekeo ODT
- Fanapt
- felbamate (Felbatol)
- Fetzima
- fluoxetine capsules 60mg
- fluoxetine tablets (Sarafem)
- fluoxetine weekly (Prozac weekly)
- fluphenazine (Prolixin)
- fluphenazine decanoate inj (Prolixin  
inj)
- flurazepam (Dalmane)
- fluvoxamine ER (Luvox CR)
- Fycompa
- gabapentin solution (Neurontin)
- guanfacine ER (Intuniv)
- haloperidol (Haldol)
- haloperidol decanoate inj (Haldol  
IM)
- Hetlioz
- hydroxyzine (multiple formulations)
- Ingrezza
- Intuniv ER
- Invega Sustenna
- Invega Trinza
- Jornay PM
- Kapvay 0.1-0.2mg dose pack
- Kapvay ER 0.1mg
- Lamictal XR dose pack
- lamotrigine XR, ODT (Lamictal XR,  
Lamictal ODT)
- Latuda
- levetiracetam ER (Keppra XR)
- lithium (multiple formulations)

- lorazepam (multiple formulations)
- loxapine capsules (Loxitane)
- Marplan
- meprobamate
- methamphetamine (Desoxyn)
- methylphenidate CD capsules (Metadate CD)
- methylphenidate chewable (Methylin chewable)
- methylphenidate CR tablets (except 72mg) (Concerta)
- methylphenidate CR tablets 72mg
- methylphenidate ER capsules (Ritalin LA)
- methylphenidate ER tablets (Ritalin SR)
- methylphenidate oral solution (Methylin)
- methylphenidate tablets (Ritalin)
- midazolam
- modafinil (Provigil)
- molindone
- Mydayis ER
- Nayzilam
- nefazodone (Serzone)
- Nuplazid
- olanzapine IM (Zyprexa IM)
- olanzapine ODT (Zyprexa Zydis)
- olanzapine tablets (Zyprexa)
- olanzapine/fluoxetine (Symbyax)
- oxazepam
- Oxtellar XR
- paliperidone (Invega)
- paroxetine 7.5mg capsules (Bridelle)
- paroxetine CR (Paxil CR)
- Paxil suspension
- Peganone
- perphenazine (Trilafon)
- perphenazine/amitriptyline (Triavil)
- Perseris
- Pexeva
- phenelzine (Nardil)
- pimozide (Orap)
- pregabalin capsules
- pregabalin solution
- quetiapine (Seroquel)
- quetiapine ER (Seroquel XR)
- Quillichew ER
- Quillivant XR
- ramelteon (Rozerem)
- Rexulti
- Risperdal Consta
- risperidone, risperidone ODT (Risperdal)
- Rozerem
- Sabril powder pack, tablets (Brand only)
- Saphris
- Secuado

- sertraline tablets, concentrated solution (Zoloft)
- Silenor
- Spravato
- Spritam
- Strattera
- Sunosi
- Sympazan
- temazepam 15mg, 30mg (Restoril)
- temazepam 7.5mg, 22.5mg
- thioridazine (Mellaril)
- thiothixene (Navane)
- tiagabine (Gabitril) (generic only)
- topiramate ER (Qudexy XR)
- trazodone (Desyrel)
- triazolam (Halcion)
- Trintellix
- Trokendi XR
- venlafexine ER tablets
- Versacloz
- vigabatrin (multiple formulations)
- Viibryd
- Vimpat
- Vraylar
- Wakix
- zaleplon (Sonata)
- Zenzedi
- ziprasidone (Geodon)
- ziprasidone IM (Geodon IM)
- zolpidem (Ambien)
- zolpidem ER (Ambien CR)
- zolpidem SL (Intermezzo)
- Zolpimist
- Zubsolv
- Zulresso
- Zyprexa Relprevv

## Standard 8

NQTL Type: Concurrent review (including outlier models and "soft limits")

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

Substance Use Disorder

Medical/Surgical

- Acute Care Services (Births/Deliveries)
- Acute Care Services (Medical/Surgical)
- Amputations--inpatient
- Bariatric Surgery
- Bypass surgery--inpatient
- Cardiac Procedures (non-emergent)--inpatient
- Chemotherapy--inpatient
- Corrective Surgery--inpatient
- Cosmetic Procedures--Inpatient
- Erectile Dysfunction Procedures
- Eye Procedures--Inpatient
- Gender affirmation surgery
- Grafts/Implants
- Occupational Therapy--inpatient
- Physical Therapy--inpatient
- Speech Therapy--inpatient
- Hospice Care--Inpatient
- Hospital Care--inpatient
- Hysterectomy
- Institutional Long Term Care/Skilled Nursing Facility (first 90 days)
- Investigational Surgeries/Clinical Trials--inpatient
- Neurosurgical procedures--inpatient
- NICU/Sick baby/Detained baby
- Oncology Services--inpatient
- Plastic and Restorative Surgery--inpatient
- Post-Stabilization Services-inpatient
- Rehabilitation Services (Acute)
- Room and Board
- Spinal Cord Stimulator
- Surgery (nonurgent)--inpatient
- Surgery (urgent)--inpatient
- Transplants
- Transplants Pre and Post Transplant Services
- Sterilization services--inpatient

# Standard 8

NQTL Type: Fail first policies or step therapy protocols

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## Mental Health

- Does not apply

## Substance Use Disorder

- Does not apply

## Medical/Surgical

- Acute Care Services (Births/Deliveries)
- Acute Care Services (Medical/Surgical)
- Amputations--inpatient
- Ancillary Services
- Anesthesia--Inpatient
- Bariatric Surgery
- Bypass surgery--inpatient
- Cardiac Procedures (non-emergent)--inpatient
- Chemotherapy--inpatient
- Corrective Surgery--inpatient
- Cosmetic Procedures--Inpatient
- Diagnostic and X-ray services: CT--inpatient
- Diagnostic and X-ray services: MRI--inpatient
- Diagnostic and X-ray services: PET--inpatient
- Diagnostic and X-ray services: Radiography--inpatient
- Dialysis--Inpatient
- Erectile Dysfunction Procedures
- Eye Procedures--Inpatient
- Gender affirmation surgery
- Grafts/Implants
- Occupational Therapy--inpatient
- Physical Therapy--inpatient
- Speech Therapy--inpatient
- Hospice Care--inpatient
- Hospital Care--inpatient
- Hysterectomy
- Institutional Long Term Care/Skilled Nursing Facility (first 90 days)
- Investigational Surgeries/Clinical Trials--inpatient
- Neurostimulators
- Neurosurgical procedures--inpatient
- NICU/Sick baby/Detained baby
- Oncology Services--inpatient
- Plastic and Restorative Surgery--inpatient
- Post-Stabilization Services--inpatient
- Rehabilitation Services (Acute)
- Room and Board
- Spinal Cord Stimulator
- Surgery (nonurgent)--inpatient
- Surgery (urgent)--inpatient

- Transplants
- Transplants Pre and Post Transplant Services
- Transportation between hospitals
- Sterilization services--inpatient

## Standard 8

NQTL Type: Medical necessity criteria/clinical appropriateness criteria and internal guidelines that govern benefit coverage or level of care decisions

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

Substance Use Disorder

Medical/Surgical

- Acute Care Services (Births/Deliveries)
- Acute Care Services (Medical/Surgical)
- Amputations--inpatient
- Ancillary Services
- Anesthesia--Inpatient
- Bariatric Surgery
- Bypass surgery--inpatient
- Cardiac Procedures (non-emergent)--inpatient
- Chemotherapy--inpatient
- Corrective Surgery--inpatient
- Cosmetic Procedures--Inpatient
- Diagnostic and X-ray services: CT--inpatient
- Diagnostic and X-ray services: MRI--inpatient
- Diagnostic and X-ray services: PET--inpatient
- Diagnostic and X-ray services: Radiography--inpatient
- Dialysis--Inpatient
- Erectile Dysfunction Procedures
- Eye Procedures--Inpatient
- Gender affirmation surgery
- Grafts/Implants
- Occupational Therapy--inpatient
- Physical Therapy--inpatient
- Speech Therapy--inpatient
- Hospice Care--Inpatient
- Hospital Care--inpatient
- Hysterectomy
- Institutional Long Term Care/Skilled Nursing Facility (first 90 days)
- Investigational Surgeries/Clinical Trials--inpatient
- Neurostimulators
- Neurosurgical procedures--inpatient
- NICU/Sick baby/Detained baby
- Oncology Services--inpatient
- Plastic and Restorative Surgery--inpatient
- Post-Stabilization Services--inpatient
- Rehabilitation Services (Acute)
- Room and Board
- Spinal Cord Stimulator
- Surgery (nonurgent)--inpatient



- Surgery (urgent)--inpatient
- Transplants
- Transplants Pre and Post Transplant Services
- Transportation between hospitals
- Sterilization services--inpatient

## Standard 8

NQTL Type: Prior authorization or ongoing authorization requirements (precertification)

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

Substance Use Disorder

Medical/Surgical

- Acute Care Services (Medical/Surgical)
- Bariatric Surgery
- Bypass surgery--inpatient
- Cardiac Procedures (non-emergent)--inpatient
- Corrective Surgery--inpatient
- Cosmetic Procedures--Inpatient
- Diagnostic and X-ray services: PET--inpatient
- Erectile Dysfunction Procedures
- Eye Procedures--Inpatient
- Gender affirmation surgery
- Grafts/Implants
- Hospice Care--Inpatient
- Hysterectomy
- Institutional Long Term Care/Skilled Nursing Facility (first 90 days)
- Investigational Surgeries/Clinical Trials--inpatient
- Neurostimulators
- Neurosurgical procedures--inpatient
- Rehabilitation Services (Acute)
- Spinal Cord Stimulator
- Surgery (nonurgent)--inpatient
- Transplants
- Transportation between hospitals

# Standard 8

NQTL Type: data collection

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

Substance Use Disorder

Medical/Surgical

- Does not apply

# Standard 8

NQTL Type: data collection

Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Does not apply

Substance Use Disorder

- Does not apply

Medical/Surgical

# Standard 8

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

Substance Use Disorder

- Does not apply

Medical/Surgical

- Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
- Oxygen
- DME/DMS Alternative Approach--Full category; need to identify any NQTLs that apply to any DME/DMS under the broad category. Description of NQTL factors should be more detailed.
- Home Health Services: medical supplies used for home health visit
- Home Health Services: occupational therapy
- Home Health Services: physical therapy
- Home Health Services: skilled nursing services
- Home Health Services: speech pathology services
- Personal Care Services
- Private Duty Nursing
- Remote Patient Monitoring

## Standard 8

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

### Mental Health

- Banzel
- Belsomra
- clobazam suspension (Onfi)
- clobazam tablets (Onfi)
- duloxetine (Cymbalta)
- Epidiolex
- eszopiclone (Lunesta)
- Invega Trinza
- Nuplazid
- Rexulti
- Silenor
- Spravato
- Strattera
- Sympazan
- topiramate ER (Qudexy XR)

