Objective 19: Reduce the number of days The Air Quality Index exceeds 100

Maryland SHIP Vision Area 3: Healthy Physical Environments
Tools, Resources, and Promising Practices
updated March 2013

Tool Intended Audience

General Public *Clinicians* *Planners*

Information, Facts and Figures

Air and Radiological Health Information Center	Information about air quality compliance and monitoring, and implementation plans. Components of the Mobile Sources Control Program including emissions inspections, the anti-idling campaign, and commuter options.
American Lung Association—Healthy Air	Includes information about healthy air and ways to work towards air quality improvement.
American Lung Association - Radon	Exposure to radon, an invisible odorless gas, is the leading cause of lung cancer among nonsmokers. The good news is that a simple test can tell you if you need to take steps to reduce the risk to yourself and your family.
Federal Clean Air Act	The Clean Air Act is the law that defines EPA's responsibilities for protecting and improving the nation's air quality and the stratospheric ozone layer. The last major change in the law, the Clean Air Act Amendments of 1990, was enacted by Congress in 1990.

Maryland Services and Hotlines

Marylanders Plant Trees	Planting trees is one way to share in the vision of a sustainable future. Trees provide ecological, economic, and quality of life benefits including protecting air and water quality, and reducing energy costs. Marylanders Plant Trees was launched to encourage residents to plant new trees to improve health.
Greater Baltimore Asthma Alliance	Provides information on the Greater Baltimore Asthma Alliance and tips on starting similar organizations in other communities.
Maryland Ambient Air Monitoring Program	The Ambient Air Monitoring Program is responsible for measuring ground-level concentrations of criteria pollutants, air toxics, and meteorology. Special research monitoring initiatives are also carried out to better characterize issues surrounding air quality planning and regulations development.
Maryland Conference of Local Environmental Health Directors	Maryland Conference of Local Environmental Health Directors seeks to foster and improve the working relationships among all agencies, organizations, and individuals having a responsibility for protecting public health and the environment.

Promising Practices

Pick 5 for your Environment!	Pick 5 for YOUR environment! Environmental action means taking the simple steps in the different places where we all live. By choosing five or more of these ideas and sharing your own, you are joining thousands of others who are doing the same!	

Toolkits

Planning Environmentally Aware Events	This guide outlines the key steps in planning and conducting an environmentally aware event, profiles a variety of meetings and events, and provides a checklist that can be used as a planning tool.	
The Community Guide—Asthma	Provides information and resources to inspect for and reduce triggers in homes of asthmatics and links to resources for asthma control.	