# Behavioral Health System of Care Workgroup
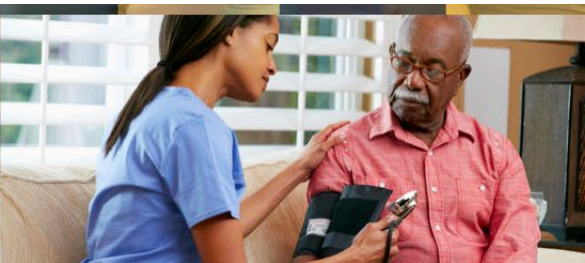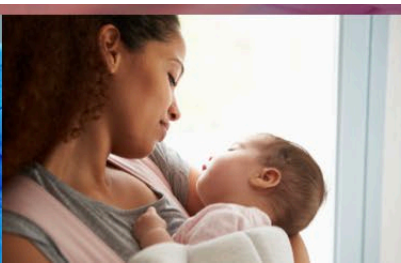
February 16, 2021

# Behavioral Health System of Care Workgroup Meeting – February 16, 2021

**Agenda:**

- Welcome and Call to Order – Dr. Aliya Jones and Tricia Roddy
- Housekeeping and Roll Call – Chris Yeiser and Laura Spicer
- Recap of Workgroup Goals and Prior Work – Laura Spicer
- Workgroup Discussion: Potential Projects - Dr. Aliya Jones and Tricia Roddy
- HOPE Act Rate-Setting RFP Update – Jennifer McIlvaine
- Public Comment
- Next Steps – Laura Spicer

**Housekeeping:**

- Everyone is on Mute – Please don't un-mute yourself.
- Workgroup Members – To ask questions after the presentation:
  - Connected via Internet? Use the "raise your hand" feature on the "Participants" box.
    - Click this button:  to bring up the Participants box then click this button: 
    - Don't forget to un-raise your hand when your question is addressed.


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# Recap of Workgroup Goals and Prior Work

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# Charge/Goal

- Formed in 2019 in response to a request from the Chairs of the Senate Finance and Health and Government Operations Committees
  - To review how Maryland should provide, administer, and finance Medicaid behavioral health services

- Workgroup-Established Goal: To better serve Medicaid participants by developing a System of Care that addresses the needs of individuals by aligning the roles of Medicaid/the Behavioral Health Administration, the managed care organizations (MCOs), the administrative service organization (ASO), and local systems management

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# Progress

- Convened Workgroup and corollary Discussion Group meetings Summer 2019 – Early Winter 2020
  - Paused during pandemic
- Prior meetings established:
  - A set of design principles
  - Began working on an operational framework to implement the principles
- Prior meeting materials/documents may be found here: https://mmcp.health.maryland.gov/Pages/BH-System-of-Care.aspx

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# Design Principles

- Developed a set of 30 principles around:
  - Quality integrated care management
  - Oversight and accountability
  - Cost management
  - Access to behavioral health services though provider administration and network adequacy
- Should serve as a rubric for developing improvement projects
- Full document provided in the meeting packet and posted on the website

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# Framework to Operationalize the Design Principles

- Began brainstorming/drafting in early 2020
- Draft document provided in the meeting packet and posted on the website
- Document includes improvement ideas submitted verbally in meetings or in writing to staff
- End of the document – had started framing potential project recommendations
  - Still in draft form
  - This is where we paused for the pandemic

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# Improvement Categories Included

- Case Management and Care Coordination

- Data Sharing

- Cost Management

- Behavioral Health Provider Network

- Accountability

- Quality

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# Discussion

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# Potential Projects for Workgroup Focus

- Goal today: brainstorm some initial projects considering the ongoing ASO transition

- Discussion areas today:
  - Identifying potential projects from the framework document
  - Potential data sharing project with CRISP and the MCOs
  - Other suggestions from Workgroup members
    - Maryland Behavioral Health Coalition
    - Others?

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# Discussion: Identifying Potential Projects from the Framework Document

Staff reviewed and identified several potential project areas that could be undertaken, considering ongoing ASO transition.

| |
|---|
| Develop guidance on data sharing between the MCOs and behavioral health providers |
| Design training/culture initiatives that support diversity and discourage inappropriate denial of service |
| Develop alternative places of service for people with complex medical and mental health conditions so they do not have to remain hospitalized |
| Strengthen requirements for warm hand-offs to providers and local systems managers when needed |
| Improve substance use disorder treatment by examining how to address underlying co-occurring mental health issues. Explore standards for screening for co-occurring disorders across the spectrum of care, including primary care settings |
| Review credentialing and licensing policies to ensure quality providers in the network |
| Research examples in other states where MCOs have access to Prescription Drug Monitoring Data and determine if this would be feasible in Maryland |
| Plans of care should be family-driven and youth-guided |

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# Discussion: Other Potential Projects

- Ideas for a potential data sharing project between the MCOs and CRISP ?

- Other suggestions from Workgroup members
  - Maryland Behavioral Health Coalition
  - Maryland Managed Care Organization Association
  - Others?

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# Rate-Setting RFP Update

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# Public Comment

# Next Steps

- Staff will review the feedback from today and determine next meeting date

- Discussion groups will remain on hold

- Update on manual development will be provided at a future meeting

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