### Substance Use Disorder

- acamprosate (Campral)
- buprenorphine
- buprenorphine/naloxone film

### Medical/Surgical

- spinraza

# Standard 8

NQTL Type: Tiering

Classification: Prescription Drugs

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

## Mental Health

- Abilify Maintena
- Abilify MyCite
- Adasuve
- Adhansia XR
- Adzenys XR ODT
- amphetamine ER suspension (Adzenys ER)
- amphetamine sulfate (Evekeo)
- Aplenzin
- Aptensio XR
- Aptiom
- aripiprazole (Abilify)
- aripiprazole ODT (Abilify Discmelt)
- Aristada
- Aristada Initio
- armodafinil (Nuvigil)
- atomoxetine (Strattera)
- Banzel
- Belsomra
- Briviact (multiple formulations)
- bupropion XL (Forfivo XL)
- buspirone
- carbamazepine suspension (Tegretol) (generic only)
- carbamazepine XR (Tegretol XR)
- Celontin
- chloral hydrate
- chlordiazepoxide
- chlorpromazine (Thorazine)
- citalopram tablets, solution (Celexa)
- clobazam suspension (Onfi)
- clobazam tablets (Onfi)
- clomipramine
- clonazepam (Klonopin)
- clonazepam ODT (Klonopin ODT)
- clonidine ER tablets (Kapvay)
- clorazepate
- clozapine (Clorazil)
- clozapine ODT (Fazaclo)
- Clozaril
- Contempla
- Cotempla XR ODT
- Daytrana
- desvenlafaxine ER (Khedezla, Pristiq)
- desvenlafaxine fumarate ER
- dexamethylphenidate tablets (Focalin)

## Substance Use Disorder

- ZUBSOLV
- SUBOXONE
- BUNAVAIL
- SUBUTEX
- SUBLOCADE
- VIVITROL
- acamprosate (Campral)
- buprenorphine
- buprenorphine/naloxone film
- buprenorphine/naloxone tablets
- Campral
- Lucemyra
- naltrexone
- Nicotrol® nasal spray, inhaler
- Sublocade
- Vivitrol
- chantix
- disulfiram (Antabuse)
- nicotine gum
- nicotine lozenge
- nicotine patches
- suboxone film

## Medical/Surgical

- cinryze
- spinraza
- zolgensma
- MCO administered prescription drug

- dexamethylphenidate XR (Focalin XR)  
(generic only)
- dextroamphetamine capsules  
(Dexedrine ER)
- dextroamphetamine solution  
(Procentra)
- dextroamphetamine tablets
- Diacomit capsules, powder pack
- diazepam
- diazepam rectal (Diastat, Acudial)
- divalproex (Depakote)
- divalproex ER (Depakote ER)
- divalproex sprinkles (Depakote  
sprinkles)
- doxepin (Silenor)
- droperidol
- duloxetine (Cymbalta)
- Dyanavel XR
- Edluar
- Emsam
- Epidiolex
- Equetro
- escitalopram solution (Lexapro)
- estazolam (ProSom)
- eszopiclone (Lunesta)
- ethosuximide (Zarontin)
- Evekeo
- Evekeo ODT
- Fanapt
- felbamate (Felbatol)
- Fetzima
- fluoxetine capsules 60mg
- fluoxetine tablets (Sarafem)
- fluoxetine weekly (Prozac weekly)
- fluphenazine (Prolixin)
- fluphenazine decanoate inj (Prolixin  
inj)
- flurazepam (Dalmane)
- fluvoxamine ER (Luvox CR)
- Fycompa
- gabapentin solution (Neurontin)
- guanfacine ER (Intuniv)
- haloperidol (Haldol)
- haloperidol decanoate inj (Haldol  
IM)
- Hetlioz
- hydroxyzine (multiple formulations)
- Ingrezza
- Intuniv ER
- Invega Sustenna
- Invega Trinza
- Jornay PM
- Kapvay 0.1-0.2mg dose pack
- Kapvay ER 0.1mg
- Lamictal XR dose pack
- lamotrigine XR, ODT (Lamictal XR,  
Lamictal ODT)
- Latuda
- levetiracetam ER (Keppra XR)
- lithium (multiple formulations)



- lorazepam (multiple formulations)
- loxapine capsules (Loxitane)
- Marplan
- meprobamate
- methamphetamine (Desoxyn)
- methylphenidate CD capsules (Metadate CD)
- methylphenidate chewable (Methylin chewable)
- methylphenidate CR tablets (except 72mg) (Concerta)
- methylphenidate CR tablets 72mg
- methylphenidate ER capsules (Ritalin LA)
- methylphenidate ER tablets (Ritalin SR)
- methylphenidate oral solution (Methylin)
- methylphenidate tablets (Ritalin)
- midazolam
- modafinil (Provigil)
- molindone
- Mydayis ER
- Nayzilam
- nefazodone (Serzone)
- Nuplazid
- olanzapine IM (Zyprexa IM)
- olanzapine ODT (Zyprexa Zydis)
- olanzapine tablets (Zyprexa)
- olanzapine/fluoxetine (Symbyax)
- oxazepam
- Oxtellar XR
- paliperidone (Invega)
- paroxetine 7.5mg capsules (Bridelle)
- paroxetine CR (Paxil CR)
- Paxil suspension
- Peganone
- perphenazine (Trilafon)
- perphenazine/amitriptyline (Triavil)
- Perseris
- Pexeva
- phenelzine (Nardil)
- pimozide (Orap)
- pregabalin capsules
- pregabalin solution
- quetiapine (Seroquel)
- quetiapine ER (Seroquel XR)
- Quillichew ER
- Quillivant XR
- ramelteon (Rozerem)
- Rexulti
- Risperdal Consta
- risperidone, risperidone ODT (Risperdal)
- Rozerem
- Sabril powder pack, tablets (Brand only)
- Saphris
- Secuado

- sertraline tablets, concentrated solution (Zoloft)
- Silenor
- Spravato
- Spritam
- Strattera
- Sunosi
- Sympazan
- temazepam 15mg, 30mg (Restoril)
- temazepam 7.5mg, 22.5mg
- thioridazine (Mellaril)
- thiothixene (Navane)
- tiagabine (Gabitril) (generic only)
- topiramate ER (Qudexy XR)
- trazodone (Desyrel)
- triazolam (Halcion)
- Trintellix
- Trokendi XR
- venlafexine ER tablets
- Versacloz
- vigabatrin (multiple formulations)
- Viibryd
- Vimpat
- Vraylar
- Wakix
- zaleplon (Sonata)
- Zenzedi
- ziprasidone (Geodon)
- ziprasidone IM (Geodon IM)
- zolpidem (Ambien)
- zolpidem ER (Ambien CR)
- zolpidem SL (Intermezzo)
- Zolpimist
- Zubsolv
- Zulresso
- Zyprexa Relprevv
- Aristada ER
- clonidine (Catapres)
- Depo-Provera (multiple formulations)
- Eligard (multiple formulations) (leuprolide acetate)
- guanfacine (Tenex)
- leuprolide acetate
- liothyronine (Triostat)
- Lupron 3.75mg (leuprolide acetate)
- Lupron Depot (multiple formulations) (leuprolide acetate)

## Standard 9

Any parity flags found in Standard 9 are reported below. The number of flags per classification and category combination is shown.

<b>Parity Flag</b>			
	<b>Mental Health</b>	<b>Substance Use Disorder</b>	<b>Medical/Surgical</b>
<b>Inpatient</b>	-	-	-
<b>Outpatient - Other</b>	-	-	-
<b>Outpatient - Office Based</b>	-	-	-
<b>Emergency Benefits</b>	-	-	-
<b>Prescription Drugs</b>	-	-	-

Any classification/category/NQTL combination considered incomplete is reported in the table below.

<b>Missing Information</b>			
	<b>Mental Health</b>	<b>Substance Use Disorder</b>	<b>Medical/Surgical</b>
<b>Inpatient</b>	-	-	-
<b>Outpatient - Other</b>	-	-	-
<b>Outpatient - Office Based</b>	-	-	-
<b>Emergency Benefits</b>	-	-	-
<b>Prescription Drugs</b>	-	-	-

## Standard 9

NQTL Type: Outlier Management  
Classification: Emergency Benefits  
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

## Standard 9

NQTL Type: Outlier Management  
Classification: Emergency Benefits  
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

## Standard 9

NQTL Type: Outlier Management  
Classification: Emergency Benefits  
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Copy of Copy of High ER Utilizers 4th Q 2019.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Fiscal Responsibility
- Industry Standards

Considered

# Standard 9

NQTL Type: Outlier Management  
Classification: Emergency Benefits  
Factor: Not Applicable

## Definitions

**Mental Health:** There is no concurrent review requirements for benefits in this section.

**Substance Use Disorder:** There is no concurrent review requirements for benefits in this section.

**Medical/Surgical:**

## Sources

Mental Health

*Question Skipped*

Substance Use Disorder

- Not Applicable

Medical/Surgical

## Evidentiary Standards

Mental Health

*Question Skipped*

Substance Use Disorder

- Not Applicable

Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: Outlier Management  
Classification: Emergency Benefits  
Factor: Fiscal Responsibility

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**



# Standard 9

NQTL Type: Outlier Management  
Classification: Emergency Benefits  
Factor: Industry Standards

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this a benefit for which the Department or other MCOs require precertification? Providers MUST be credentialed appropriately to treat members. Did MDH provide specific rules we must follow? Facilities must be accredited to treat members.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

## Standard 9

NQTL Type: Outlier Management  
Classification: Prescription Drugs  
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

## Standard 9

NQTL Type: Outlier Management

Classification: Prescription Drugs

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- 19.02 Drug Use Management Program.docx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Fiscal Responsibility
- Industry Standards

Considered

# Standard 9

NQTL Type: Outlier Management

Classification: Prescription Drugs

Factor: Not Applicable

## Definitions

**Mental Health:**

**Substance Use Disorder:** There is no concurrent review requirements for benefits in this section.

**Medical/Surgical:**

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

## Explain

**Substance Use Disorder:**

# Standard 9

NQTL Type: Outlier Management  
Classification: Prescription Drugs  
Factor: Fiscal Responsibility

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: Outlier Management

Classification: Prescription Drugs

Factor: Industry Standards

## Definitions

**Mental Health:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

**Substance Use Disorder:**

**Medical/Surgical:** Is this a benefit for which the Department or other MCOs require precertification? Providers MUST be credentialed appropriately to treat members. Did MDH provide specific rules we must follow? Facilities must be accredited to treat members.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: Outlier Management  
Classification: Outpatient - Office Based  
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- High variability in cost per episode of care
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- High variability in cost per episode of care
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

# Standard 9

NQTL Type: Outlier Management  
Classification: Outpatient - Office Based  
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- High variability in cost per episode of care
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- High variability in cost per episode of care
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care



# Standard 9

NQTL Type: Outlier Management  
Classification: Outpatient - Office Based  
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Copy of TopPayee - 2020-07-31.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Fiscal Responsibility
- Industry Standards

Considered

# Standard 9

NQTL Type: Outlier Management  
Classification: Outpatient - Office Based  
Factor: Excessive utilization

