Objective 2: Reduce infant deaths

Maryland SHIP Vision Area 1: Healthy Babies
Tools, Resources, and Promising Practices
updated March 2013

Tool Intended Audience

General Public *Clinicians* *Planners*

Information, Facts, and Figures

Babies Born Healthy	State plan for reducing infant mortality in Maryland and regional maps.
Maryland Vital Statistics 2010 Infant Mortality Report	Report shows trends, age at time of death, causes of death, comparison of rates in MD and the U.S., and regional and county differences.
Crib Standards	Provides information on crib standards to promote infant safe sleep habits.
Birth Defects	This website links users to data and recommendations to prevent birth defects, the cause of one in five infant deaths.
March of Dimes	Connects users to information on topics for healthy pregnancies, births, and infants.
First Candle	Provides safety and educational materials and resources to prevent Sudden Infant Deaths (SIDS) and Sudden Unexplained Infant Deaths (SUIDS).
Maternal & Child Health Library at Georgetown University	Virtual guide to MCH information, offering a combination of MCH information compiled by library staff and pathways to the best MCH information available on other Web sites, from organizations, and in libraries.

Maryland Services and Hotlines

Maryland WIC	A supplemental nutrition program for women, infants and children under 5.
Maryland Safe Haven Law	You can leave your baby or have the approval of the mother of another baby, up to 10 days old, with any responsible adult, hospital or another designated location in Maryland.
Maryland Network Against Domestic Violence	Works to eliminate domestic violence in MD through education, training, and advocacy.

Personalized Tools

text4baby	Free health text messaging service that supports mothers and expectant mothers by providing accurate, text-length health information and resources in a personal and timely format.

Promising Practices

Before, Between, and Beyond Pregnancy	Recommendations to improve and promote inter-conception health by maximizing care provided during the postpartum visit.	
Baltimore City Healthy Start	This infant mortality prevention program utilizes a Life Course Perspective for improving the health and well-being of women and their families through the provision of comprehensive, supportive services offered in the communities where they live.	

Toolkits

B'more for Healthy Babies	Visitors can access information and tools for health and safety of infants, including a free safe sleep video and Text4Baby, a free service for pregnant and new mothers.	
Shaken Baby Prevention Toolkit	In the United States, there are 1,000 to 3,000 cases of Shaken Baby Syndrome each year. This resource provides information, tips, presentations and sample letters to the editor to prevent Shaken Baby Syndrome.	

Spanish Tools

La Liga de La Leche	Provides visitors with answers to frequently asked questions about breastfeeding, forums for breastfeeding help, publications, and other resources.	