

Washington County Health Department

Directory of Services



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The Washington County Health Department provides services without restrictions based on, or consideration of, race, color, sex, national origin, religion or disability.

You have a right to language interpretation assistance. If you need language interpretation assistance, it will be provided at no cost to you.

Please request accessible needs in advance of appointments.

Client privacy and confidentiality are strictly protected by U.S. and Maryland laws.

Some services offered may have fees attached. In **most** cases, cost is based on the individual’s ability to pay as indicated by a sliding fee scale determined by the Maryland State Department of Health and Mental Hygiene. However, a few of our program fees are at a reduced rate.

Mission: Promote healthy behaviors,
prevent disease and injury, and
safeguard the environment



240-313-3200
www.washhealth.org
TTY/TDD: 240-313-3391

Adult Services

Adult Evaluation and Review Services 240-313-3360

Adult Evaluation and Review Services works to keep frail, functionally limited individuals in the safest, least restrictive environment possible. Registered nurses and a licensed social worker conduct on-site, comprehensive evaluations that consider the health status and medical needs of the individual along with the input of the resident and family. The goal of the program is to establish effective long-term care and to help provide linkage to community resources.

Adult Immunizations 240-313-3210

Immunizations available to adults by appointment include: Hepatitis B, Hepatitis A Measles/Mumps/Rubella (MMR), Meningococcal, Pneumonia, Pre-Exposure and Post-Exposure Rabies vaccine, Tetanus Diphtheria (TD), Tetanus/Diphtheria/Acellular Pertussis (Tdap) and Varicella (Chicken Pox). Clients are charged for the cost of the vaccine plus an administration fee. Seasonal clinics are held for influenza vaccines.

Cancer Screening and Education Programs. 240-313-3235

Breast and Cervical Cancer Program (BCCP)

Free clinical breast exams, mammograms, and Pap tests are available to Maryland women age 40 to 64 years of age who are uninsured, underinsured and meet financial eligibility guidelines. Maryland women age 65 and older who do not have Medicare Part B may also qualify. Assistance may also be available in the event of an abnormal breast or cervical finding that needs further testing or treatment.

Colorectal Cancer Screening Program

Colorectal cancer screening is available to residents who are uninsured, underinsured and meet financial requirements. Services are available to residents 50 years of age and above or those who have a personal or family history of colon cancer.

Dental Care 240-313-3253

The Dental Clinic provides comprehensive dental care for adults. Regular dental checkups and oral health education are key components of the program. An emergency pain clinic is available; however, treatment may include restorations, periodontics or extractions. Smokers are referred to our tobacco program, and oral cancer screenings are performed as well.

Family Planning 240-313-3296

Confidential family planning and reproductive health services are available by appointment. Most methods of birth control are offered. Emergency Contraception is available daily during office hours. Teen walk-in services are available on most Wednesdays from 1:30 - 4:30 p.m. Call for more information.

Medical Assistance for Families. 240-313-3330

Comprehensive health care is available to parents and other family members caring for children. Eligibility depends on family size and income. Families may apply by mail, fax, online or in person. Call to request an application or for more information.

Adult Services *continued*

Personal Care Assistance 240-313-3231

Provides assistance in the home with activities of daily living for individuals who are disabled or have a chronic disease and who are receiving Medical Assistance. Providers who contract with the Medical Assistance Program help with bathing, meal preparation, feeding, ambulating, toileting, shopping and transportation to medical appointments.

Care is monitored by a Registered Nurse, with the plan approved by the recipient's physician.

Individuals interested in becoming Providers for the Medical Assistance Personal Care Program must have a sincere desire to help disabled or elderly persons remain at home and provide assistance with personal care and light housekeeping. Call us at 240-313-3231 for more information on becoming a provider.

Pregnancy Testing 240-313-3296

Free pregnancy testing is available. Call for days and times testing is available.

Tobacco Free for Life 240-313-3360

This program provides tobacco cessation classes that are held for four consecutive weeks throughout the year. Classes are free to everyone. Washington County residents that attend the classes may receive a free, four-week supply of nicotine replacement therapy (NRT) patches. Call to enroll today and be Tobacco Free for Life.

Transportation 240-313-3264

Transportation is provided to and from scheduled medical appointments, both within and outside Washington County. This program serves Medical Assistance clients who meet program guidelines.