## Definitions

**Mental Health:** significantly higher use of a service than average by a participant  
**Substance Use Disorder:** significantly higher use of a service than average by a participant  
**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**  
**Substance Use Disorder:**

# Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Office Based

Factor: High variability in cost per episode of care

## Definitions

**Mental Health:** Not Applicable. Did not select in Q P1Q2 and Q3.

**Substance Use Disorder:** Not Applicable. Did not select in Q P1Q2 and Q3.

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

# Standard 9

NQTL Type: Outlier Management  
Classification: Outpatient - Office Based  
Factor: Variability in quality

## Definitions

**Mental Health:** is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

**Substance Use Disorder:** is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: Outlier Management  
Classification: Outpatient - Office Based  
Factor: Severity or chronicity of an illness

## Definitions

- Mental Health:** Level of current symptoms and presence of symptoms over time.  
**Substance Use Disorder:** Level of current symptoms and presence of symptoms over time.  
**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

# Standard 9

NQTL Type: Outlier Management  
Classification: Outpatient - Office Based  
Factor: Service type

## Definitions

**Mental Health:** Services with various levels of intensity, including frequency and expected duration;  
**Substance Use Disorder:** Services with various levels of intensity, including frequency and expected duration;  
**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

# Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Office Based

Factor: Least restrictive appropriate level of care

## Definitions

**Mental Health:** Lowest level of care the individual can be safely and effectively treated.

**Substance Use Disorder:** Lowest level of care the individual can be safely and effectively treated.

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

# Standard 9

NQTL Type: Outlier Management  
Classification: Outpatient - Office Based  
Factor: Fiscal Responsibility

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**



# Standard 9

NQTL Type: Outlier Management  
Classification: Outpatient - Office Based  
Factor: Industry Standards

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this a benefit for which the Department or other MCOs require precertification? Providers MUST be credentialed appropriately to treat members. Did MDH provide specific rules we must follow? Facilities must be accredited to treat members.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

## Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Other

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- High variability in cost per episode of care
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- High variability in cost per episode of care
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

## Standard 9

NQTL Type: Outlier Management  
Classification: Outpatient - Other  
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping\_MDH Revisions\_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization
- Variability in quality

Considered

## Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Other

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

**Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.**

Supporting Documents

- Copy of TopPayee - 2020-07-31.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Fiscal Responsibility
- Industry Standards

Considered

# Standard 9

NQTL Type: Outlier Management  
Classification: Outpatient - Other  
Factor: Excessive utilization

## Definitions

**Mental Health:** significantly higher use of a service than average by a participant  
**Substance Use Disorder:** significantly higher use of a service than average by a participant  
**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**  
**Substance Use Disorder:**  
**Medical/Surgical:**

# Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Other

Factor: High variability in cost per episode of care

## Definitions

**Mental Health:** Not Applicable. Did not select in Q P1Q2 and Q3.

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

## Explain

# Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Other

Factor: Variability in quality

## Definitions

**Mental Health:** is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

**Substance Use Disorder:** is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:**

# Standard 9

NQTL Type: Outlier Management  
Classification: Outpatient - Other  
Factor: Severity or chronicity of an illness

## Definitions

**Mental Health:** Level of current symptoms and presence of symptoms over time.

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

## Explain



# Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Other

Factor: Service type

## Definitions

**Mental Health:** Services with various levels of intensity, including frequency and expected duration;

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

## Explain

# Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Other

Factor: Least restrictive appropriate level of care

## Definitions

**Mental Health:** Lowest level of care the individual can be safely and effectively treated.

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

## Explain

# Standard 9

NQTL Type: Outlier Management  
Classification: Outpatient - Other  
Factor: Fiscal Responsibility

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: Outlier Management  
Classification: Outpatient - Other  
Factor: Industry Standards

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this a benefit for which the Department or other MCOs require precertification? Providers MUST be credentialed appropriately to treat members. Did MDH provide specific rules we must follow? Facilities must be accredited to treat members.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- High levels of variation in length of stay
- Variability in quality
- Service type
- Least restrictive appropriate level of care

## Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

## Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

**Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.**

Supporting Documents

- 3rd Qtr 2005 - 2019.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Fiscal Responsibility

# Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Factor: High levels of variation in length of stay

## Definitions

**Mental Health:** Individuals with the same illness having different courses of improvement.

**Substance Use Disorder:** Individuals with the same illness having different courses of improvement.

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain



# Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Factor: Severity or chronicity of an illness

## Definitions

**Mental Health:** Level of current symptoms and presence of symptoms over time.

**Substance Use Disorder:** Level of current symptoms and presence of symptoms over time.

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

# Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Factor: Service type

## Definitions

**Mental Health:** Services with various levels of intensity, including frequency and expected duration;

**Substance Use Disorder:** Services with various levels of intensity, including frequency and expected duration;

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

# Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Factor: Least restrictive appropriate level of care

## Definitions

**Mental Health:** Lowest level of care the individual can be safely and effectively treated.

**Substance Use Disorder:** Lowest level of care the individual can be safely and effectively treated.

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

# Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Factor: Excessive utilization

## Definitions

**Mental Health:** significantly higher use of a service than average by a participant

**Substance Use Disorder:** significantly higher use of a service than average by a participant

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

# Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Factor: Variability in quality

## Definitions

**Mental Health:** is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

**Substance Use Disorder:** is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

# Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Factor: Fiscal Responsibility

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

## Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- fail first protocol

Considered

- Lack of clinical efficiency of treatment or service
- Severity or chronicity of an illness
- Site visit requirements
- Service type
- Safety risks

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- fail first protocol

Considered

- Lack of clinical efficiency of treatment or service
- Severity or chronicity of an illness
- Site visit requirements
- Service type
- Safety risks

## Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable



## Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Fiscal Responsibility
- Industry Standards

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Appropriateness of utilization
- Medical Necessity
- Patient Safety

# Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Fiscal Responsibility

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Industry Standards

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this a benefit for which the Department or other MCOs require precertification? Providers MUST be credentialed appropriately to treat members. Did MDH provide specific rules we must follow? Facilities must be accredited to treat members.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Lack of clinical efficiency of treatment or service

## Definitions

**Mental Health:** PAs used to approve drugs for participants after failing trials of other drugs or services

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Substance Use Disorder

Medical/Surgical

## Explain

**Mental Health:**

# Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Severity or chronicity of an illness

## Definitions

**Mental Health:** Level of current symptoms and presence of symptoms over time.

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Substance Use Disorder

Medical/Surgical

## Explain

**Mental Health:**

# Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Site visit requirements

## Definitions

**Mental Health:** PAs used to determine compliance with site visit requirements associated with the clinical criteria of certain drugs

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Substance Use Disorder

Medical/Surgical

## Explain

**Mental Health:**

# Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Service type

## Definitions

**Mental Health:** Services with various levels of intensity, including frequency and expected duration;

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Substance Use Disorder

Medical/Surgical

## Explain

**Mental Health:**

# Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Safety risks

## Definitions

**Mental Health:** risk of PA drug compared to other drugs considered

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Substance Use Disorder

Medical/Surgical

## Explain

**Mental Health:**



# Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: fail first protocol

## Definitions

**Mental Health:** fail first protocol

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Substance Use Disorder

Medical/Surgical

## Explain

**Mental Health:**

# Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Not Applicable

## Definitions

**Mental Health:**

**Substance Use Disorder:** There is no concurrent review requirements for benefits in this section.

**Medical/Surgical:**

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Substance Use Disorder:**

**Medical/Surgical:**

# Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Appropriateness of utilization

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this benefit typically utilized appropriately? Is this the most appropriate service for this member based on their history? Is the patient receiving all the preventive services they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Medical Necessity

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Does the service meet InterQual criteria? Is this the safest, cheapest option of covered services available for this situation? Did the patient already have this service or a similar service? Does this patient have other factors (medical or social) that would make this service inappropriate or another service more appropriate? Do we need to go out of network to ensure the patient receives the care they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Patient Safety

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this procedure the most appropriate and safest intervention available?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Medical/Surgical:**

## Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

## Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Fiscal Responsibility
- Industry Standards

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Industry Standards
- Appropriateness of utilization
- Medical Necessity

# Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Factor: Not Applicable

## Definitions

**Mental Health:**

**Substance Use Disorder:** There is no concurrent review requirements for benefits in this section.

**Medical/Surgical:**

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Substance Use Disorder:**



# Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Factor: Fiscal Responsibility

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Factor: Industry Standards

## Definitions

**Mental Health:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

**Substance Use Disorder:**

**Medical/Surgical:** Is this a benefit for which the Department or other MCOs require precertification? Providers MUST be credentialed appropriately to treat members. Did MDH provide specific rules we must follow? Facilities must be accredited to treat members.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Factor: Appropriateness of utilization

## Definitions

**Mental Health:** Is this a benefit for which the Department or other MCOs require precertification? Providers MUST be credentialed appropriately to treat members. Did MDH provide specific rules we must follow? Facilities must be accredited to treat members.

**Substance Use Disorder:**

**Medical/Surgical:** Is this benefit typically utilized appropriately? Is this the most appropriate service for this member based on their history? Is the patient receiving all the preventive services they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Factor: Medical Necessity

## Definitions

**Mental Health:** Is this benefit typically utilized appropriately? Is this the most appropriate service for this member based on their history? Is the patient receiving all the preventive services they need?

**Substance Use Disorder:**

**Medical/Surgical:** Does the service meet InterQual criteria? Is this the safest, cheapest option of covered services available for this situation? Did the patient already have this service or a similar service? Does this patient have other factors (medical or social) that would make this service inappropriate or another service more appropriate? Do we need to go out of network to ensure the patient receives the care they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Medical/Surgical:**

## Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Severity or chronicity of an illness
- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

## Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping\_MDH Revisions\_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Considered

## Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- 1.17.07 UR - Concurrent Review.docx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Fiscal Responsibility
- Industry Standards

Considered

# Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Factor: High levels of variation in length of stay

## Definitions

**Mental Health:** Individuals with the same illness having different courses of improvement.

**Substance Use Disorder:** Individuals with the same illness having different courses of improvement.

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**



# Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Factor: Severity or chronicity of an illness

## Definitions

**Mental Health:** Level of current symptoms and presence of symptoms over time.

**Substance Use Disorder:** Level of current symptoms and presence of symptoms over time.

**Medical/Surgical:**

## Sources

### Mental Health

- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Factor: Service type

## Definitions

**Mental Health:** Services with various levels of intensity, including frequency and expected duration;

**Substance Use Disorder:** Services with various levels of intensity, including frequency and expected duration;

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Factor: Variability in quality

## Definitions

**Mental Health:** is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

**Substance Use Disorder:** is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Factor: Least restrictive appropriate level of care

## Definitions

**Mental Health:** Lowest level of care the individual can be safely and effectively treated.

**Substance Use Disorder:** Lowest level of care the individual can be safely and effectively treated.

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Factor: Fiscal Responsibility

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Factor: Industry Standards

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this a benefit for which the Department or other MCOs require precertification? Providers MUST be credentialed appropriately to treat members. Did MDH provide specific rules we must follow? Facilities must be accredited to treat members.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Medical/Surgical:**

