Objective 4: Reduce Sudden Unexplained Infant Deaths (SUIDs)

Maryland SHIP Vision Area 1: Healthy Babies
Tools, Resources, and Promising Practices
updated March 2013

Tool Intended Audience

General Public *Clinicians* *Planners*

Information, Facts, and Figures

First Candle	Provides information and resources to prevent Sudden Infant Deaths (SIDS) and Sudden Unexplained Infant Deaths (SUIDS).	
National SUID/SIDS Resource Center	Resources for states, communities, professionals, and families to reduce sudden unexpected infant death (SUID)/Sudden Infant Death Syndrome (SIDS) and promote healthy outcomes.	
CDC SIDS Resources	Provides information, data, and resources to prevent Sudden Infant Deaths (SIDS).	
Crib Standards	Provides information on crib standards to promote healthy sleep habits for infants.	
Infant Wellness Checkups	Provides information for parents as to what to expect during infant wellness checkups throughout their first year of life. Also includes questions parents should ask their healthcare provider during each visit.	

Maryland Services and Hotlines

B'more for Healthy Babies	Visitors can access information and tools for healthy infants, including a free safe sleep video and Text4Baby, a free service for pregnant and new mothers.	
MD Quit	Links to state tobacco initiatives, evidence-based, effective resources and tools for local programs to create and support a collaborative network of tobacco prevention and cessation professionals.	
Maryland WIC	A supplemental nutrition program for women, infants and children under 5.	
Maryland Breastfeeding Coalition	Improve Maryland citizens' health by working collaboratively to protect, promote, and support breastfeeding.	

Spanish Tools

Infant Safe Sleep, Family Voices in Spanish	Video emphasizing importance of putting babies to sleep early. Goal of video is to help parents and caregivers reduce their babies' risk of SIDs.	