Vital Records 240-313-3395

Certified Birth Certificates

Original, certified birth certificates are available from 1940 through the present and may be issued Monday through Friday, 8:00 a.m. to 2:00 p.m. for the birth name individual, the parent named on the certificate or, with documentation, the legal guardian. Legal guardians must present the appropriate documentation designating them as the legal guardian of the individual whose birth certificate they are requesting. Minor certificate correction requests may also be facilitated. A fee is required.

Certified Death Certificates

Certified death certificates are available Monday through Friday, 8:00 a.m. to 3:00 p.m., for authorized requestors such as funeral homes, informants or legal representatives. Those requesting death certificates should present documentation listing both the deceased and the requestor's name and the reason for the request. A fee is required.

Childhood Immunizations 240-313-3210

Vaccine is available through the federal Vaccine for Children Program (VFC) for qualifying children who do not have insurance that covers vaccines. Services are available by appointment.

Please bring a record of all past immunizations to the clinic.

Children's Health

Children with Special Health Care Needs Program 240-313-3229

Nursing Care Coordination:

Services available from a Registered Nurse to assist families by providing education on available services and resources, locating a medical home and providing referrals to specialty healthcare providers. Services include specialty clinicians.

Audiology Clinic 240-313-3234

Diagnostic hearing evaluations and related services are provided by an audiologist. Call for an appointment.

Down's Clinic 1-443-923-2600

Scheduled through Johns Hopkins.

Genetics Clinic 1-410-955-3071

Services provided by a Geneticist, scheduled by Johns Hopkins.

Orofacial Clinic 240-313-3229

Specialty child clinical services are offered two times per year for eligible children. Multidisciplinary assessment and evaluation may be performed by an orthodontist, dentist, oral surgeon, plastic surgeon, pediatrician, and audiologist based on the needs of the child.

Dental Preventive Care 240-313-3253

The dental team helps children and their parents understand the need for proper oral health, teaching them to properly care for their own teeth. Dental cleanings and sealants are provided. The Dental Clinic provides preventive dental care for children beginning at six months of age. The Clinic is by appointment only and is open Monday through Friday. Please call for an appointment.

Lead Poisoning Prevention 240-313-3229

Case management is provided for children with blood lead levels of 9 µg/dl or more. Health Department nurses visit the child's home to identify areas of possible lead exposure, to discuss measures to reduce the risk of lead exposure, to identify at-risk siblings, to arrange for blood lead testing follow-up, and to assist in obtaining community resources.

Maryland Medical Assistance Programs 240-313-3330

These programs provide free and low cost health care insurance coverage to pregnant women and families with children under 21 based on income eligibility. Covered services include in-patient hospital care, medical doctor visits, lab tests, dental care, eye care, medicines and immunizations.

WIC – Women, Infants and Children 240-313-3335

The WIC program assists women (pregnant or post partum), infants and children by providing checks for nutritious foods, information on healthy eating, breastfeeding support, and referrals to other health care and social services. The WIC team includes Registered Dietitians, Registered Nurses, IBCLC, Breastfeeding Peer Counselors and Service Associates.

947 N Burhans Blvd, Hagerstown – Monday – Friday 8 a.m. – 4:30 p.m.

126 West High Street, Hancock – First Thursday of Every Month

Washington County Hospital, Hagerstown – M, Tu, Th, Fri Times vary

Moms and newborn babies (no children) may be certified to receive WIC benefits while they are admitted in the hospital.

Women's Health

Cancer Screening and Education Programs 240-313-3235

Breast and Cervical Cancer Program (BCCP)

Free clinical breast exams, mammograms, and Pap tests are available to Maryland women age 40 to 64 years of age who are uninsured, underinsured and meet financial eligibility guidelines. Maryland women age 65 and older who do not have Medicare Part B may also qualify. Assistance may also be available in the event of an abnormal breast or cervical finding that needs further testing or treatment.

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Family Planning 240-313-3296

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Healthy Families 240-313-3270

Healthy Families is a Maternal and Child Health Program that provides weekly to monthly home visits to first-time parents. Education on child development, discipline, feeding and other parenting topics is provided. Staff members follow up on the child's immunization and medical care. Referrals are accepted for any woman who is pregnant for the first time.

Pregnancy Testing 240-313-3296

Free pregnancy testing is available. Call for days and times testing is available.

Teen Health 240-313-3296

Confidential services are available for teens 19 and under. Services available include pregnancy testing, birth control options, emergency contraception and screening and treatment of sexually transmitted infections. Walk-in services are available on most Wednesdays between 1:30 and 4:30 p.m.