## Standard 9

NQTL Type: medical necessity  
Classification: Prescription Drugs  
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Maryland Medicaid\_Parity Analysis Definitions\_7.16.20.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Lack of clinical efficiency of treatment or service
- Claim types with high percentage of fraud
- Severity or chronicity of an illness
- Site visit requirements
- Service type
- Safety risks
- Medication status on Preferred Drug List (PDL) as determined by the Preferred Drug Program via recommendations by the Pharmacy & Therapeutics (P&T) Committee
- Internal auditing for treatment compliance via concurrent review of treatment plans and medical documentation

# Standard 9

NQTL Type: medical necessity  
Classification: Prescription Drugs  
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

## Relied Upon

- Limitations on the daily, monthly, or yearly quantity for which the drug can be prescribed to the participant

## Considered

- Excessive utilization
- Lack of clinical efficiency of treatment or service
- Claim types with high percentage of fraud
- Severity or chronicity of an illness
- Site visit requirements
- Service type
- Safety risks
- Medication status on Preferred Drug List (PDL) as determined by the Preferred Drug Program via recommendations by the Pharmacy & Therapeutics (P&T) Committee

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

## Relied Upon

- Limitations on the daily, monthly, or yearly quantity for which the drug can be prescribed to the participant

## Considered

- Lack of clinical efficiency of treatment or service
- Claim types with high percentage of fraud
- Severity or chronicity of an illness
- Site visit requirements
- Service type
- Safety risks
- Medication status on Preferred Drug List (PDL) as determined by the Preferred Drug Program via recommendations by the Pharmacy & Therapeutics (P&T) Committee
- Internal auditing for treatment compliance via concurrent review of treatment plans and medical documentation



## Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Fiscal Responsibility
- Industry Standards
- Appropriateness of utilization

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Appropriateness of utilization
- Medical Necessity
- Patient Safety

# Standard 9

NQTL Type: medical necessity  
Classification: Prescription Drugs  
Factor: Fiscal Responsibility

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: medical necessity  
Classification: Prescription Drugs  
Factor: Industry Standards

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this a benefit for which the Department or other MCOs require precertification? Providers MUST be credentialed appropriately to treat members. Did MDH provide specific rules we must follow? Facilities must be accredited to treat members.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: medical necessity  
Classification: Prescription Drugs  
Factor: Appropriateness of utilization

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this benefit typically utilized appropriately? Is this the most appropriate service for this member based on their history? Is the patient receiving all the preventive services they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: medical necessity  
Classification: Prescription Drugs  
Factor: Excessive utilization

## Definitions

**Mental Health:** significantly higher use of a service than average by a participant  
**Substance Use Disorder:** significantly higher use of a service than average by a participant  
**Medical/Surgical:**

## Sources

Mental Health	Substance Use Disorder	Medical/Surgical
<ul style="list-style-type: none"><li>Internal claims analysis</li></ul>	<ul style="list-style-type: none"><li>Internal claims analysis</li></ul>	

## Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
<ul style="list-style-type: none"><li>A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.</li></ul>		

## Explain

**Substance Use Disorder:**

# Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Factor: Lack of clinical efficiency of treatment or service

## Definitions

**Mental Health:** PAs used to approve drugs for participants after failing trials of other drugs or services

**Substance Use Disorder:** PAs used to approve drugs for participants after failing trials of other drugs or services

**Medical/Surgical:**

## Sources

### Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

### Medical/Surgical

## Explain

# Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Factor: Claim types with high percentage of fraud

## Definitions

**Mental Health:** Procedures that are known to have a high percentage of fraud or which we have identified fraud.

**Substance Use Disorder:** Procedures that are known to have a high percentage of fraud or which we have identified fraud.

**Medical/Surgical:**

## Sources

Mental Health

- Internal claims analysis

Substance Use Disorder

- Internal claims analysis

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Medical/Surgical

## Explain

# Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Factor: Severity or chronicity of an illness

## Definitions

**Mental Health:** Level of current symptoms and presence of symptoms over time.

**Substance Use Disorder:** Level of current symptoms and presence of symptoms over time.

**Medical/Surgical:**

## Sources

### Mental Health

- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

### Medical/Surgical

## Explain



# Standard 9

NQTL Type: medical necessity  
Classification: Prescription Drugs  
Factor: Site visit requirements

## Definitions

**Mental Health:** PAs used to determine compliance with site visit requirements associated with the clinical criteria of certain drugs

**Substance Use Disorder:** PAs used to determine compliance with site visit requirements associated with the clinical criteria of certain drugs

**Medical/Surgical:**

## Sources

### Mental Health

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

### Medical/Surgical

## Explain

# Standard 9

NQTL Type: medical necessity  
Classification: Prescription Drugs  
Factor: Service type

## Definitions

**Mental Health:** Services with various levels of intensity, including frequency and expected duration;  
**Substance Use Disorder:** Services with various levels of intensity, including frequency and expected duration;  
**Medical/Surgical:**

## Sources

### Mental Health

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

### Medical/Surgical

## Explain

# Standard 9

NQTL Type: medical necessity  
Classification: Prescription Drugs  
Factor: Safety risks

## Definitions

- Mental Health:** risk of PA drug compared to other drugs considered  
**Substance Use Disorder:** risk of PA drug compared to other drugs considered  
**Medical/Surgical:**

## Sources

### Mental Health

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

### Medical/Surgical

## Explain

# Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Factor: Medication status on Preferred Drug List (PDL) as determined by the Preferred Drug Program via recommendations by the Pharmacy & Therapeutics (P&T) Committee

## Definitions

**Mental Health:** A drug's classification within the Preferred Drug List (PDL), which is a list of the Department's Preferred and Non-Preferred drugs developed by the Department's Preferred Drug Program via recommendations made by the Pharmacy & Therapeutics (P&T) Committee

**Substance Use Disorder:** A drug's classification within the Preferred Drug List (PDL), which is a list of the Department's Preferred and Non-Preferred drugs developed by the Department's Preferred Drug Program via recommendations made by the Pharmacy & Therapeutics (P&T) Committee

**Medical/Surgical:**

## Sources

### Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

### Medical/Surgical

## Explain

# Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Factor: Limitations on the daily, monthly, or yearly quantity for which the drug can be prescribed to the participant

## Definitions

**Mental Health:**

**Substance Use Disorder:** Limitations on the daily, monthly, or yearly quantity for which the drug can be prescribed to the participant

**Medical/Surgical:**

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium

## Explain

# Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Factor: Internal auditing for treatment compliance via concurrent review of treatment plans and medical documentation

## Definitions

**Mental Health:** Process review activities to review a participant's course and efficacy of treatment to determine the approval or renewal of a prior authorization for their drug.

**Substance Use Disorder:** Process review activities to review a participant's course and efficacy of treatment to determine the approval or renewal of a prior authorization for their drug.

**Medical/Surgical:**

## Sources

Mental Health

- Internal claims analysis

Substance Use Disorder

- Internal claims analysis

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium
- Process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA Prescribing Information & Official Compendium
- Process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

## Explain

# Standard 9

NQTL Type: medical necessity  
Classification: Prescription Drugs  
Factor: Medical Necessity

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Does the service meet InterQual criteria? Is this the safest, cheapest option of covered services available for this situation? Did the patient already have this service or a similar service? Does this patient have other factors (medical or social) that would make this service inappropriate or another service more appropriate? Do we need to go out of network to ensure the patient receives the care they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: medical necessity  
Classification: Prescription Drugs  
Factor: Patient Safety

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this procedure the most appropriate and safest intervention available?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**



## Standard 9

NQTL Type: medical necessity  
Classification: Outpatient - Other  
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

## Standard 9

NQTL Type: medical necessity  
Classification: Outpatient - Other  
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

## Standard 9

NQTL Type: medical necessity  
Classification: Outpatient - Other  
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Fiscal Responsibility
- Industry Standards
- Patient Safety

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Industry Standards
- Appropriateness of utilization
- Medical Necessity

# Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: High levels of variation in length of stay

## Definitions

**Mental Health:** Individuals with the same illness having different courses of improvement.

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: medical necessity  
Classification: Outpatient - Other  
Factor: Variability in quality

## Definitions

**Mental Health:** is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: Severity or chronicity of an illness

## Definitions

**Mental Health:** Level of current symptoms and presence of symptoms over time.

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: medical necessity  
Classification: Outpatient - Other  
Factor: Service type

## Definitions

**Mental Health:** Services with various levels of intensity, including frequency and expected duration;  
**Substance Use Disorder:**  
**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

### Medical/Surgical

## Explain

**Mental Health:**  
**Substance Use Disorder:**

# Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: Least restrictive appropriate level of care

## Definitions

**Mental Health:** Lowest level of care the individual can be safely and effectively treated.

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**



# Standard 9

NQTL Type: medical necessity  
Classification: Outpatient - Other  
Factor: Not Applicable

## Definitions

**Mental Health:**

**Substance Use Disorder:** There is no concurrent review requirements for benefits in this section.

**Medical/Surgical:**

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Substance Use Disorder:**

# Standard 9

NQTL Type: medical necessity  
Classification: Outpatient - Other  
Factor: Fiscal Responsibility

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: medical necessity  
Classification: Outpatient - Other  
Factor: Industry Standards

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this a benefit for which the Department or other MCOs require precertification? Providers MUST be credentialed appropriately to treat members. Did MDH provide specific rules we must follow? Facilities must be accredited to treat members.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: medical necessity  
Classification: Outpatient - Other  
Factor: Patient Safety

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this procedure the most appropriate and safest intervention available?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: Least restrictive appropriate level of care

## Definitions

**Mental Health:** lowest level of care the individual can be safely and effectively treated.

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

## Explain

**Mental Health:**

# Standard 9

NQTL Type: medical necessity  
Classification: Outpatient - Other  
Factor: Appropriateness of utilization

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this benefit typically utilized appropriately? Is this the most appropriate service for this member based on their history? Is the patient receiving all the preventive services they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: medical necessity  
Classification: Outpatient - Other  
Factor: Medical Necessity

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Does the service meet InterQual criteria? Is this the safest, cheapest option of covered services available for this situation? Did the patient already have this service or a similar service? Does this patient have other factors (medical or social) that would make this service inappropriate or another service more appropriate? Do we need to go out of network to ensure the patient receives the care they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

## Standard 9

NQTL Type: medical necessity  
Classification: Outpatient - Office Based  
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care



# Standard 9

NQTL Type: medical necessity  
Classification: Outpatient - Office Based  
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

## Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Fiscal Responsibility
- Industry Standards
- Patient Safety

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Industry Standards
- Appropriateness of utilization
- Medical Necessity

# Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Factor: Service type

## Definitions

**Mental Health:** Services with various levels of intensity, including frequency and expected duration;

**Substance Use Disorder:** Services with various levels of intensity, including frequency and expected duration;

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: medical necessity  
Classification: Outpatient - Office Based  
Factor: Fiscal Responsibility

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: medical necessity  
Classification: Outpatient - Office Based  
Factor: Industry Standards

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this a benefit for which the Department or other MCOs require precertification? Providers MUST be credentialed appropriately to treat members. Did MDH provide specific rules we must follow? Facilities must be accredited to treat members.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: medical necessity  
Classification: Outpatient - Office Based  
Factor: Patient Safety

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this procedure the most appropriate and safest intervention available?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Factor: High levels of variation in length of stay

## Definitions

**Mental Health:** Individuals with the same illness having different courses of improvement.

**Substance Use Disorder:** Individuals with the same illness having different courses of improvement.

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: medical necessity  
Classification: Outpatient - Office Based  
Factor: Variability in quality

## Definitions

**Mental Health:** is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

**Substance Use Disorder:** is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**



# Standard 9

NQTL Type: medical necessity  
Classification: Outpatient - Office Based  
Factor: Severity or chronicity of an illness

## Definitions

- Mental Health:** Level of current symptoms and presence of symptoms over time.  
**Substance Use Disorder:** Level of current symptoms and presence of symptoms over time.  
**Medical/Surgical:**

## Sources

- |  |   |                                |
|--|---|--------------------------------|
| <p><b>Mental Health</b></p> <ul style="list-style-type: none"><li>Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits</li></ul> | <p><b>Substance Use Disorder</b></p> <ul style="list-style-type: none"><li>Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits</li></ul> | <p><b>Medical/Surgical</b></p> |
|--|---|--------------------------------|

## Evidentiary Standards

- |   |  |                                |
|---|--|--------------------------------|
| <p><b>Mental Health</b></p> <ul style="list-style-type: none"><li>Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.</li></ul> | <p><b>Substance Use Disorder</b></p> <ul style="list-style-type: none"><li>Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.</li></ul> | <p><b>Medical/Surgical</b></p> |
|---|--|--------------------------------|

## Explain

- Mental Health:**  
**Substance Use Disorder:**

# Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Factor: Least restrictive appropriate level of care

## Definitions

**Mental Health:** Lowest level of care the individual can be safely and effectively treated.

**Substance Use Disorder:** Lowest level of care the individual can be safely and effectively treated.

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: medical necessity  
Classification: Outpatient - Office Based  
Factor: Appropriateness of utilization

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this benefit typically utilized appropriately? Is this the most appropriate service for this member based on their history? Is the patient receiving all the preventive services they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: medical necessity  
Classification: Outpatient - Office Based  
Factor: Medical Necessity

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Does the service meet InterQual criteria? Is this the safest, cheapest option of covered services available for this situation? Did the patient already have this service or a similar service? Does this patient have other factors (medical or social) that would make this service inappropriate or another service more appropriate? Do we need to go out of network to ensure the patient receives the care they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

## Standard 9

NQTL Type: medical necessity  
Classification: Emergency Benefits  
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

## Standard 9

NQTL Type: medical necessity  
Classification: Emergency Benefits  
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

## Standard 9

NQTL Type: medical necessity  
Classification: Emergency Benefits  
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Fiscal Responsibility
- Industry Standards
- Patient Safety

Considered

- Claim types with high percentage of fraud

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Industry Standards
- Medical Necessity

Considered

# Standard 9

NQTL Type: medical necessity  
Classification: Emergency Benefits  
Factor: Not Applicable

## Definitions

**Mental Health:** There is no concurrent review requirements for benefits in this section.

**Substance Use Disorder:** There is no concurrent review requirements for benefits in this section.

**Medical/Surgical:**

## Sources

Mental Health

*Question Skipped*

Substance Use Disorder

*Question Skipped*

Medical/Surgical

## Evidentiary Standards

Mental Health

*Question Skipped*

Substance Use Disorder

*Question Skipped*

Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**



# Standard 9

NQTL Type: medical necessity

Classification: Emergency Benefits

Factor: Claim types with high percentage of fraud

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Procedures that are known to have a high percentage of fraud or which we have identified fraud.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: medical necessity  
Classification: Emergency Benefits  
Factor: Fiscal Responsibility

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: medical necessity  
Classification: Emergency Benefits  
Factor: Industry Standards

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this a benefit for which the Department or other MCOs require precertification? Providers MUST be credentialed appropriately to treat members. Did MDH provide specific rules we must follow? Facilities must be accredited to treat members.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: medical necessity  
Classification: Emergency Benefits  
Factor: Patient Safety

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this procedure the most appropriate and safest intervention available?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: medical necessity  
Classification: Emergency Benefits  
Factor: Medical Necessity

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Does the service meet InterQual criteria? Is this the safest, cheapest option of covered services available for this situation? Did the patient already have this service or a similar service? Does this patient have other factors (medical or social) that would make this service inappropriate or another service more appropriate? Do we need to go out of network to ensure the patient receives the care they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: Tiering

Classification: Prescription Drugs

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Not Applicable

Considered

- Claim types with high percentage of fraud

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Not Applicable

Considered

# Standard 9

NQTL Type: Tiering

Classification: Prescription Drugs

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

## Standard 9

NQTL Type: Tiering

Classification: Prescription Drugs

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- [formulary website.docx](#)

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Fiscal Responsibility
- Industry Standards

Considered



# Standard 9

NQTL Type: Tiering

Classification: Prescription Drugs

Factor: Claim types with high percentage of fraud

## Definitions

**Mental Health:** Procedures that are known to have a high percentage of fraud or which we have identified fraud.

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

*Question Skipped*

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

*Question Skipped*

Substance Use Disorder

Medical/Surgical

## Explain

**Mental Health:**

# Standard 9

NQTL Type: Tiering

Classification: Prescription Drugs

Factor: Not Applicable

## Definitions

**Mental Health:** There is no concurrent review requirements for benefits in this section.

**Substance Use Disorder:** There is no concurrent review requirements for benefits in this section.

**Medical/Surgical:**

## Sources

Mental Health

*Question Skipped*

Substance Use Disorder

*Question Skipped*

Medical/Surgical

## Evidentiary Standards

Mental Health

*Question Skipped*

Substance Use Disorder

*Question Skipped*

Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: Tiering

Classification: Prescription Drugs

Factor: Fiscal Responsibility

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: Tiering

Classification: Prescription Drugs

Factor: Industry Standards

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this a benefit for which the Department or other MCOs require precertification? Providers MUST be credentialed appropriately to treat members. Did MDH provide specific rules we must follow? Facilities must be accredited to treat members.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

## Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Severity or chronicity of an illness
- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

# Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping\_MDH Revisions\_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

## Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Fiscal Responsibility
- Industry Standards

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Fiscal Responsibility
- Industry Standards
- Appropriateness of utilization
- Medical Necessity
- Patient Safety

# Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: Fiscal Responsibility

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims data showing that medical cost for certain services increased 10 percent or more per year for two years.

## Explain



# Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: Industry Standards

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this a benefit for which the Department or other MCOs require precertification? Providers MUST be credentialed appropriately to treat members. Did MDH provide specific rules we must follow? Facilities must be accredited to treat members.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

## Explain

# Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: High levels of variation in length of stay

## Definitions

**Mental Health:** Individuals with the same illness having different courses of improvement.

**Substance Use Disorder:** Individuals with the same illness having different courses of improvement.

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: Severity or chronicity of an illness

## Definitions

**Mental Health:** Level of current symptoms and presence of symptoms over time.

**Substance Use Disorder:** Level of current symptoms and presence of symptoms over time.

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: Service type

## Definitions

**Mental Health:** Services with various levels of intensity, including frequency and expected duration;

**Substance Use Disorder:** Services with various levels of intensity, including frequency and expected duration;

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: Variability in quality

## Definitions

**Mental Health:** is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

**Substance Use Disorder:** is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: Least restrictive appropriate level of care

## Definitions

**Mental Health:** Lowest level of care the individual can be safely and effectively treated.

**Substance Use Disorder:** Lowest level of care the individual can be safely and effectively treated.

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: Appropriateness of utilization

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this benefit typically utilized appropriately? Is this the most appropriate service for this member based on their history? Is the patient receiving all the preventive services they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims data showing that medical cost for certain services increased 10 percent or more per year for two years.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- Standards used by any committees of experts, and required level of qualifications of committee members.

## Explain

# Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: Medical Necessity

## Definitions

### **Mental Health:**

### **Substance Use Disorder:**

**Medical/Surgical:** Does the service meet InterQual criteria? Is this the safest, cheapest option of covered services available for this situation? Did the patient already have this service or a similar service? Does this patient have other factors (medical or social) that would make this service inappropriate or another service more appropriate? Do we need to go out of network to ensure the patient receives the care they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- Standards used by any committees of experts, and required level of qualifications of committee members.

## Explain



# Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: Patient Safety

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this procedure the most appropriate and safest intervention available?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

## Explain

# Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care
- clinical indications or evidence

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care
- clinical indications or evidence

## Standard 9

NQTL Type: concurrent review  
Classification: Outpatient - Office Based  
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- clinical indications or evidence

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care
- clinical indications or evidence

## Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Fiscal Responsibility
- Appropriateness of utilization

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Fiscal Responsibility
- Appropriateness of utilization
- Medical Necessity
- Patient Safety

# Standard 9

NQTL Type: concurrent review  
Classification: Outpatient - Office Based  
Factor: Fiscal Responsibility

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: concurrent review  
Classification: Outpatient - Office Based  
Factor: Appropriateness of utilization

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this benefit typically utilized appropriately? Is this the most appropriate service for this member based on their history? Is the patient receiving all the preventive services they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Factor: High levels of variation in length of stay

## Definitions

**Mental Health:** Individuals with the same illness having different courses of improvement.

**Substance Use Disorder:** Individuals with the same illness having different courses of improvement.

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: concurrent review  
Classification: Outpatient - Office Based  
Factor: Variability in quality

## Definitions

**Mental Health:** is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

## Explain

**Mental Health:**



# Standard 9

NQTL Type: concurrent review  
Classification: Outpatient - Office Based  
Factor: Severity or chronicity of an illness

## Definitions

- Mental Health:** Level of current symptoms and presence of symptoms over time.  
**Substance Use Disorder:** Level of current symptoms and presence of symptoms over time.  
**Medical/Surgical:**

## Sources

- |  |   |                                |
|--|---|--------------------------------|
| <p><b>Mental Health</b></p> <ul style="list-style-type: none"><li>Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits</li></ul> | <p><b>Substance Use Disorder</b></p> <ul style="list-style-type: none"><li>Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits</li></ul> | <p><b>Medical/Surgical</b></p> |
|--|---|--------------------------------|

## Evidentiary Standards

- |   |  |                                |
|---|--|--------------------------------|
| <p><b>Mental Health</b></p> <ul style="list-style-type: none"><li>Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.</li></ul> | <p><b>Substance Use Disorder</b></p> <ul style="list-style-type: none"><li>Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.</li></ul> | <p><b>Medical/Surgical</b></p> |
|---|--|--------------------------------|

## Explain

- Mental Health:**  
**Substance Use Disorder:**

# Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Factor: Service type

## Definitions

**Mental Health:** Services with various levels of intensity, including frequency and expected duration;

**Substance Use Disorder:** Services with various levels of intensity, including frequency and expected duration;

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Factor: Least restrictive appropriate level of care