WIC – Women, Infants and Children 240-313-3335

The WIC program assists women (pregnant or post partum), infants and children by providing checks for nutritious foods, information on healthy eating, breastfeeding support, and referrals to other health care and social services. The WIC team includes Registered Dietitians, Registered Nurses, IBCLC, Breastfeeding Peer Counselors and Service Associates.

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Communicable Disease Prevention

AIDS and HIV Case Management 240-313-3331

Medical case management services are available to eligible individuals in Washington County who are living with HIV or AIDS. Call for more information on available services.

Communicable Disease Surveillance/Reporting and Investigation 240-313-3210

The Health Department staff responds to all reports of communicable disease in the county. Registered Nurses and Sanitarians investigate the spread of outbreaks, and arrange for testing and treatment of individuals involved in order to prevent the spread of the disease.

HIV Testing & Counseling 240-313-3331

The Counseling and Testing Clinic provides free, confidential HIV tests. Testing is available in Family Planning, Chest, and Sexually Transmitted Infections (STI) Clinics at the Health Department's main location.

Adult Immunizations 240-313-3210

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Sexually Transmitted Infections (STI) Clinic 240-313-3296

The Health Department staff provides confidential services for the testing, diagnosis and treatment of sexually transmitted infections. Partner notification and contact investigation services are also available.

Tuberculosis Diagnosis & Treatment 240-313-3210

Services are available for persons identified with tuberculosis disease or tuberculosis infection. Treatment, case management and preventive therapy is available at no cost.

Environmental Health 240-313-3400

Air Quality

The Health Department monitors and controls open burning and responds to various air quality complaints involving smoke, dust and odors.

Open burning, defined as the burning of any material in the open or in a receptacle other than a furnace, incinerator or other equipment connected to a stack or chimney, is regulated. Permits to burn are issued, or denied, after the air quality control officer conducts an evaluation of the materials proposed for burning.

Food Protection

The Health Department seeks to maintain a safe food supply and reduce the likelihood of foodborne illness through permits, inspections and educational activity at food service facilities throughout the county.

Food service facilities include both permanent and temporary facilities such as restaurants, schools, grocery stores, nursing homes, hospitals, caterers, food concession stands, and various indoor and outdoor events.

Food Service facilities are required to obtain an operating permit from the Washington County Health Department.

Noncommunity Water Supplies

The Health Department monitors noncommunity water supplies to ensure water that is safe to use and drink. Monitoring is done through water sampling every three months.

Noncommunity water supplies are defined as public water systems that utilize individual wells and serve at least 25 people 6 months per year. These systems serve motels, hotels, restaurants, schools, industrial plants and similar facilities not connected to a public water system.

On-Site Sewage Disposal

Septic systems are used for the disposal of sewage where public or centralized sewage collection and disposal systems are not available. Proper functioning of septic systems depends on many factors and is most impacted by site suitability and use (load) of the system. In most cases of new construction, permits for septic systems are issued after perk tests are conducted and the site suitability has been determined by a sanitarian. When a system is being repaired, permits may be issued for the replacement of the failing system based on previous evaluation.

On-Site Water Supplies

Considerations of well siting, construction, yield, and water quality are all part of the well permitting and approval process. Well siting is determined and approved by sanitarians during field visits, and every attempt is made to ensure that wells developed produce water that is chemically and bacteriologically acceptable. In cases where this is not possible, water treatment devices may be required to produce finished water of acceptable quality.

Rabies Control

The Health Department reviews all possible rabies exposure incidents and initiates any health interventions or legal actions necessary to protect public health. All bite reports received by the Health Department are investigated and, if necessary, animals are tested for rabies.

Swimming Pools/Spas/Campgrounds/Mobile Home Parks

The Health Department ensures that the operation, maintenance, and construction of public swimming pools and spas, public bathing beaches, campgrounds, and mobile home parks are in accordance with applicable regulations and do not jeopardize the health or safety of the community.

Wellness and Health Promotion

Cancer Screening and Education Programs 240-313-3235

Breast and Cervical Cancer Program (BCCP)

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Healthy Families 240-313-3270

Healthy Families is a Maternal and Child Health Program that provides weekly to monthly home visits to first-time parents. Education on child development, discipline, feeding and other parenting topics is provided. Staff follow up on children's immunization and medical care. Referrals are accepted for any woman who is pregnant for the first time.

Nutrition / Wellness Services 240-313-3360

Nutrition Counseling and Programs for Children and Adolescents

Nutrition consultation is offered for Maryland Children's Health Insurance Program (MCHIP) clients who are referred by a physician for medical nutrition therapy. Nutrition assessments, consultations, and/or programs are also available through several childcare centers, county schools, and related organizations.