## Definitions

**Mental Health:** Lowest level of care the individual can be safely and effectively treated.

**Substance Use Disorder:** Lowest level of care the individual can be safely and effectively treated.

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: concurrent review  
Classification: Outpatient - Office Based  
Factor: clinical indications or evidence

## Definitions

**Mental Health:** Professional standards and protocols - defined as comparative effectiveness studies and clinical trials

**Substance Use Disorder:** Professional standards and protocols - defined as comparative effectiveness studies and clinical trials

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

# Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Factor: Least restrictive appropriate level of care

## Definitions

**Mental Health:** lowest level of care the individual can be safely and effectively treated.

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

## Explain

**Mental Health:**

# Standard 9

NQTL Type: concurrent review  
Classification: Outpatient - Office Based  
Factor: Medical Necessity

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Does the service meet InterQual criteria? Is this the safest, cheapest option of covered services available for this situation? Did the patient already have this service or a similar service? Does this patient have other factors (medical or social) that would make this service inappropriate or another service more appropriate? Do we need to go out of network to ensure the patient receives the care they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: concurrent review  
Classification: Outpatient - Office Based  
Factor: Patient Safety

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this procedure the most appropriate and safest intervention available?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

## Standard 9

NQTL Type: concurrent review  
Classification: Prescription Drugs  
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable



## Standard 9

NQTL Type: concurrent review  
Classification: Prescription Drugs  
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

# Standard 9

NQTL Type: concurrent review  
Classification: Prescription Drugs  
Factor: Not Applicable

## Definitions

**Mental Health:**

**Substance Use Disorder:** There is no concurrent review requirements for benefits in this section.

**Medical/Surgical:** There is no concurrent review requirements for benefits in this section.

## Sources

Mental Health

Substance Use Disorder  
*Question Skipped*

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder  
*Question Skipped*

Medical/Surgical  
*Question Skipped*

## Explain

**Substance Use Disorder:**

**Medical/Surgical:**

## Standard 9

NQTL Type: concurrent review  
Classification: Outpatient - Other  
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care
- clinical indications or evidence

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care
- clinical indications or evidence

## Standard 9

NQTL Type: concurrent review  
Classification: Outpatient - Other  
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

## Standard 9

NQTL Type: concurrent review  
Classification: Outpatient - Other  
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Fiscal Responsibility
- Appropriateness of utilization
- Medical Necessity

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Fiscal Responsibility
- Appropriateness of utilization
- Medical Necessity
- Patient Safety

# Standard 9

NQTL Type: concurrent review  
Classification: Outpatient - Other  
Factor: Fiscal Responsibility

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: concurrent review  
Classification: Outpatient - Other  
Factor: Appropriateness of utilization

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this benefit typically utilized appropriately? Is this the most appropriate service for this member based on their history? Is the patient receiving all the preventive services they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: concurrent review  
Classification: Outpatient - Other  
Factor: Medical Necessity

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Does the service meet InterQual criteria? Is this the safest, cheapest option of covered services available for this situation? Did the patient already have this service or a similar service? Does this patient have other factors (medical or social) that would make this service inappropriate or another service more appropriate? Do we need to go out of network to ensure the patient receives the care they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**



# Standard 9

NQTL Type: concurrent review  
Classification: Outpatient - Other  
Factor: Not Applicable

## Definitions

**Mental Health:**

**Substance Use Disorder:** There is no concurrent review requirements for benefits in this section.

**Medical/Surgical:**

## Sources

Mental Health

Substance Use Disorder  
*Question Skipped*

Medical/Surgical

## Evidentiary Standards

Mental Health

Substance Use Disorder  
*Question Skipped*

Medical/Surgical

## Explain

**Substance Use Disorder:**

# Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Other

Factor: High levels of variation in length of stay

## Definitions

**Mental Health:** Individuals with the same illness having different courses of improvement.

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: concurrent review  
Classification: Outpatient - Other  
Factor: Severity or chronicity of an illness

## Definitions

**Mental Health:** Level of current symptoms and presence of symptoms over time.  
**Substance Use Disorder:**  
**Medical/Surgical:**

## Sources

Mental Health	Substance Use Disorder	Medical/Surgical
<ul style="list-style-type: none"><li>Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits</li></ul>		

## Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
<ul style="list-style-type: none"><li>Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.</li></ul>		

## Explain

**Mental Health:**  
**Substance Use Disorder:**

# Standard 9

NQTL Type: concurrent review  
Classification: Outpatient - Other  
Factor: Service type

## Definitions

**Mental Health:** Services with various levels of intensity, including frequency and expected duration;  
**Substance Use Disorder:**  
**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

### Medical/Surgical

## Explain

**Mental Health:**  
**Substance Use Disorder:**

# Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Other

Factor: Least restrictive appropriate level of care

## Definitions

**Mental Health:** Lowest level of care the individual can be safely and effectively treated.

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: concurrent review  
Classification: Outpatient - Other  
Factor: clinical indications or evidence

## Definitions

**Mental Health:** Professional standards and protocols - defined as comparative effectiveness studies and clinical trials

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

## Explain

# Standard 9

NQTL Type: concurrent review  
Classification: Outpatient - Other  
Factor: Patient Safety

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this procedure the most appropriate and safest intervention available?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type



## Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

# Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Industry Standards
- Appropriateness of utilization

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Industry Standards

# Standard 9

NQTL Type: Service Limitations  
Classification: Outpatient - Office Based  
Factor: Service type

## Definitions

**Mental Health:** Services with various levels of intensity, including frequency and expected duration;  
**Substance Use Disorder:** Services with various levels of intensity, including frequency and expected duration;  
**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**  
**Substance Use Disorder:**

# Standard 9

NQTL Type: Service Limitations  
Classification: Outpatient - Office Based  
Factor: Industry Standards

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this a benefit for which the Department or other MCOs require precertification? Providers MUST be credentialed appropriately to treat members. Did MDH provide specific rules we must follow? Facilities must be accredited to treat members.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: Service Limitations  
Classification: Outpatient - Office Based  
Factor: Appropriateness of utilization

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this benefit typically utilized appropriately? Is this the most appropriate service for this member based on their history? Is the patient receiving all the preventive services they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: Service Limitations

Classification: Inpatient

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

## Standard 9

NQTL Type: Service Limitations

Classification: Inpatient

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

## Standard 9

NQTL Type: Service Limitations

Classification: Inpatient

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Industry Standards
- Appropriateness of utilization

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Industry Standards



# Standard 9

NQTL Type: Service Limitations

Classification: Inpatient

Factor: Not Applicable

## Definitions

**Mental Health:** There is no concurrent review requirements for benefits in this section.

**Substance Use Disorder:** There is no concurrent review requirements for benefits in this section.

**Medical/Surgical:**

## Sources

Mental Health

*Question Skipped*

Substance Use Disorder

- Not Applicable

Medical/Surgical

## Evidentiary Standards

Mental Health

*Question Skipped*

Substance Use Disorder

- Not Applicable

Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: Service Limitations

Classification: Inpatient

Factor: Industry Standards

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this a benefit for which the Department or other MCOs require precertification? Providers MUST be credentialed appropriately to treat members. Did MDH provide specific rules we must follow? Facilities must be accredited to treat members.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: Service Limitations

Classification: Inpatient

Factor: Appropriateness of utilization

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this benefit typically utilized appropriately? Is this the most appropriate service for this member based on their history? Is the patient receiving all the preventive services they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

## Standard 9

NQTL Type: Service Limitations  
Classification: Emergency Benefits  
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

## Standard 9

NQTL Type: Service Limitations

Classification: Emergency Benefits

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Fiscal Responsibility
- Industry Standards

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Industry Standards

# Standard 9

NQTL Type: Service Limitations  
Classification: Emergency Benefits  
Factor: Not Applicable

## Definitions

**Mental Health:** There is no concurrent review requirements for benefits in this section.

**Substance Use Disorder:** There is no concurrent review requirements for benefits in this section.

**Medical/Surgical:**

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Mental Health:**

# Standard 9

NQTL Type: Service Limitations  
Classification: Emergency Benefits  
Factor: Fiscal Responsibility

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: Service Limitations  
Classification: Emergency Benefits  
Factor: Industry Standards

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this a benefit for which the Department or other MCOs require precertification? Providers MUST be credentialed appropriately to treat members. Did MDH provide specific rules we must follow? Facilities must be accredited to treat members.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**



## Standard 9

NQTL Type: Service Limitations  
Classification: Prescription Drugs  
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

# Standard 9

NQTL Type: Service Limitations

Classification: Prescription Drugs

Factor: Not Applicable

## Definitions

**Mental Health:**

**Substance Use Disorder:** There is no concurrent review requirements for benefits in this section.

**Medical/Surgical:** There is no concurrent review requirements for benefits in this section.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

## Explain

**Substance Use Disorder:**

## Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Other

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

## Standard 9

NQTL Type: Service Limitations  
Classification: Outpatient - Other  
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

# Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Other

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping\_MDH Revisions\_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

# Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Other

Factor: Service type

## Definitions

**Mental Health:** Services with various levels of intensity, including frequency and expected duration;

**Substance Use Disorder:**

**Medical/Surgical:** Services with various levels of intensity, including frequency and expected duration;

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

### Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

### Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

## Explain

**Mental Health:**

**Medical/Surgical:**

# Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Other

Factor: Not Applicable

## Definitions

**Mental Health:**

**Substance Use Disorder:** There is no concurrent review requirements for benefits in this section.

**Medical/Surgical:**

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

## Explain

**Substance Use Disorder:**

## Standard 9

NQTL Type: data collection

Classification: Outpatient - Office Based

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable



# Standard 9

NQTL Type: data collection

Classification: Outpatient - Office Based

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

# Standard 9

NQTL Type: data collection

Classification: Outpatient - Office Based

Factor: Not Applicable

## Definitions

**Mental Health:** There is no concurrent review requirements for benefits in this section.

**Substance Use Disorder:** There is no concurrent review requirements for benefits in this section.

**Medical/Surgical:** There is no concurrent review requirements for benefits in this section.

## Sources

Mental Health

*Question Skipped*

Substance Use Disorder

*Question Skipped*

Medical/Surgical

## Evidentiary Standards

Mental Health

*Question Skipped*

Substance Use Disorder

*Question Skipped*

Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

## Standard 9

NQTL Type: data collection

Classification: Inpatient

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

# Standard 9

NQTL Type: data collection

Classification: Inpatient

Factor: Not Applicable

## Definitions

**Mental Health:**

**Substance Use Disorder:** There is no concurrent review requirements for benefits in this section.

**Medical/Surgical:** There is no concurrent review requirements for benefits in this section.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

## Explain

**Substance Use Disorder:**

## Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Severity or chronicity of an illness
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Severity or chronicity of an illness
- Least restrictive appropriate level of care

## Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping\_MDH Revisions\_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Severity or chronicity of an illness
- Least restrictive appropriate level of care

## Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Fiscal Responsibility
- Industry Standards
- Patient Safety

Considered

- Claim types with high percentage of fraud

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Industry Standards
- Medical Necessity

Considered

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Factor: Severity or chronicity of an illness

## Definitions

**Mental Health:** Level of current symptoms and presence of symptoms over time.

**Substance Use Disorder:** Level of current symptoms and presence of symptoms over time.

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**



# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Factor: Least restrictive appropriate level of care

## Definitions

**Mental Health:** Lowest level of care the individual can be safely and effectively treated.

**Substance Use Disorder:** Lowest level of care the individual can be safely and effectively treated.

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Factor: Claim types with high percentage of fraud

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Procedures that are known to have a high percentage of fraud or which we have identified fraud.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

## Explain

**Medical/Surgical:** If fraud is reported by State Fraud agencies or if MCO determines a history of fraud for a similar claim type.

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Factor: Fiscal Responsibility

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

## Explain

**Medical/Surgical:** MCO determines that precertification will save money by identifying other medical equivalent treatment options that are more cost effective.

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Factor: Industry Standards

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this a benefit for which the Department or other MCOs require precertification? Providers MUST be credentialed appropriately to treat members. Did MDH provide specific rules we must follow? Facilities must be accredited to treat members.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- Standards used by any committees of experts, and required level of qualifications of committee members.

## Explain

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Factor: Patient Safety

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this procedure the most appropriate and safest intervention available?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

## Explain

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Factor: Medical Necessity

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Does the service meet InterQual criteria? Is this the safest, cheapest option of covered services available for this situation? Did the patient already have this service or a similar service? Does this patient have other factors (medical or social) that would make this service inappropriate or another service more appropriate? Do we need to go out of network to ensure the patient receives the care they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

## Explain

## Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Severity or chronicity of an illness
- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Severity or chronicity of an illness
- Service type

## Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable



## Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Fiscal Responsibility
- Industry Standards
- Patient Safety

Considered

- Claim types with high percentage of fraud

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Industry Standards
- Medical Necessity

Considered

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Claim types with high percentage of fraud

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Procedures that are known to have a high percentage of fraud or which we have identified fraud.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Fiscal Responsibility

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Industry Standards

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this a benefit for which the Department or other MCOs require precertification? Providers MUST be credentialed appropriately to treat members. Did MDH provide specific rules we must follow? Facilities must be accredited to treat members.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Patient Safety

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this procedure the most appropriate and safest intervention available?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Severity or chronicity of an illness

## Definitions

**Mental Health:** Level of current symptoms and presence of symptoms over time.

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Service type

## Definitions

**Mental Health:** Services with various levels of intensity, including frequency and expected duration;

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Not Applicable

## Definitions

**Mental Health:**

**Substance Use Disorder:** There is no concurrent review requirements for benefits in this section.

**Medical/Surgical:**

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Substance Use Disorder:**



# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Medical Necessity

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Does the service meet InterQual criteria? Is this the safest, cheapest option of covered services available for this situation? Did the patient already have this service or a similar service? Does this patient have other factors (medical or social) that would make this service inappropriate or another service more appropriate? Do we need to go out of network to ensure the patient receives the care they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Medical/Surgical:**

## Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

## Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- 1.2020 Behavioral Health Carve-Out\_combined.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

## Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Fiscal Responsibility
- Industry Standards
- Patient Safety

Considered

- Claim types with high percentage of fraud

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Industry Standards
- Medical Necessity

Considered

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Not Applicable

## Definitions

**Mental Health:** There is no concurrent review requirements for benefits in this section.

**Substance Use Disorder:** There is no concurrent review requirements for benefits in this section.

**Medical/Surgical:**

## Sources

Mental Health

*Question Skipped*

Substance Use Disorder

*Question Skipped*

Medical/Surgical

## Evidentiary Standards

Mental Health

*Question Skipped*

Substance Use Disorder

*Question Skipped*

Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: prior authorization/pre authorization  
Classification: Prescription Drugs  
Factor: Claim types with high percentage of fraud

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Procedures that are known to have a high percentage of fraud or which we have identified fraud.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Standards used by any committees of experts, and required level of qualifications of committee members.

## Explain

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Fiscal Responsibility

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- Internal market and competitive analysis
- Medicare physician fee schedules
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- Standards used by any committees of experts, and required level of qualifications of committee members.

## Explain

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Industry Standards

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this a benefit for which the Department or other MCOs require precertification? Providers MUST be credentialed appropriately to treat members. Did MDH provide specific rules we must follow? Facilities must be accredited to treat members.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Medical expert reviews
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

## Explain



# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Patient Safety

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this procedure the most appropriate and safest intervention available?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Medical expert reviews
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- Standards used by any committees of experts, and required level of qualifications of committee members.

## Explain

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Medical Necessity

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Does the service meet InterQual criteria? Is this the safest, cheapest option of covered services available for this situation? Did the patient already have this service or a similar service? Does this patient have other factors (medical or social) that would make this service inappropriate or another service more appropriate? Do we need to go out of network to ensure the patient receives the care they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Standards used by any committees of experts, and required level of qualifications of committee members.

## Explain

## Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

## Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

## Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Fiscal Responsibility
- Industry Standards
- Patient Safety

Considered

- Claim types with high percentage of fraud

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Industry Standards
- Medical Necessity

Considered

# Standard 9

NQTL Type: prior authorization/pre authorization  
Classification: Outpatient - Office Based  
Factor: Claim types with high percentage of fraud

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Procedures that are known to have a high percentage of fraud or which we have identified fraud.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: Fiscal Responsibility

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Are there medically equivalent options that would cost less? Are we utilizing State and Federal dollars appropriately if we don't pre-certify this service? Does this appropriately credentialed or accredited provider agree to accept our rates?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: Industry Standards

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this a benefit for which the Department or other MCOs require precertification? Providers MUST be credentialed appropriately to treat members. Did MDH provide specific rules we must follow? Facilities must be accredited to treat members.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**



# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: Patient Safety

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this procedure the most appropriate and safest intervention available?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: Service type

## Definitions

**Mental Health:** Services with various levels of intensity, including frequency and expected duration;

**Substance Use Disorder:** Services with various levels of intensity, including frequency and expected duration;

**Medical/Surgical:**

## Sources

### Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

### Medical/Surgical

## Evidentiary Standards

### Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

### Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: High levels of variation in length of stay

## Definitions

**Mental Health:** Individuals with the same illness having different courses of improvement.

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

## Explain

**Mental Health:**

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: Variability in quality

## Definitions

**Mental Health:** is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

## Explain

**Mental Health:**

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: Severity or chronicity of an illness

## Definitions

**Mental Health:** Level of current symptoms and presence of symptoms over time.

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

## Explain

**Mental Health:**

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: Least restrictive appropriate level of care

## Definitions

**Mental Health:** lowest level of care the individual can be safely and effectively treated.

**Substance Use Disorder:**

**Medical/Surgical:**

## Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

## Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

## Explain

**Mental Health:**

# Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: Medical Necessity

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Does the service meet InterQual criteria? Is this the safest, cheapest option of covered services available for this situation? Did the patient already have this service or a similar service? Does this patient have other factors (medical or social) that would make this service inappropriate or another service more appropriate? Do we need to go out of network to ensure the patient receives the care they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Medical/Surgical:**

## Standard 9

NQTL Type: Fail first policies or step therapy protocols

Classification: Inpatient

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable



## Standard 9

NQTL Type: Fail first policies or step therapy protocols

Classification: Inpatient

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

*No Documents Attached*

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

## Standard 9

NQTL Type: Fail first policies or step therapy protocols

Classification: Inpatient

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- 17.07 UR - Concurrent Review.docx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Industry Standards
- Appropriateness of utilization
- Medical Necessity

Considered

# Standard 9

NQTL Type: Fail first policies or step therapy protocols

Classification: Inpatient

Factor: Not Applicable

## Definitions

**Mental Health:** There is no concurrent review requirements for benefits in this section.

**Substance Use Disorder:** There is no concurrent review requirements for benefits in this section.

**Medical/Surgical:**

## Sources

Mental Health

*Question Skipped*

Substance Use Disorder

*Question Skipped*

Medical/Surgical

## Evidentiary Standards

Mental Health

*Question Skipped*

Substance Use Disorder

*Question Skipped*

Medical/Surgical

## Explain

**Mental Health:**

**Substance Use Disorder:**

# Standard 9

NQTL Type: Fail first policies or step therapy protocols

Classification: Inpatient

Factor: Industry Standards

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this a benefit for which the Department or other MCOs require precertification? Providers MUST be credentialed appropriately to treat members. Did MDH provide specific rules we must follow? Facilities must be accredited to treat members.

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: Fail first policies or step therapy protocols

Classification: Inpatient

Factor: Appropriateness of utilization

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Is this benefit typically utilized appropriately? Is this the most appropriate service for this member based on their history? Is the patient receiving all the preventive services they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical  
*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 9

NQTL Type: Fail first policies or step therapy protocols

Classification: Inpatient

Factor: Medical Necessity

## Definitions

**Mental Health:**

**Substance Use Disorder:**

**Medical/Surgical:** Does the service meet InterQual criteria? Is this the safest, cheapest option of covered services available for this situation? Did the patient already have this service or a similar service? Does this patient have other factors (medical or social) that would make this service inappropriate or another service more appropriate? Do we need to go out of network to ensure the patient receives the care they need?

## Sources

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

*Question Skipped*

## Explain

**Medical/Surgical:**

# Standard 10

Any parity flags found in Standard 10 are reported below. The number of flags per classification and limit type combination is shown.

Parity Flag			
	Mental Health	Substance Use Disorder	Medical/Surgical
<b>Inpatient</b>	-	-	-
<b>Outpatient - Other</b>	-	-	-
<b>Outpatient - Office Based</b>	-	-	-
<b>Emergency Benefits</b>	-	-	-
<b>Prescription Drugs</b>	-	-	-

Any classification/category/NQTL combination considered incomplete is reported in the table below.