Adult Nutrition Counseling

Nutrition consultation is offered for Medicaid and Medical Assistance clients who are referred by a physician for medical nutrition therapy. Diabetes counseling is also provided for clients of the Community Free Clinic.

Living Well Chronic Disease Self-Management Program

These workshops are designed to help people with chronic diseases learn to manage their disease. They will learn skills to manage their symptoms and get the most out of life. These workshops run for 2 ½ hours, once a week for 7 weeks.

Living Well with Diabetes Program

The Diabetes Self-Management Program assists individuals with Type 2 diabetes to manage their diabetes and enjoy a better quality of life. These workshops run for 2 ½ hours, once a week for 7 weeks. During the workshops, participants will learn skills to manage their symptoms, incorporate exercise into their daily life, manage their medications, plan healthy meals and work with their health care providers.

"STOP" (Strategies To Overcome Prediabetes) Program

This is a program for individuals who have been diagnosed with prediabetes or have other risk factors for Type 2 diabetes. The good news is that catching prediabetes and making modest lifestyle changes can help you delay or prevent the onset of diabetes. If you suspect that you are prediabetic or have other risk factors for diabetes, the STOP program may be for you.

Wellness and Health Promotion *continued* 240-313-3360

Diabetes Support Group

Ongoing support for diabetics, their families and friends. Groups meet once a month at the Walnut Towers Senior Housing facility and the Potomac Towers Senior Housing facility. Monthly programs focus on some aspects of diabetes care.

Tobacco Free for Life

This program provides tobacco cessation classes that are held for four consecutive weeks throughout the year. Classes are **free** to everyone. Washington County residents that attend the classes may receive a free, four-week supply of nicotine replacement therapy (NRT) patches. The staff is also available for community and worksite presentations about the dangers of tobacco, nicotine addiction and second-hand smoke. Call to enroll today, and be Tobacco Free for Life.

Injury Prevention 240-313-3360

Stepping On

This fall prevention program is aimed at teaching participants ways to reduce their risk of falling. It is an evidence-based program, designed for older adults, proven to reduce the risk of falls by about 31%. *Stepping On* focuses on how strength and balancing exercises, medication management, home safety, footwear, vision and mobility are important in preventing falls. As a result of the program, participants will increase overall strength, achieve better balance, gain more confidence, and have a greater sense of independence as well as a reduced risk of falling. Classes are held once a week for seven weeks and each class is approximately two hours in length. For more information or to register for classes please call.

Tai Chi: Moving for Better Balance

This evidence-based program has proven to reduce the risk of falling and improve balance among older adults. This program teaches participants ways to improve balance and body alignment. It is made up of coordinated movements done in a circular and flowing motion that are aimed at reducing the risk of a fall. Classes are free and meet twice a week for 12 weeks. For more information or to register for classes please call.

Behavioral Health Services

The Washington County Health Department provides a comprehensive continuum of behavioral health services to all persons affected by substance use or mental health disorders. Each person is treated with compassion and respect in a confidential environment that supports behavioral change as individuals strive to improve their lives.

Services include but are not limited to:

- ❖ 24-Hour Crisis Intervention
- ❖ Screening, Assessment, Referral, Treatment
- ❖ Individual and Group Counseling
- ❖ Jail-based Treatment and Reentry
- ❖ Long-term Residential for Women with Children and for Adolescents
- ❖ Trauma
- ❖ Outreach
- ❖ EAP Services
- ❖ Continuing Care
- ❖ Access to Recovery
- ❖ Care Coordination
- ❖ Peer Recovery Coach
- ❖ Systems Navigation
- ❖ HIV Education, Counseling and Testing
- ❖ DOT Evaluation Services (SAP)
- ❖ Federal and Non Federal Drug Testing
- ❖ Drug Free Workplace Testing
- ❖ Community Drug Testing
- ❖ MVA Services, i.e., Safe and Sober Program, Three-Hour Alcohol Education Program
- ❖ Comprehensive Prevention Services, i.e., programs included but not limited to parenting, life skills conflict resolution, anger management, high risk teens, and underage drinking prevention initiatives.

Adult Outpatient Services	240-313-3310
Adolescent Outpatient Services	240-313-3314
Prevention Services	240-313-3314
Jail-based and Reentry Services	240-313-2161
Adolescent Residential Services	240-420-5400
Women with Children Residential Services	240-313-3322