Missing Information			
	Mental Health	Substance Use Disorder	Medical/Surgical
<b>Inpatient</b>	Y	Y	Y
<b>Outpatient - Other</b>	Y	Y	Y
<b>Outpatient - Office Based</b>	Y	Y	Y
<b>Emergency Benefits</b>	Y	-	Y
<b>Prescription Drugs</b>	Y	Y	Y

# Standard 10

## NQTL: Outlier Management

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
<b>Inpatient</b>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>• Authorization Denial Rates for MH/SUD</li> <li>• Outlier Management Data</li> </ul>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>• Authorization Denial Rates for MH/SUD</li> <li>• Outlier Management Data</li> </ul>	<ul style="list-style-type: none"> <li>• Utilization trends</li> </ul>
<b>Outpatient - Other</b>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>• Authorization Denial Rates for MH/SUD</li> <li>• Outlier Management Data</li> </ul>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>• Authorization Denial Rates for MH/SUD</li> <li>• Outlier Management Data</li> </ul>	<ul style="list-style-type: none"> <li>• Utilization trends</li> </ul>
<b>Outpatient - Office Based</b>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>• Authorization Denial Rates for MH/SUD</li> <li>• Outlier Management Data</li> </ul>	<ul style="list-style-type: none"> <li>• Outlier Management Data</li> </ul>	<ul style="list-style-type: none"> <li>• Utilization trends</li> </ul>
<b>Emergency Benefits</b>		<ul style="list-style-type: none"> <li>• NQTL does not apply to any services in this classification</li> </ul>	<ul style="list-style-type: none"> <li>• Utilization trends</li> </ul>
<b>Prescription Drugs</b>	-	<ul style="list-style-type: none"> <li>• NQTL does not apply to any services in this classification</li> </ul>	<ul style="list-style-type: none"> <li>• Utilization trends</li> </ul>



# Standard 10

## NQTL: Service Limitations

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	<b>Mental Health</b>	<b>Substance Use Disorder</b>	<b>Medical/Surgical</b>
<b>Inpatient</b>	<ul style="list-style-type: none"> <li>NQTL does not apply to any services in this classification</li> </ul>	<ul style="list-style-type: none"> <li>NQTL does not apply to any services in this classification</li> </ul>	<ul style="list-style-type: none"> <li>Utilization trends</li> </ul>
<b>Outpatient - Other</b>	<ul style="list-style-type: none"> <li>Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>Authorization Denial Rates for MH/SUD</li> </ul>	<ul style="list-style-type: none"> <li>NQTL does not apply to any services in this classification</li> </ul>	<ul style="list-style-type: none"> <li>NQTL does not apply to any services in this classification</li> </ul>
<b>Outpatient - Office Based</b>	<ul style="list-style-type: none"> <li>Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>Authorization Denial Rates for MH/SUD</li> </ul>	<ul style="list-style-type: none"> <li>Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>Authorization Denial Rates for MH/SUD</li> </ul>	<ul style="list-style-type: none"> <li>Utilization trends</li> </ul>
<b>Emergency Benefits</b>	<ul style="list-style-type: none"> <li>Utilization trends</li> </ul>	-	<ul style="list-style-type: none"> <li>Utilization trends</li> </ul>
<b>Prescription Drugs</b>	-	<ul style="list-style-type: none"> <li>NQTL does not apply to any services in this classification</li> </ul>	-

# Standard 10

## NQTL: medical necessity

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
<b>Inpatient</b>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>• Authorization Denial Rates for MH/SUD</li> </ul>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>• Authorization Denial Rates for MH/SUD</li> </ul>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Utilization trends</li> </ul>
<b>Outpatient - Other</b>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>• Authorization Denial Rates for MH/SUD</li> </ul>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>• Authorization Denial Rates for MH/SUD</li> </ul>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Utilization trends</li> </ul>
<b>Outpatient - Office Based</b>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>• Authorization Denial Rates for MH/SUD</li> </ul>	-	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Utilization trends</li> </ul>
<b>Emergency Benefits</b>	-	-	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Utilization trends</li> </ul>

---

**Mental Health****Substance Use Disorder****Medical/Surgical**

---

**Prescription  
Drugs**

- Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews
- Utilization trends
- Compendium Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization
- Clinical Criteria applied based on FDA labeling and requirements and Official

- Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews
- Utilization trends
- Concurrent Review does not apply to services within this classification
- Compendium Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization

- Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers
- Utilization trends

# Standard 10

## NQTL: Fail first policies or step therapy protocols

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	<b>Mental Health</b>	<b>Substance Use Disorder</b>	<b>Medical/Surgical</b>
<b>Inpatient</b>	<ul style="list-style-type: none"> <li>Services not provided for this classification</li> <li>NQTL does not apply to any services in this classification</li> </ul>	<ul style="list-style-type: none"> <li>Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>Authorization Denial Rates for MH/SUD</li> <li>NQTL does not apply to any services in this classification</li> </ul>	<ul style="list-style-type: none"> <li>Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>Utilization trends</li> </ul>
<b>Outpatient - Other</b>	-	-	-
<b>Outpatient - Office Based</b>	-	-	-
<b>Emergency Benefits</b>	-	-	-
<b>Prescription Drugs</b>	-	-	-

# Standard 10

## NQTL: concurrent review

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
<b>Inpatient</b>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>• Authorization Denial Rates for MH/SUD</li> </ul>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>• Authorization Denial Rates for MH/SUD</li> </ul>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Utilization trends</li> </ul>
<b>Outpatient - Other</b>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>• Authorization Denial Rates for MH/SUD</li> </ul>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>• Authorization Denial Rates for MH/SUD</li> </ul>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Utilization trends</li> </ul>
<b>Outpatient - Office Based</b>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>• Authorization Denial Rates for MH/SUD</li> </ul>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>• Authorization Denial Rates for MH/SUD</li> </ul>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Utilization trends</li> </ul>
<b>Emergency Benefits</b>	-	-	-
<b>Prescription Drugs</b>	-	<ul style="list-style-type: none"> <li>• NQTL does not apply to any services in this classification</li> </ul>	<ul style="list-style-type: none"> <li>• Services not provided for this classification</li> <li>• NQTL does not apply to any services in this classification</li> </ul>

# Standard 10

## NQTL: prior authorization/pre authorization

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	<b>Mental Health</b>	<b>Substance Use Disorder</b>	<b>Medical/Surgical</b>
<b>Inpatient</b>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>• Authorization Denial Rates for MH/SUD</li> </ul>	-	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Utilization trends</li> </ul>
<b>Outpatient - Other</b>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>• Authorization Denial Rates for MH/SUD</li> </ul>	<ul style="list-style-type: none"> <li>• NQTL does not apply to any services in this classification</li> </ul>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Utilization trends</li> </ul>
<b>Outpatient - Office Based</b>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>• Authorization Denial Rates for MH/SUD</li> </ul>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria</li> <li>• Authorization Denial Rates for MH/SUD</li> </ul>	<ul style="list-style-type: none"> <li>• Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>• Utilization trends</li> </ul>
<b>Emergency Benefits</b>	-	-	-

---

**Mental Health****Substance Use Disorder****Medical/Surgical**

---

**Prescription  
Drugs**

- Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews
- Utilization trends
- Compendium Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization
- Clinical Criteria applied based on FDA labeling and requirements and Official

- Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews
- Utilization trends
- Compendium Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization
- Clinical Criteria applied based on FDA labeling and requirements and Official

- Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews
- Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers
- Utilization trends
- Compendium Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization
- Clinical Criteria applied based on FDA labeling and requirements and Official

# Standard 10

## NQTL: data collection

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	<b>Mental Health</b>	<b>Substance Use Disorder</b>	<b>Medical/Surgical</b>
<b>Inpatient</b>	-	<ul style="list-style-type: none"><li>NQTL does not apply to any services in this classification</li></ul>	-
<b>Outpatient - Other</b>	-	-	-
<b>Outpatient - Office Based</b>	<ul style="list-style-type: none"><li>NQTL does not apply to any services in this classification</li></ul>	<ul style="list-style-type: none"><li>NQTL does not apply to any services in this classification</li></ul>	-
<b>Emergency Benefits</b>	-	-	-
<b>Prescription Drugs</b>	-	-	-



# Standard 10

## NQTL: fail first requirements/step therapy

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
<b>Inpatient</b>	-	-	-
<b>Outpatient - Other</b>	-	<ul style="list-style-type: none"> <li>NQTL does not apply to any services in this classification</li> </ul>	<ul style="list-style-type: none"> <li>Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers</li> <li>Utilization trends</li> </ul>
<b>Outpatient - Office Based</b>	-	-	-
<b>Emergency Benefits</b>	-	-	-
<b>Prescription Drugs</b>	<ul style="list-style-type: none"> <li>Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews</li> <li>Utilization trends</li> <li>Compendium Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization</li> <li>Clinical Criteria applied based on FDA labeling and requirements and Official</li> </ul>	<ul style="list-style-type: none"> <li>Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews</li> <li>Utilization trends</li> <li>Compendium Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization</li> <li>Clinical Criteria applied based on FDA labeling and requirements and Official</li> </ul>	<ul style="list-style-type: none"> <li>Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews</li> <li>Utilization trends</li> <li>Compendium Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization</li> <li>Clinical Criteria applied based on FDA labeling and requirements and Official</li> </ul>

# Standard 10

## NQTL: Tiering

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
<b>Inpatient</b>	-	-	-
<b>Outpatient - Other</b>	-	-	-
<b>Outpatient - Office Based</b>	-	-	-
<b>Emergency Benefits</b>	-	-	-
<b>Prescription Drugs</b>	<ul style="list-style-type: none"> <li>Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews</li> <li>Utilization trends</li> <li>Compendium Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization</li> <li>Clinical Criteria applied based on FDA labeling and requirements and Official</li> </ul>	<ul style="list-style-type: none"> <li>Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews</li> <li>Utilization trends</li> <li>Compendium Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization</li> <li>Clinical Criteria applied based on FDA labeling and requirements and Official</li> </ul>	<ul style="list-style-type: none"> <li>Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews</li> <li>Utilization trends</li> <li>Compendium Internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage, and drug utilization</li> <li>Clinical Criteria applied based on FDA labeling and requirements and Official</li> </ul>

## Standard 10

NQTL Type: Outlier Management  
Classification: Emergency Benefits  
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

### **NQTL does not apply to any services in this classification**

#### Supporting Documents

- We DO NOT apply any NQTLs to the Emergency and Pharmacy Benefits.docx

## Standard 10

NQTL Type: Outlier Management

Classification: Outpatient - Other

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

### **Outlier Management Data**

Supporting Documents

- 1.Sample monthly FWA report - Standard Template - MD.xlsx

## Standard 10

NQTL Type: Outlier Management  
Classification: Outpatient - Other  
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

### **Outlier Management Data**

#### Supporting Documents

- 1.Sample monthly FWA report - Standard Template - MD.xlsx

# Standard 10

NQTL Type: Outlier Management

Classification: Outpatient - Office Based

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

## **Outlier Management Data**

Supporting Documents

- 1.Sample monthly FWA report - Standard Template - MD.xlsx

# Standard 10

NQTL Type: Outlier Management  
Classification: Outpatient - Office Based  
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

## **Outlier Management Data**

Supporting Documents

- 1.Sample monthly FWA report - Standard Template - MD.xlsx

## Standard 10

NQTL Type: Outlier Management

Classification: Prescription Drugs

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

### **NQTL does not apply to any services in this classification**

#### Supporting Documents

- We DO NOT apply any NQTLs to the Emergency and Pharmacy Benefits.docx



## Standard 10

NQTL Type: Service Limitations

Classification: Outpatient - Other

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

### **Authorization Denial Rates for MH/SUD**

Supporting Documents

- Auth Stats for June 2020.xlsx

## Standard 10

NQTL Type: Service Limitations

Classification: Outpatient - Other

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

### **NQTL does not apply to any services in this classification**

#### Supporting Documents

- DO NOT APPLY NQTLs to OP -Other SUD v2.0.docx

# Standard 10

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

## **Authorization Denial Rates for MH/SUD**

Supporting Documents

- Auth Stats for June 2020.xlsx

# Standard 10

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

## **Authorization Denial Rates for MH/SUD**

Supporting Documents

- Auth Stats for June 2020.xlsx

## Standard 10

NQTL Type: Service Limitations

Classification: Prescription Drugs

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

### **NQTL does not apply to any services in this classification**

#### Supporting Documents

- We DO NOT apply any NQTLs to the Emergency and Pharmacy Benefits.docx